

1 **Water absorption and chloride diffusivity of concrete under the coupling**  
2 **effect of uniaxial compressive load and freeze-thaw cycles**

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12 **Abstract:**

13 In cold coastal area, the destruction mechanism of reinforced concrete structures is mainly  
14 governed by a combination of factors such as self-loading, freeze-thaw and chloride erosion.

15 In this study, ordinary cube concretes (C30 and C50, while w/c = 0.53 and 0.35 respectively)  
16 underwent a coupling effect of pressure load with stress ratio of 0, 0.3 and 0.5 and freeze-thaw  
17 cycles, following by capillary water absorption test and chloride penetration test. Concrete  
18 samples with  $0.3f_c$  showed the best water and chloride penetration resistance under the coupling

19 effect, followed by samples with  $0.5f_c$  and  $0f_c$ , which is consistent with the conclusion that

20 under load only. Water and chloride ions penetration increased sharply when freeze-thaw

21 cycles was over 100 times, which is different with samples without load. Outside part of

22 concrete showed higher permeability and chloride content than inside part. MIP results

23 confirmed that stress played an important role in the water absorption and chloride penetration

24 of concrete under the coupling effect. These results provide important new insights into the  
25 permeability of concrete under a coupling effect. The applied load performed a more important  
26 role on the service life prediction of concrete structure.

27 **Keywords:** Coupling effect; Freeze-thaw; Load; Capillary Water; Chloride

## 28 **1. Introduction**

29 Reinforced concrete is widely used in construction around the world, mainly due to its low cost,  
30 high mechanical strength and stability [1]. However, deterioration of concrete structures have  
31 been reported both in literature and in practice, particularly when concrete is served in harsh  
32 environment, leading to decline of concrete strength and corrosion of reinforced rebar [2, 3]. It  
33 is thus accepted that the durability and service life of concrete structures should be considered  
34 in future construction design. In general, the durability and service life of concrete are mainly  
35 governed by a series of environmental factors, e.g. freeze-thaw, carbonation, sulphate attack  
36 and chloride penetration etc. [4]. In practice, most concrete structures are exposed to coupling  
37 environmental actions. In cold coastal area, such as the north area of China, freeze-thaw and  
38 chloride penetration are the main deteriorating processes for reinforced concrete structures [5].  
39 Chloride ions were detrimental ions affecting the service life of reinforced concretes. The  
40 presence of free chloride ions in environments could penetrate concrete and result in corrosion  
41 of reinforced bar. According to Yang et al. [6], the main transport processes in concrete included  
42 capillary absorption, diffusion, permeation, and convection. As for capillary force or gradient  
43 of capillary potential, the water is absorbed into concrete through pores, while diffusion

44 happened mainly because of a concentration gradient [7, 8]. Penetration is a transport process  
45 of water and air into concrete, which is caused by gravity or pressure gradient; and convection  
46 is the process happened in solution such as the transport of chloride or sulphate ions into  
47 concrete [9, 10]. In real construction, it is usually more than one process occurring at the same  
48 time, and each of these mechanisms are influenced by internal microstructure of concrete and  
49 external environment.

50 The pore structure of concrete has a crucial influence on the process of chloride penetration;  
51 and water is the main transfer medium [11-18]. According to Mehta [19] and Chen [20], with  
52 the decrease of the pore aperture size ( $r$ ), the water penetration depth decreases firstly ( $r \geq$   
53  $1000 \sim 10000$  nm) and then increase ( $100 \text{ nm} \leq r \leq 1000$  nm), and finally decreased again ( $r$   
54  $\leq 100$  nm). In addition, the aperture size smaller, the freezing point lower, and the freezing  
55 rate in concrete pore lower. Finally, the damage caused by the expansion of pore water lower  
56 [21].

57 Hence, study on the migration of water in concrete is important. The frozen of pore solution  
58 caused by freeze-thaw process created internal pressure in pores and led to damage of concrete.  
59 The respective effect of chloride penetration and freeze-thaw cycles on the durability of  
60 concrete has been extensively investigated in previous studies [22-25]. It was reported that the  
61 penetration of chloride into concrete was related to the pore structure and cracks in concrete  
62 [23, 26-28]. Costa and Appleton [29] presented the results of an experimental study of the two  
63 concrete mixes (water/cement ratio = 0.3 and 0.5) in four different marine exposure conditions

64 (spray zone, tidal zone, atmospheric zone and dockyard zone) for five years. The results  
65 showed that the chloride penetration of concrete ( $w/c = 0.5$ ) in tidal zone was highest. The  
66 authors speculated that the chloride penetration strongly dependent on both the concrete  
67 mixture and the exposure conditions. Collepari et al. [30] did chloride diffusion test of  
68 Portland cement at different experimental temperature, i.e. 10°C, 20°C and 40°C and found  
69 that the diffusion coefficients of chloride ion into Portland cement pastes increased with the  
70 increase of temperature.

71 Freeze-thaw cycles accelerate the damage evolution of concrete and reduce the service life of  
72 concrete structures. Cai and Liu [31] observed the change of electrical conductivity of concrete  
73 exposed to a refrigerator (temperature varied from 0 °C to -20 °C) and concluded that the frozen  
74 of pore solution between 0 °C to -10 °C determined the durability of concrete. Molero et al.  
75 [32] applied ultrasonic imaging to evaluation the degradation process of normal concrete and  
76 air-contained concrete exposed to freeze-thaw cycles and found that the later showed better  
77 frost resistance than the former.

78 Studies also suggested that the main factor to improve the freeze-thaw resistance relied on the  
79 compact of concrete . explained that mix design of concrete could influence its compaction  
80 energy, which then significantly affected the freeze-thaw durability of Portland cement  
81 concrete and, to a less extent, reduced compressive strength and split strength and increased  
82 permeability.

83 Apart from single environmental factor, coupling effect of two or more environmental factors  
84 is considered recently. Zhang et al. [23] used Neutron radiography to study the influence of  
85 freeze-thaw cycles on capillary absorption and chloride penetration concrete. They found that  
86 the freeze-thaw cycles increased the rate of water absorption and chloride penetration. Yang et  
87 al. [6] studied water transport in concrete after freeze-thaw cycling. They found that both the  
88 total water absorption and the initial water absorption coefficient increased after 500 freeze-  
89 thaw cycles due to the frost induced cracks.

90 In practise, most reinforced concrete structures are used under load. The consideration of load  
91 combined with environmental actions could provide more practical and reliable results when  
92 evaluate the durability and service life of concrete. Sun and Lu [33] demonstrated that the  
93 permeability of concrete increased under 60% ultimate load during coupling effect of axially  
94 distributed load and carbonization. Bao and Wang [34] found that with the increase of  
95 compression stress load, the chloride content decreased firstly and then increased after a critical  
96 stress level. Sun et al. [35] found that the stress ratio was an important influencing factor on  
97 performance of concrete; concrete subjected to higher stress ratio, presented greater frost  
98 damage.

99 The previous study most focus on mechanical load and one environmental load (i.e. load +  
100 carbonization/freeze-thaw/chloride penetration et al.) or two environmental loads (i.e. freeze-  
101 thaw + carbonization/chloride penetration). This paper studied the coupling effect of  
102 mechanical load and two environmental loads, i.e. mechanical load + freeze-thaw + chloride

103 penetration, which could provide a new insight on the prediction of reinforcement concrete  
104 structure.

## 105 **2. Materials and Methods**

### 106 **2.1 Materials**

107 Portland cement Type I was used as the raw material for the concrete. The chemical  
108 composition of cement measured by X fluorescent spectrometry (XRF) was shown in Table 1.  
109 Its specific surface area was 350~370 m<sup>2</sup>/kg. The average particle size was around 27 μm; and  
110 the particles size less than 3 μm and 3-30 μm accounted for about 6.7% and 70%, respectively,  
111 meeting the requirements for optimum cement performance proposed by Tsivilis et al. [36].  
112 River sand with a Fineness modulus of 2.7 and granite gravel with a distribution diameter  
113 between 5 mm and 20 mm (obtained from Qingdao, China) were used as fine aggregate and  
114 coarse aggregate, respectively. For C50 concrete, PCA®-I polycarboxylic acid high  
115 performance water reducing agent (produced by Subute New Materials Co., Ltd.) were used to  
116 obtain the slump and fluidity in line with real construction requirements.

### 117 **2.2 Sample preparation**

118 Concrete was prepared with by different strength category, i.e. C30 and C50, according to  
119 JGJ/55-2011 [36]. Table 2 shows the mixture composition of each concrete. The water to  
120 cement ratio for C30 and C50 was 0.53 and 0.35, respectively. Firstly, mixing solid materials  
121 at horizontal concrete mixer for 1 minute, then add water (with superplastizer) into mixture

122 stirring for another 3 minutes. After mixing, fresh concrete was cast into 100 mm ×100 mm ×  
123 100 mm cube mould. After 1 day curing at room temperature, all concrete specimens were  
124 demoulded and cured in a curing room (relative humidity of 95% and temperature of  $20 \pm 2$  °C)  
125 for 23 days. Before loading and freeze-thaw test, concrete samples were immersed into water  
126 for another 4 days until saturated.

## 127 **2.3 Experimental methods**

### 128 **2.3.1 Loading and freeze-thaw tests**

129 At 28 days, the compressive strength ( $f_c$ ) of C30 and C50 were measured according to GB/T  
130 50081-2002 [37], and the results were shown in Table 3. In loading test, hydraulic jack was  
131 used to supply stress on specimen. Two different compression stress level, i.e.  $0.3f_c$  and  $0.5f_c$   
132 were applied on. The exact pressure applied on concrete specimens can be read from a dial  
133 attached to the hydraulic jack. Hydraulic pressure testing machine which was usually used by  
134 normal compression test was also used in this study for comparison [38]. It was found that the  
135 deviation of compressive strength results measured by hydraulic jack and hydraulic pressure  
136 testing machine was less than 2 MPa. During the loading process, the whole loading devices  
137 (including concrete specimens) were immersed in water for 4 days and then exposed to  
138 freezing-thawing test according to GB/T 50082-2009 [39]. Every freeze-thaw cycle continued  
139 for 3.5 h, with the highest temperature of  $18 \pm 2$  °C and lowest temperature of  $-20 \pm 2$  °C. In total,  
140 150 freezing-thawing cycles were conducted. The sequences of test flow were compiled in Fig.  
141 1.

### 142 **2.3.2 Mass-loss testing**

143 The mass loss reflected the frost resistance of concrete. In this study, the mass loss of C30 and  
144 C50 concrete without load was measured by electronic scale (with an accuracy of 0.05 g) during  
145 freeze-thaw test. The average mass loss of three concrete specimens was used as the final value.

### 146 **2.3.3 Relative dynamic elasticity modulus characterization**

147 Frost damage could influence the pore structure of concrete which could be reflect by its  
148 relative dynamic elasticity modulus (RDM). The machine used for RDM test in this  
149 contribution is KON-NM-4B non-metal ultrasonic testing analyser (CX2009XJ0179, Koncrete,  
150 China), which includes transmitting port (output high voltage pulse) and receiving port  
151 (receiving ultrasonic waves through concrete). After freeze-thaw cycles, the change of cracks  
152 and pore structure inside concrete affected the transportation of ultrasonic waves through  
153 concrete, directly reflected in the transport velocity values ( $V_n$ ). Relative dynamic modulus  
154 ( $E_{rd}$ ) was calculated by Eq. (1). According to ACTM C 666 [32, 40], concrete was damaged  
155 once its RDM loss exceed the critical value (i.e. 60%).

$$E_{rd} = \frac{E_{dn}}{E_{d0}} = \frac{V_n^2}{V_0^2} \quad (1)$$

156 Where,  $E_{rd}$  = the relative dynamic modulus, %;

157  $E_{dn}$  = the dynamic modulus of concrete after n freeze-thaw cycles, Hz;

158  $E_{d0}$  = the dynamic modulus of concrete before freeze-thaw cycles, Hz;



159  $V_n$  = the transport velocity values after n freeze-thaw cycles, m/s;

160  $V_0$  = the transport velocity values before freeze-thaw cycles, m/s;

## 161 **2.3.4 Capillary water absorption test and Chloride penetration test**

### 162 **2.3.4.1 Cutting**

163 After certain freezing-thawing cycles (0, 25, 50, 100 and 150 cycles), the concrete specimens  
164 were unloaded and cut into four pieces. One cube concrete specimen were divided into two  
165 sets; each set includes one inside piece and one outside piece. One set was used for capillary  
166 water absorption test and the other one was used for chloride penetration test. Table 4 shows  
167 the definition examples of different concrete specimens. Specimens were designate in the form  
168 of “XX-CC-i/o” where XX representing applied compression stress level, CC representing  
169 frost cycles, and i/o representing inside piece or outside piece of concrete specimen. After  
170 cutting, all pieces were dried in oven at 60 °C for 24 h and then cooled to ambient temperature  
171 for 12 h. This step could evaporate all free water inside of concrete to improve the accuracy of  
172 the water absorption tests and chloride intrusion [41]. To ensure one-dimensional diffusion of  
173 moisture, the other four sides of concrete piece that are perpendicular to the absorbent surface  
174 were sealed with paraffin wax [42].

### 175 **2.3.4.2 Water absorption test**

176 When concrete was exposed to water, water could enter inside of materials through capillary  
177 pressure. This phenomenon was related to many durability related issues, e.g. chloride

178 penetration, hence damage the concrete structure [38, 43, 44]. The water absorption of concrete  
179 were measured by the time dependent amount of water that was absorbed by capillary pores in  
180 concrete. The amount of capillary absorption water of concrete gradually decays with the  
181 square root of absorption time, which could be described using the following equation [23, 43].

$$\Delta W = A\sqrt{t} \quad (2)$$

182 Where,  $A$  = the water absorption coefficient,  $\text{g/m}^2 \cdot \text{h}^{0.5}$ ;  $t$  = the immersion time of specimens in  
183 water or 3.5% NaCl solution, hour;  $t$  varies from 0 h, 0.5 h, 1 h, 2 h, 4 h, 8 h, 12 h, 24 h, 48 h,  
184 72 h, 168 h, 336 h and 672 h.

185 Due to the effect of gravity, the mass of absorbed water could compensate with capillary  
186 pressure with the increase of absorbed time. As shown in Fig. 4 and Fig. 5, the lines tend to  
187 steady with the increase of time. This process could be described in an empirical exponential  
188 function as shown in Eq. (3). The parameters  $a$  and  $b$  was determined by fitting Eq. (2) with  
189 experimental data as shown in Fig. 4 and Fig. 5.

$$\Delta W = a[1 - \exp(-b\sqrt{t})] \quad (3)$$

190 The time-dependent coefficient ( $A(t)$ ) of capillary water absorption was obtained by Eq. (4).

191 The initial coefficient of capillary water absorption  $A_i$  could be determined by Eq. (5) [23, 38].

$$A(t) = \frac{d\Delta W}{d\sqrt{t}} = a \times b \exp(-b\sqrt{t}) \quad (4)$$

$$A_i = a \times b \quad (5)$$

### 192 **2.3.4.3 Chloride Penetration tests**

#### 193 **1) Preparation of concrete powder**

194 As mentioned in Section 2.2.3.1, one outside concrete piece and inside concrete piece were put  
195 in contact with NaCl solution with a concentration of 3.5%. The experiment set-up is the same  
196 as the water absorption test. After exposure to NaCl solution for certain age (7 days and 28  
197 days), concrete were taken out of the container and grinded into powder layer by layer [45].  
198 For the grinding procedure, the concrete block was first fixed on the grinding machine, and the  
199 grinding head was adjusted to contact the surface of concrete and started to grind. The grinding  
200 machine was shown in [45]. Each layer was milled with a thickness of 2 mm. In total, a depth  
201 of 20 mm was ground for each concrete specimen. The obtained concrete powder was sieve  
202 with a 0.63 mm sieve-mesh and dried in an oven at a temperature of  $55 \pm 5$  °C for 2 hours.  
203 After drying, concrete powder was put in in a desiccator to room temperature, and then sealed  
204 for use.

#### 205 **2) Determination of chloride ion content**

206 The chloride content of the obtained powder was determined according to GB11896-89 [46].  
207 In this experiment, 2 grams of concrete powder was mixed with 50 ml distilled water ( $V_1$ ) and  
208 shake for 15-20 minutes. After mixing the suspension liquid was stand still for 24 hours and  
209 filtered. Afterwards, 20 ml filtrate ( $V_2$ ) was pipetted and put into an Erlenmeyer flask. 2 drops  
210 of phenolphthalein was first added in the solution, then neutralized with dilute sulfuric acid  
211 until the solution became colourless. Afterwards, 10 drops of potassium chromate reagent was

212 added in the flask, and titrated with standard silver nitrate solution (0.02 mol/L) to become red  
213 colour and recorded the volume ( $V_3$ ) consumed by silver nitrate.

214 The free chloride content was calculated as Eq. (6) [47, 48]:

$$P = \frac{C_{AgNO_3} V_3 \times 0.03545}{G \times \frac{V_2}{V_1}} \times 100\% \quad (6)$$

215 Where:  $P$  = the free chloride content in concrete;

216  $G$  = the weight of concrete powder, 2 grams;

217  $V_1$  = the water used to dissolved concrete powder, 50 ml;

218  $V_2$  = the filtrate used for titration, 20 ml;

219  $V_3$  = the  $AgNO_3$  used for titration.

### 220 **2.3.5 Mercury intrusion porosimetry test (MIP)**

221 The mercury intrusion porosimetry used in this study is Pore – master – 33. The measurement  
222 was conducted in two stages: the first stage is the low pressure stage; the second stage is the  
223 high pressure stage. The highest pressure can reach 33000 Psi (1 Psi = 6.895 kPa). Washburn  
224 equation (Eq. (6)) was used to calculate the diameter of pores intruded by mercury at each  
225 pressure step.

$$D = -4\gamma\cos\theta/P \quad (6)$$

226 Where  $D$  is the pore diameter,  $\gamma$  is the surface tension of mercury,  $\theta$  is the contact angle  
227 between mercury and AAF materials and  $P$  is the applied pressure. The surface tension used  
228 here is 0.485 N/m, and the contact angle is  $132^\circ$ . According to Washburn equation, the pore  
229 size ranging from 360  $\mu\text{m}$  to 0.005  $\mu\text{m}$  can be detected in this study.

230 The samples used for MIP test were damaged concrete pieces that was exposed to frost cycles  
231 and applied load. First, concrete piece was broken by hammer with hand and coarse aggregate  
232 were removed out from mortar. The mortar was then immediately immersed in ethanol to  
233 terminate the hydration. Before test, samples were dried by oven and cooled to room  
234 temperature.

## 235 **3. Results and discussion**

### 236 **3.1 Mechanical behaviour**

#### 237 **3.1.1 The mass loss of concrete exposed to freeze-thaw cycles**

238 Fig. 2 shows the mass loss rate of C30 and C50 concrete during freeze-thaw cycles without  
239 loading. For C30 concrete, there is a sharp mass-loss after 25 frost cycles which indicating the  
240 initiation damage of concrete. C50 concrete showed much slower weight loss than C30  
241 concrete during frost cycles. For example, when freeze-thaw cycles reached 150 times, the  
242 mass loss rate of C50 was 0.59%, significantly lower than that of C30 concrete (4.49%). The  
243 mass loss of concrete was mainly caused by the loss of mortar on the concrete surface [49].  
244 C50 concrete had lower water/cement ratio and denser microstructure than C30 concrete.

245 Hence during freeze-thaw cycles, the saturated water in C50 concrete was lower than C30  
246 concrete, resulting in less damage during frost cycles. Water/cement ratio showed importance  
247 in frost resistance of ordinary Portland concrete [50].

### 248 **3.1.2 The loss of relative dynamic modulus (RDM) of concrete under compressive load** 249 **and freeze-thaw cycles**

250 Fig. 3 shows the change of RDMs of C30 and C50 concrete under different compression stress  
251 ratio and frost cycles. It is obvious that the RDMs of C30 and C50 both decreased with  
252 increasing frost cycles. It is interesting to find that concrete samples under 30%ultimate load  
253 ( $0.3f_c$ ) presented the smallest RDM loss than samples without loading ( $0f_c$ ) and with 50%  
254 ultimate load ( $0.5f_c$ ). For example, the RDM loss of C30 concrete with  $0.3f_c$  load was 7.9%,  
255 compared to 39.4% and 43.1% for concrete C30 with  $0f_c$  load and  $0.5f_c$  load, respectively. The  
256 same phenomenon was also found in C50 concrete. It means that the application of a certain  
257 compressive load on concrete could increase its frost resistance. Compared to C30 concrete,  
258 C50 concrete had less RDM loss after same freeze-thaw cycles, which means C50 concrete  
259 performed better frost resistance than C30 concrete.

260 It is speculated that the loss process of RDM depended on the pore structure in concrete during  
261 the freeze-thaw process. At low temperature (lower than  $0^\circ\text{C}$ ), the volume of closed pore in  
262 concrete expanded due to icing [51]. This expand force was counteracted by a certain  
263 compressive load. Thus, when the compressive ratio was 0.3 ( $0.3f_c$ ), concretes showed higher  
264 frost resistance than concretes without loading. With the increase of loading (stress ratio is 0.5

265 in this study), the applied stress exceeded the expand force, secondary cracks were generated  
266 [52-54]. As discussed in section 2.3.3, cracks inside concrete reduced the transport velocity  
267 values, which leading to a higher RDM loss.

### 268 **3.2 Water absorption of concrete under coupling effect of compressive load and** 269 **freeze-thaw cycles**

270 Water absorption was regarded as a useful indicator to evaluate the damage of concrete under  
271 coupling effect of compressive load and freeze-thaw cycles [41]. Fig. 4 shows the amount of  
272 absorbed water of C30 concrete under coupling effect of load and freeze-thawing cycles. It was  
273 found that the amount of absorbed water increased with the immersing time. For outside  
274 concrete specimens, the amount of absorbed water of concrete under 30% ultimate load ( $0.3f_c$ )  
275 shows lower water absorption content than that without load, while the concrete under 50%  
276 ultimate load ( $0.5f_c$ ) shows the highest. For inside concrete specimens, it is clear to see that the  
277 concrete under  $0.5f_c$  shows relatively higher water absorption amount, while concrete under  
278  $0.3f_c$  shows similar water absorption amount in comparison with that without load.

279 As shown in Fig. 4, the black dashed line is the base line of samples without any damage from  
280 frost and load. Compare spacing between the black dashed line with samples, we could find  
281 that the increment of the amount of absorbed water of the samples under  $0.3f_c$  is smaller than  
282 other two samples. Particularly, when frost cycles increased from 25 to 50, there is  
283 inconspicuous increase for samples under  $0.3f_c$ . It is different with the results that observed by  
284 Zhang et al. [23], the amount of absorbed water increased with freeze-thaw cycles (0, 10, 50

285 and 100 cycles ) if samples without applied load. This means that the service life prediction of  
286 concrete structures becomes complex if applied mechanical load and environmental load.

287 It is known that water absorption content was closely related to the capillary pores in concrete.  
288 A certain compressive stress could compact existing cracks in concrete and hinder the  
289 generation of new cracks, resulting in a lower water absorption content. When the applied load  
290 reached 50% ultimate load ( $0.5f_c$ ), the excessive load induced new cracks in concrete and then  
291 water absorption content increased. Bao and Wang [34] also found that cumulative water  
292 content decreased when applied load increased from 0% to 19.81%, and then increased from  
293 34.21% to 49.55%. We could find that, the influence of applied load on water absorption of  
294 concrete showed less difference with or without freeze-thaw cycles.

295 The amount of absorbed water increased when frost cycles increased from 50 to 150. It  
296 indicates that the frost damage generated more cracks in concrete with the increase of freeze-  
297 thaw cycles. The new cracks provided more penetration path for water into concrete.

298 The amount of absorbed water of inside concrete specimen was less than that of the outside  
299 specimens. It means that the damage caused by freeze-thaw cycles initiated from the outside,  
300 then developed to the inside part [23]. It is reported that the freeze-thaw damage on concrete  
301 included two aspects [6]: first is the peeling off surface mortar and then generation of internal  
302 cracks. In this study, it is found that the internal damage happened after 50 freeze-thaw cycles,  
303 before which the water absorption content was similar to inside samples (Fig. 4).



304 Fig. 5 shows the amount of absorbed water of C50 concrete under the coupling effect of load  
305 and freeze-thaw cycles. In general, the amount of absorbed water of C50 exhibited similar trend  
306 as C30, while the water absorption content of C50 was about 5 times smaller than that of C30,  
307 both before and after the freeze-thaw cycles. It means that C50 concrete have a better water  
308 resistance than C30 concrete under the coupling effect of load and frost cycles.

309 It is interesting to note that the water absorption content of C50 concrete under 30% ultimate  
310 load ( $0.3f_c$ ) showed close trend to that without loading. Samples under 50% ultimate load ( $0.5f_c$ )  
311 showed a little higher water absorption content. Compared with C30 concrete, samples under  
312 50% ultimate load ( $0.5f_c$ ) showed a significant increase than that without loading. It means that  
313 the applied stress had less influence on low water/cement ratio concrete (i.e. C50,  $w/c=0.35$ )  
314 than high water/cement ratio concrete (i.e. C30,  $w/c=0.53$ ).

315 Fig. 6 summarized the initial water absorption coefficient ( $A_i$ ) of C30 and C50 as a function of  
316 freeze-thaw cycles. It is clear that  $A_i$  exhibits an upward trend with the increase of freeze-thaw  
317 cycles. For C30 concrete, after 50 freeze-thaw cycles, the  $A_i$  increased sharply. It means that  
318 new cracks generated in concrete after 50 freeze-thaw cycles. For C50 concrete, the  $A_i$  was  
319 much smaller than C30 concrete. The coupling effect of compressive load and freeze-thaw  
320 cycles was more serious on C30 concrete than on C50 concrete [50].

321 **3.3 Chloride penetration of concrete under compressive load and freeze-thaw**  
322 **cycles**

323 Fig. 7 and Fig. 8 show the chloride ion content of C30 concrete after 7d and 28 d chloride  
324 penetration, respectively. The chloride ion content described with increasing depth. This is  
325 because that chloride ions penetrated into concrete surface by capillary suction and then  
326 diffused into deeper zones [38].

327 From Fig. 7, it is obvious that samples with  $0.3f_c$  showed the least chloride ion content and  
328 samples with  $0.5f_c$  showed the highest. It means that  $0.3f_c$  could help hinder the penetration of  
329 chloride ion while  $0.5f_c$  accelerate the penetration. This is because that a certain compression  
330 stress level compact the pore structure of concrete. The penetration of chloride ion into concrete  
331 was hindered [35, 38, 55, 56]. The penetration depth and the amount of chloride ion  
332 significantly increased with the increase of freeze-thaw cycles. Frost action before 50 freeze-  
333 thaw cycles did not apparently influence the penetration of chloride ion, which similar to the  
334 water absorption [57]. Compared with the results found by Zhang et al. [23], the amount of  
335 chloride penetration increased obviously with the increase of freeze-thaw cycles without load.  
336 The chloride penetration became complex and unstable if applied load. The results suggested  
337 that a certain compression load was encouraged for concrete structure in cold coast area [26].  
338 It suggested that a certain of compressive stress should be concerned into the durability design  
339 of reinforcement concrete structure.

340 It is also found that the chloride ion content of inside concrete specimen was less than that of  
341 the outside part. This is because that the peeling off of the surface of outside part which exposed  
342 to freeze-thaw solution provided new penetration pathway for chloride ion into concrete [23,  
343 58]. It is suggested that a protective treatment on the surface of concrete could develop to  
344 enhance the durability of structure.

345 From the comparison of Fig. 7 and Fig. 8, it is obvious that the penetration depth and amount  
346 of chloride ion increased significantly after 28 d chloride penetration. For example, the chloride  
347 ion content of 7 d at 20 mm depth was less than 0.05% of concrete while chloride ion content  
348 of 28 d still kept down trend after 20 mm. According to Wittmann et al. [59], raw material and  
349 tap water could carry around 0.05% chloride into concrete. This means that in this study  
350 chloride ion penetrated into deeper depth than 20mm after 28d penetration [23, 38].

351 Fig. 9 and Fig. 10 showed the chloride ion content of C50 concrete after 7 d and 28 d chloride  
352 penetration. Similar change trend of chloride ion content occurred between C30 and C50 refer  
353 to the influence of coupling effect of freeze-thaw and stress level. It is noted that the chloride  
354 ion content of C50 tended to smooth at 10 mm while C30 concrete kept downward trend after  
355 20 mm. Chloride penetration rate of C50 was much lower than C30. This indicated that C50  
356 performs better chloride resistance than C30. This observation can be explained  
357 phenomenologically by the difference of water/ratio. Lower w/c ration could synthesis more  
358 impact concrete and shows higher damage resistance to coupling effect [23, 50]. Wang et al.

359 [48] also found that with the increase of the compressive stress (from 22% to 51%), the chloride  
360 concentration at a given depth was decreased, especially for the concretes C30 (w/c = 0.50) .

### 361 **3.4 Pore size distribution**

362 Fig. 11 showed the pore size distribution of C30 concrete under different compressive stress  
363 ratio after 50 freeze-thaw cycles. For all the samples, generally one peak (in the range of 10-  
364 1000 nm) was shown in Fig.15, representing the capillary pores of C30. Due to “ink-bottle”  
365 effect and contact angle, the real pore diameter of capillary pores in C30 may be tens of times  
366 larger than the results in MIP. However, the comparison of equal treatment samples can still  
367 provide some valuable information on the pore structure.

368 As suggested by Mehta [19] and Chen [20], capillary effect decreased firstly and then increased  
369 with the pore size decreased from 10000nm to 100nm. After 50 freeze-thaw cycles, the peak  
370 corresponding to the capillary pore in  $0.5f_c$  was the highest, while the peak of  $0f_c$  (without  
371 loading) and  $0.3f_c$  was lower, indicating that concrete samples under  $0.5f_c$  was the highest water  
372 absorption and chloride induction. Samples without load or freeze-thaw cycles showed the  
373 smallest peak value and relatively lower amount of absorbed water and chloride ions.

374 From comparison between undamaged samples with damaged samples, it proves that frost  
375 action lead to a percentage increment of coarse pores, resulting in an increment of absorbed  
376 water and chloride. At the meantime, 50% ultimate compressive stress encouraged the frost  
377 damage while 30% ultimate compressive stress could reduce.

378 From above results, we could confirm that stress played a relatively important role in the water  
379 absorption and chloride penetration of concrete under coupling effect of load and freeze-thaw.  
380 It means that a certain stress level (30% ultimate strength in this study) could improve the  
381 resistance of concrete to water and aggressive solution during freeze-thaw cycles. The above  
382 result provided key information regarding to the service life design or durability design of  
383 concrete structure in cold coast area.

## 384 **4. Conclusions**

385 From the result presented in this paper, the following conclusions can be drawn:

- 386 1. The amount of absorbed water and chloride ion increased slightly before 50 freeze-  
387 thaw cycles and sharply after 100 and 150 cycles. Freeze thaw shifted the pore size  
388 distribution towards microporous and generate new cracks, which provided new  
389 penetration path for water and chloride ion into concrete.
- 390 2. C50 concrete showed better penetration resistance to water and chloride ion than C30  
391 concrete. The effect of applied load had much less impact on the Cl penetration than  
392 C30 concrete. Water/cement ratio is the decisive factor on the durability performance  
393 of concrete. The applied load ( $0.3f_c$ ) had inconspicuous effect on C50 concrete.
- 394 3. For C30 concrete, a certain stress ( $0.3f_c$ ) could help relieve the damage caused by frost  
395 and Cl ingression, while excessive load ( $0.5f_c$ ) could aggravate damage. The influence  
396 of load should be concerned into the durability design of reinforcement concrete  
397 structure exposed to marine environment.

398 4. Under coupling effect of load and freeze-thaw, applied load could cause significant  
399 change to the freeze-thaw resistance of concrete; however, the influence of load on the  
400 durability of concrete is slightly changed by freeze-thaw.

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545 Table 1 Chemical compositions of Portland cement used in this study

Raw materials	Components (mass% as oxide)										
	CaO	SiO <sub>2</sub>	Al <sub>2</sub> O <sub>3</sub>	MgO	SO <sub>3</sub>	Fe <sub>2</sub> O <sub>3</sub>	K <sub>2</sub> O	TiO <sub>2</sub>	MnO	Na <sub>2</sub> O	P <sub>2</sub> O <sub>5</sub>
P.I. 52.5	57.27	20.60	7.17	4.70	4.43	3.85	0.77	0.40	0.35	0.17	0.13

546

547

548 Table 2 Mix composition of concrete

Concrete	Water/Cement	Cement (kg/m <sup>3</sup> )	Sand (kg/m <sup>3</sup> )	Aggregate (kg/m <sup>3</sup> )	Water (kg/m <sup>3</sup> )	Superplasticizer
C30	0.53	375	750	1125	200	/
C50	0.35	450	675	1125	156.1	2.0%

549

550 Table 3 Result of ultimate compression test

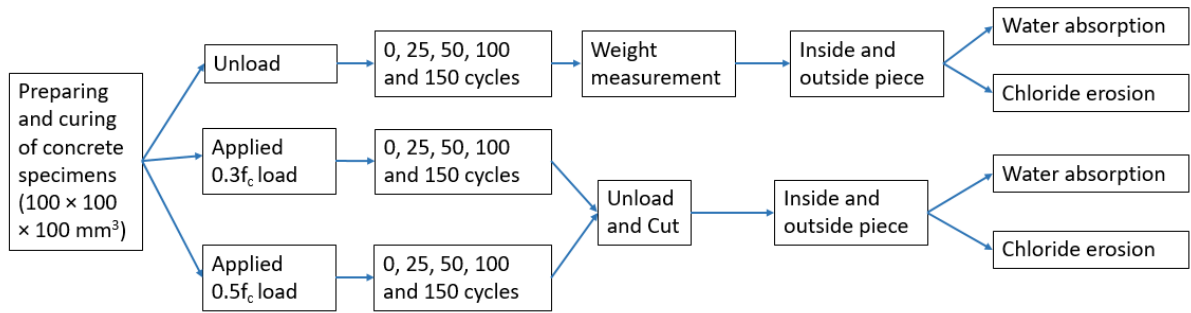
Concrete	Slump (mm)	Air content (%)	Bulk density (kg/m <sup>3</sup> )	$f_c$ (MPa)	$0.3f_c$ (MPa)	$0.5f_c$ (MPa)
C30	50	3.7	2414	38.47	12.2	20.3
C50	60	2.4	2470	54.95	17.4	28.9

551  $f_c$ , the ultimate compressive strength after 28d curing, MPa

552

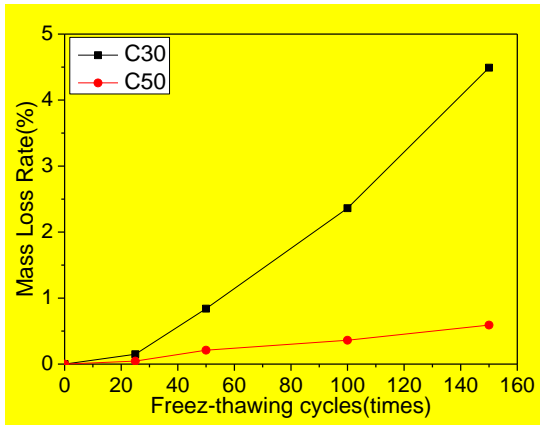
553 Table 4 Definition of different specimens

Specimen	Compressive stress $f_c$	Freezing-thawing cycles /cycle	Part
0-0-i	$0f_c$	0	Inside
0-0-o	$0f_c$	0	Outside
0-25-i	$0f_c$	25	Inside
0-25-o	$0f_c$	25	Outside
30-25-i	$0.3f_c$	25	Inside
30-25-o	$0.3f_c$	25	Outside
50-50-i	$0.5f_c$	50	Inside
50-50-o	$0.5f_c$	50	Outside



555

556 Fig. 1. Sequence of test flow

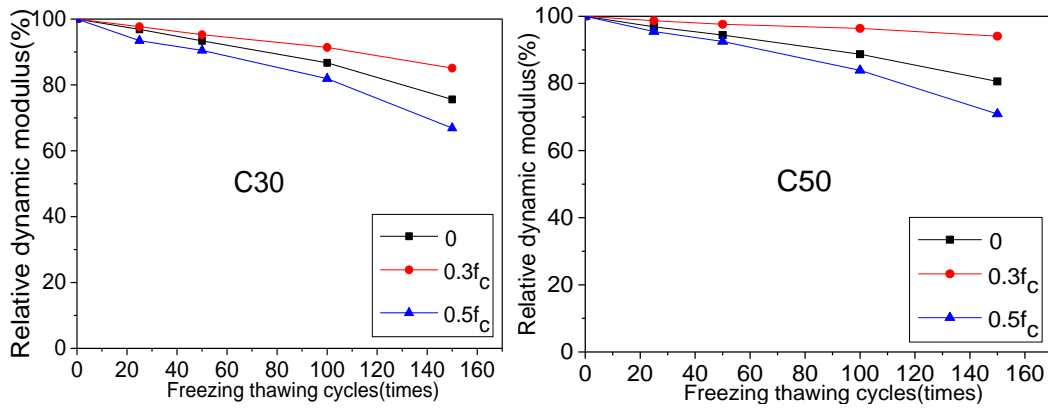


557

558 Fig. 2. The mass loss of concrete

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560

561 **Fig. 3. The relative dynamic modulus (RDM) of C30 and C50 with the coupling effect of**  
 562 **frost cycles and load**

563

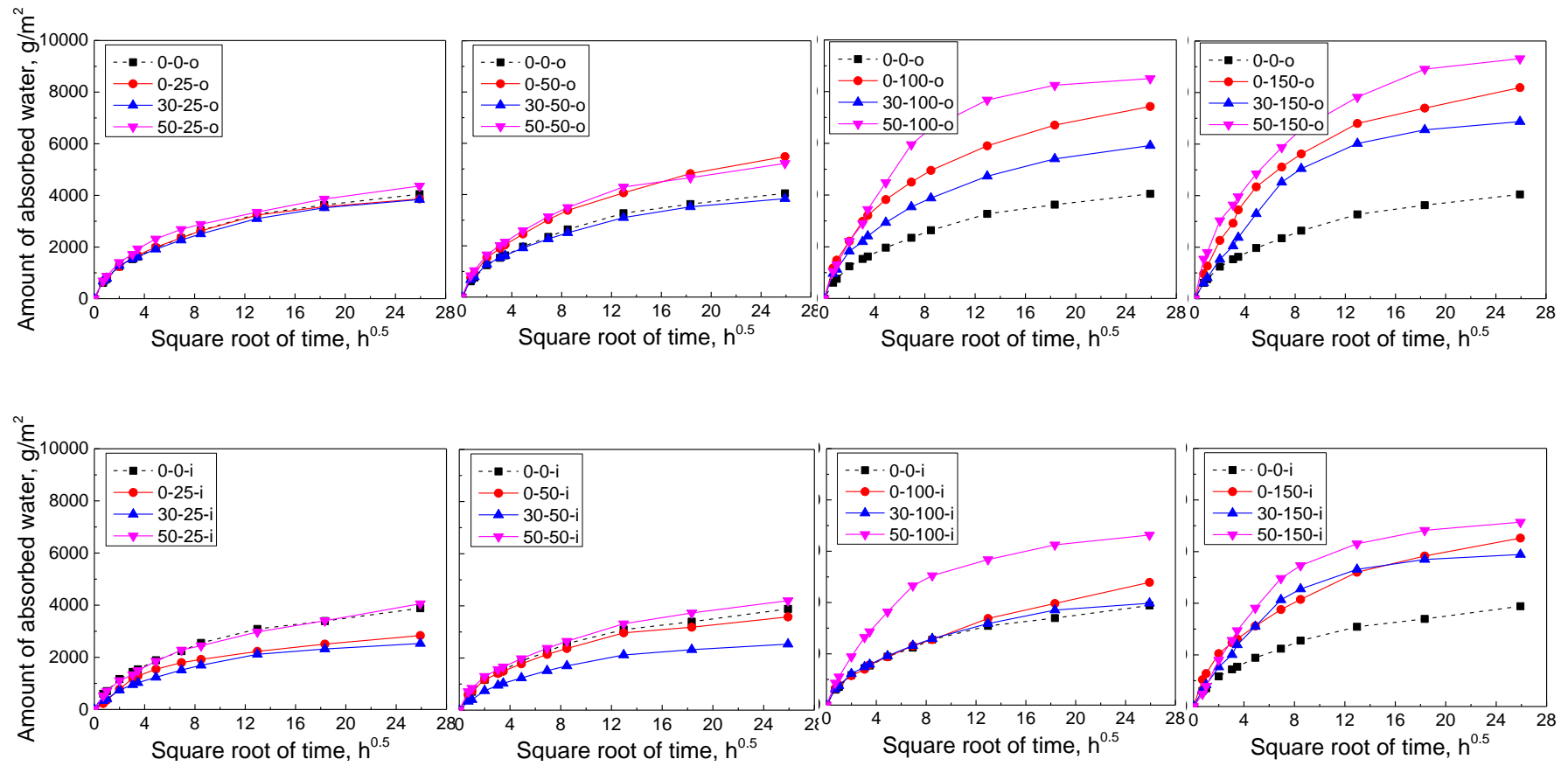


Fig. 4. Amount of absorbed water of C30 with the coupling effect of frost cycles and load

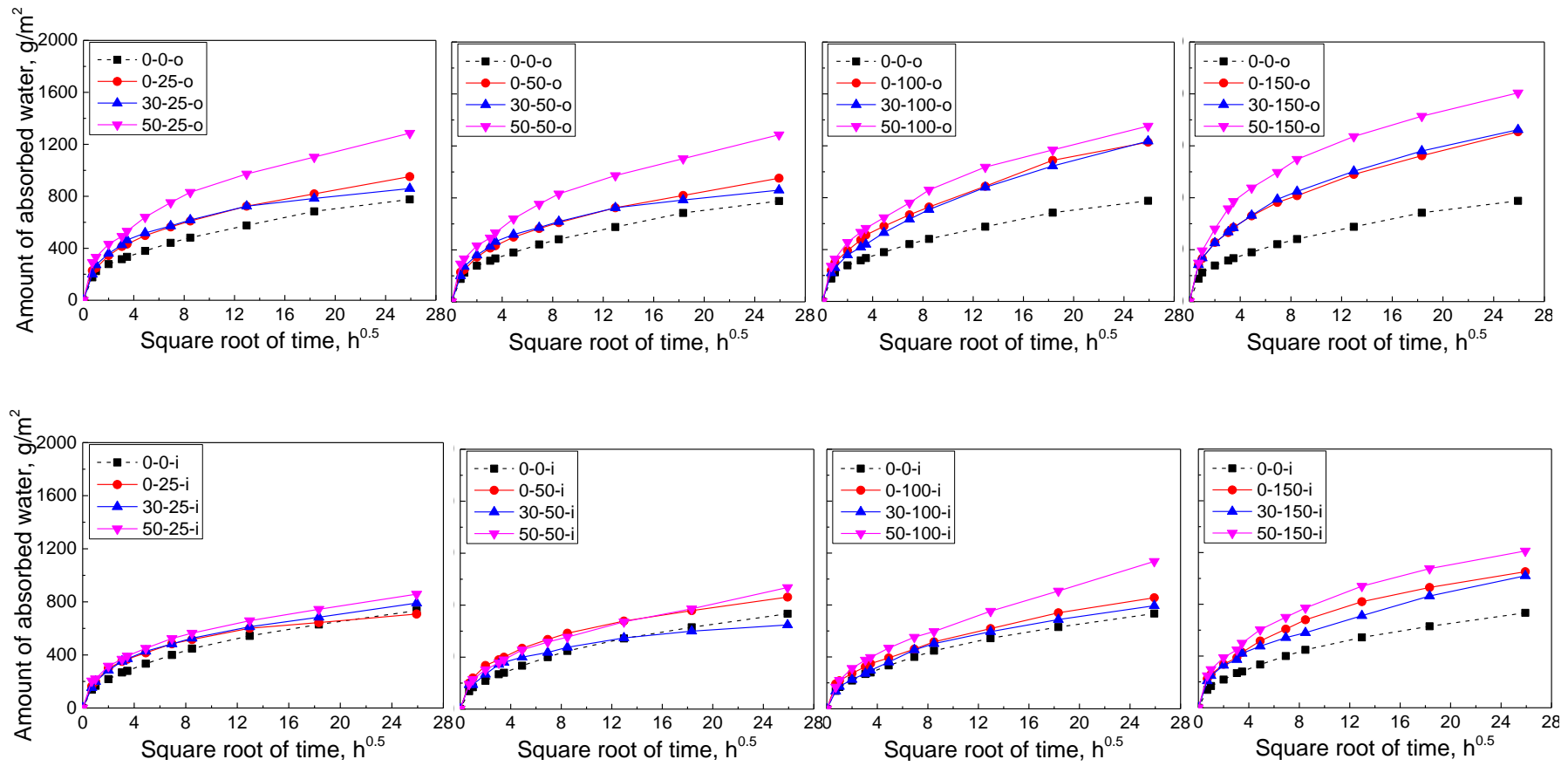


Fig. 5. Amount of absorbed water of C50 with the coupling effect of frost cycles and load

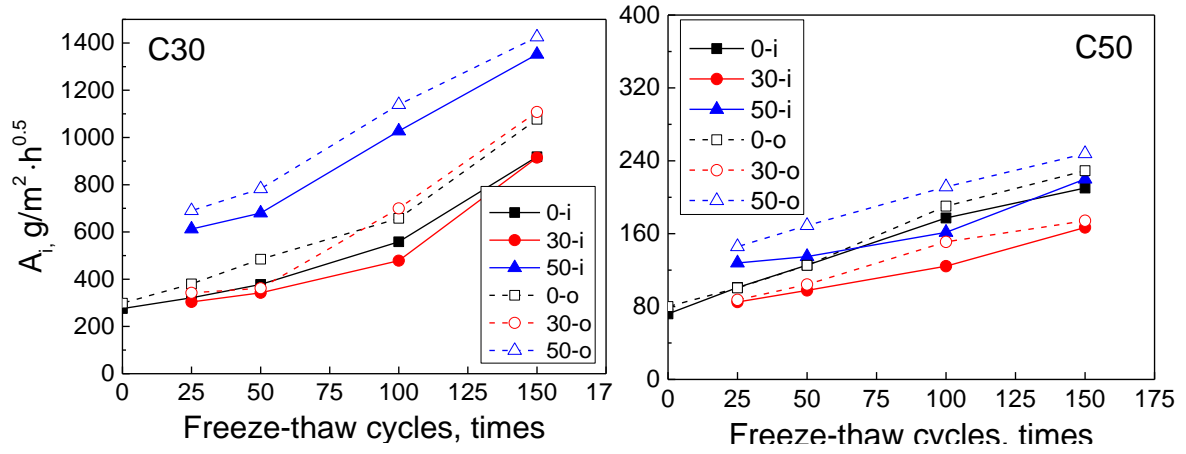


Fig. 6. Initial water absorption coefficient of C30 and C50 as function of freeze-thaw cycles

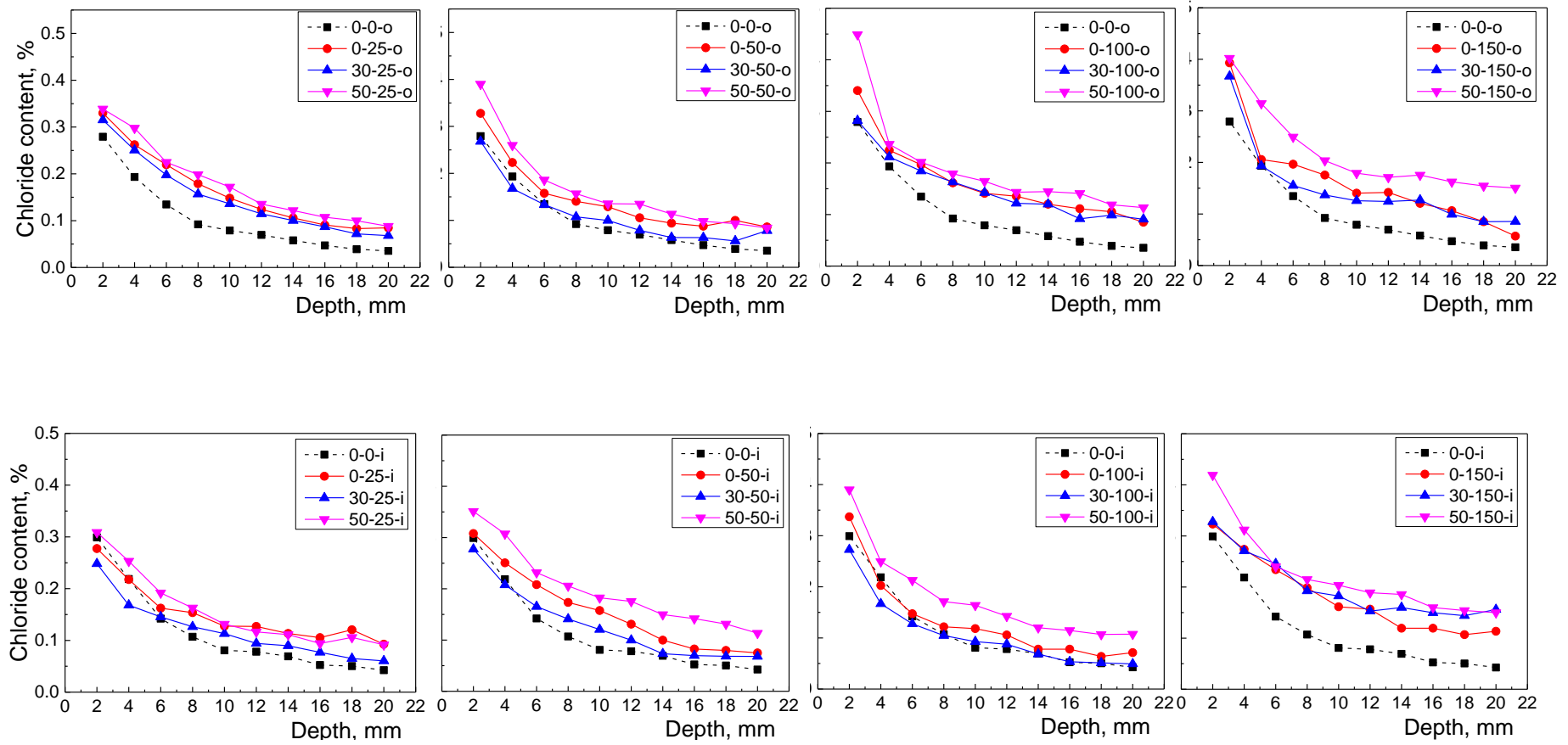
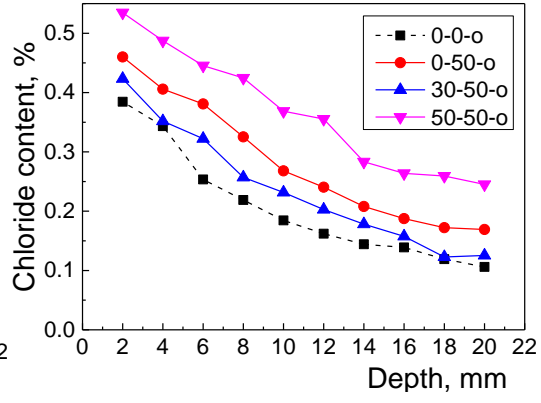
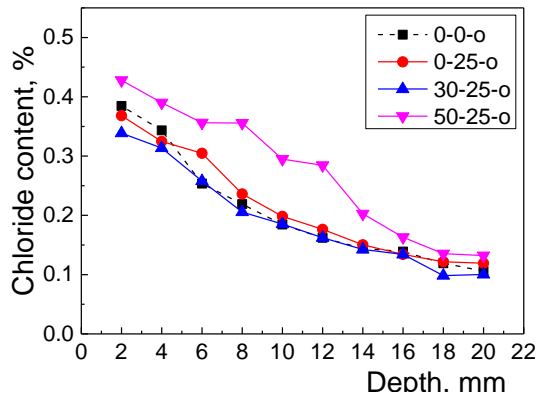
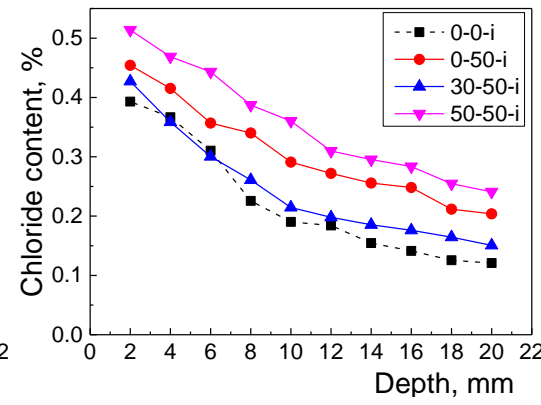
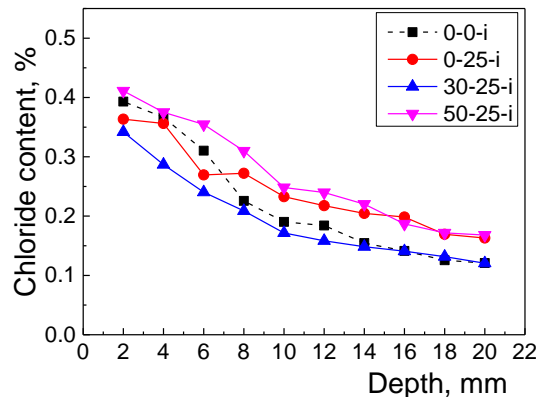


Fig. 7. Chloride ion content of C30 concrete after 7d chloride penetration

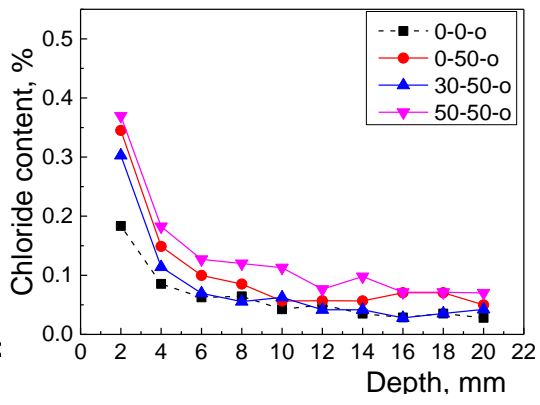
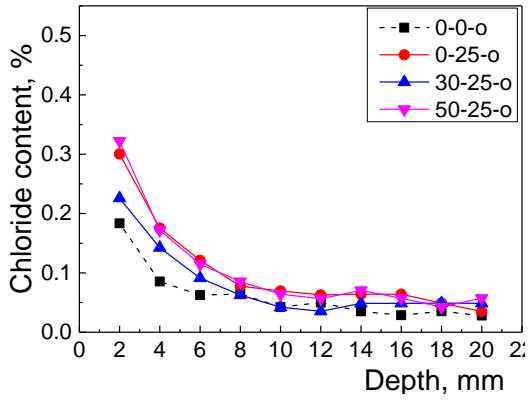


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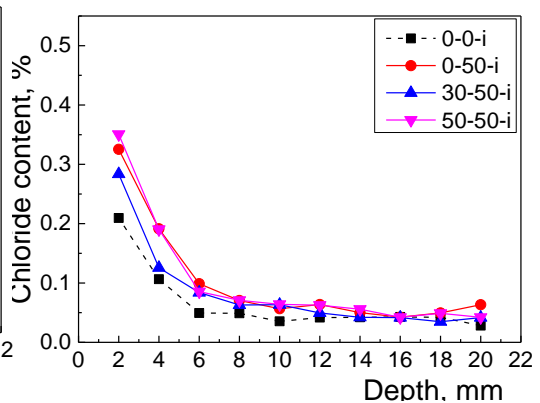
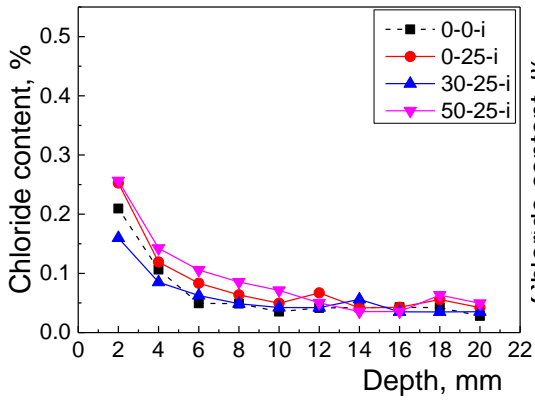


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3 Fig. 8. Chloride ion content of C30 concrete after 28d chloride penetration



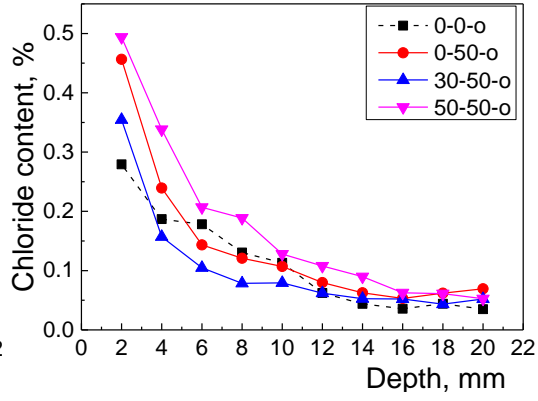
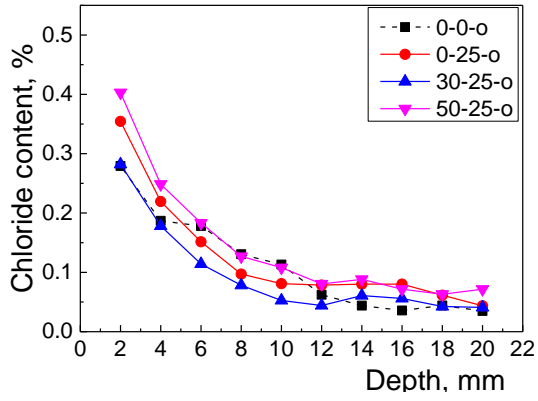
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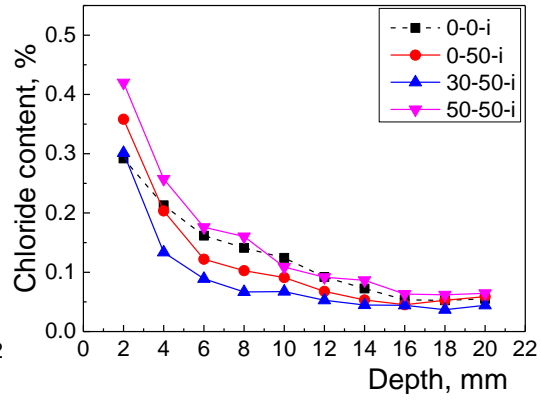
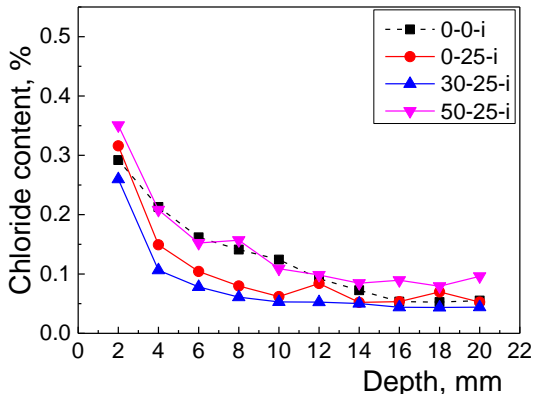
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6 Fig. 9. Chloride ion content of C50 concrete after 7d chloride penetration

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8

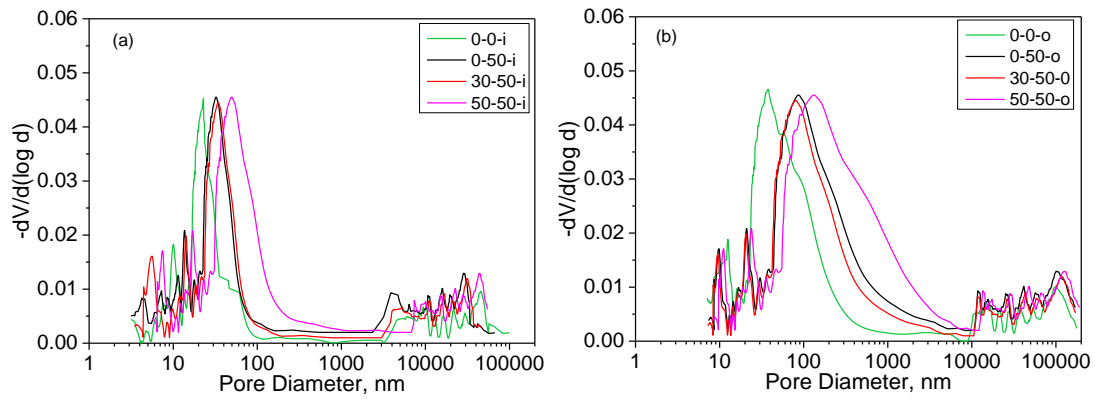


9

10 Fig. 10. Chloride ion content of C50 concrete after 28d chloride penetration

11





12

13 Fig. 11. Pore size distribution of C30 concrete under compiling effect