



Ferrite doped sucrose-derived porous carbon composites inspired by Pharaoh's Serpent for broadband electromagnetic wave absorption

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ABSTRACT

This paper presents a straightforward and intriguing approach for designing wide bandwidth, lightweight, and tunable electromagnetic wave (EMW) absorbing materials. Drawing inspiration from the "Pharaoh's Snake", biomass carbon source and sucrose were used to fabricate Fe/Fe₃O₄@porous carbon (PC) composite materials through combustion experiments. Subsequently, high-temperature calcination was applied to enhance the microwave absorbing properties of the materials. The as-prepared composites demonstrate an impressive 6.62 GHz effective bandwidth and an excellent absorption ability of -51.54 dB at a matched thickness of 2.2 mm. Moreover, by tuning the content of magnetic particles and controlling the thickness of the composite material, comprehensive coverage across C, X, and Ku bands can be achieved. The outstanding performance suggests that the synthesized Fe/Fe₃O₄@PC porous materials hold significant potential for applications in electromagnetic wave absorption. It opens up a novel, straightforward, and cost-effective approach to acquiring broadband absorbing materials.

1. Introduction

In the ever-evolving landscape of scientific and technological advancements, the indubitable presence of electronic equipment has integrated into every aspect of our daily life. Meanwhile, the electromagnetic radiation and interference generated during the operation of electronic equipment will affect production and life, leading to the deterioration of the living environment [1–4]. Therefore, the development of a new type of electromagnetic absorbing material that uses green, renewable, and sustainable energy and technology has become imperative. Traditional absorbing materials have several drawbacks, including high density, low bandwidth, and large volume. Ideally, an excellent microwave absorber should be content with the characteristics of high efficiency, broad bandwidth and light weight as much as possible [5,6]. Thus, a simple and feasible method for preparing

microwave-absorbing composites is necessary.

To overcome the limitations of traditional microwave-absorbing materials, novel materials have been explored by researchers, such as carbonaceous material [7,8], ferromagnetic material [9,10]. However, when used alone, the impedance matching and attenuation characteristic are not satisfactory [11,12]. Carbon-based microwave absorbing materials have unique advantages, including good thermal stability, low price, controllable microstructure [13]. In recent years, biomass carbon source has attracted the attention of researchers as a high-quality absorbing matrix. Sucrose, a common natural biomass carbon source, has the advantages of easy availability, biodegradability, and low cost [14]. It can be easily prepared into porous carbon materials through the "Pharaoh's Snake" experiment. Porous carbon with abundant mesopores and macropores structure have garnered attention, owing to their remarkable potential in diminishing interface reflections and facilitating

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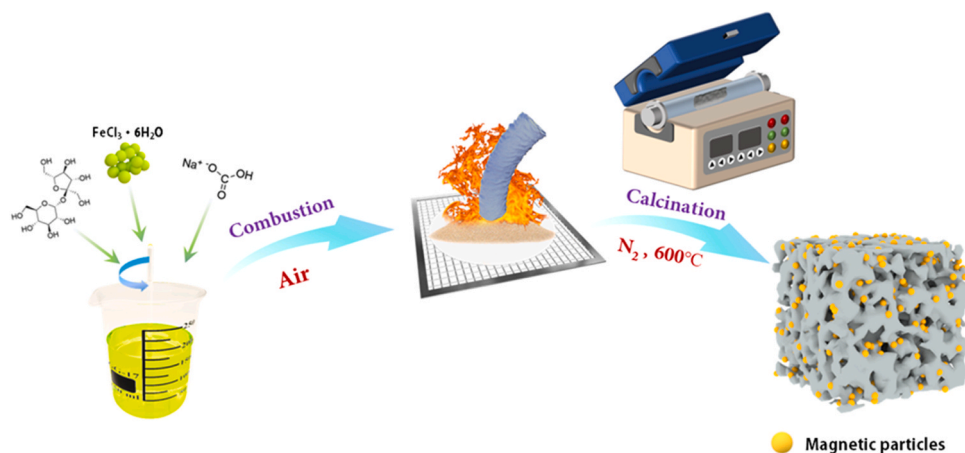
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Scheme 1. Flowchart for the synthesis process of Fe/Fe₃O₄@PC composite materials.

impedance matching. Diverse configurations of porosity, including microporous, concave, and hollow-bowl structures, exhibit the ability to induce multiple reflections and attenuations, thereby enabling efficient electromagnetic absorption [15]. Furthermore, the inherent porosity contributes to reducing weight and density, rendering them immensely desirable as absorbers.

According to the absorption theory, the intricate interplay between the dielectric loss and magnetic loss profoundly influences absorbing performance [16,17]. Incorporating magnetic components into carbon materials can resolve the challenge of inadequate microwave absorption performance resulting from the use of single-component materials [18, 19]. Single-component dielectric materials typically possess high dielectric constant and low magnetic permeability. The addition of magnetic materials can assist in enhancing impedance matching [20]. Their combination creates a synergistic effect that enhances microwave absorption properties. For example, Lu et al. [21] conducted a study on porous Co/C nanocomposites, utilizing controlled atmospheres and thermal decomposition of metal-organic framework materials, which exhibited excellent reflection loss (RL) of -35.30 dB and a broad absorption band (5.80 GHz). Li and coworkers [22] also prepared morphology-controlled porous Fe₃O₄ nanostructures, although their effective absorption bandwidth (EAB) was only 2.56 GHz. Wu et al. [23] synthesized three-dimensional porous Fe₃O₄/C composite flowers through a solvothermal and carbon reduction process, with an RL_{min} of -54.60 dB and an absorption bandwidth of 6.00 GHz. Xie et al. [24] prepared lightweight PC/Fe₃O₄@PDA hybrid nanocomposites using a combination of carbonization, hydrothermal treatment and self-polymerization, which showed a minimal RL value of -46.67 dB. The preparation of the porous structure described above can be a complex and energy-intensive process when using custom equipment. Concurrently, challenges with impedance matching may arise, making it crucial to develop a method with facile operation and efficient synthesis.

Herein, inspired by the "Pharaoh's Snake" experiment, Fe/Fe₃O₄@porous carbon composites were synthesized as effective microwave absorbers. By adjusting the content of magnetic particles, we can achieve controllable changes in the electromagnetic parameters of the composites. However, the as-prepared composite has a relatively low dielectric constant (Fig. S1, Supplementary Material), which hinders the absorption of EMW. High-temperature calcination under protective gas has been reported to enhance the absorption performance [25]. As anticipated, the prepared lightweight Fe/Fe₃O₄@PC composite (Fig. S5, Supplementary Material) achieves a wider bandwidth and adjustable absorbing performance.

2. Experimental section

2.1. Materials

Sinopharm Chemical Reagent Co., Ltd. provided ferric chloride hexahydrate (FeCl₃·6H₂O, 99 %), ethanol (99.7 %) and paraffin wax. Sucrose (99 %) and sodium bicarbonate (NaHCO₃, 99 %) were received from Chengdu Kelong Chemical Co., Ltd. All chemicals utilized in this investigation were of analytical grade and were employed without any additional purification.

2.2. Preparation of Fe/Fe₃O₄@PC composites

Dissolved FeCl₃·6 H₂O (1.2/2.4/3.6/4.8/6.0 g) in 40 ml of alcohol with ultrasonic agitation for about 30 s. Measured 16 g of sucrose and 4 g of NaHCO₃, then add them to the FeCl₃·6 H₂O solution. Thoroughly stirred the mixture and then lighted it. The combustion experiment was conducted in a well-ventilated environment, after the complete reaction, Fe₃O₄@PC composites absorbing material was obtained (the growth process of porous material is shown in **video S1**). The mass ratio of magnetic nanoparticles can effectively control the EMW absorption performance. Subsequently, the material was calcined at 600 °C for 2 h under a N₂ atmosphere. Fe/Fe₃O₄@PC composites materials with remarkable absorption properties were prepared. The synthesized products were denoted as FPC-0, FPC-2, FPC-4, FPC-6, FPC-8 and FPC-10, based on the mass fraction of Fe/Fe₃O₄ particles. The fabrication process of Fe/Fe₃O₄@PC nanocomposite is illustrated in **Scheme 1**.

Supplementary material related to this article can be found online at [doi:10.1016/j.jallcom.2024.174402](https://doi.org/10.1016/j.jallcom.2024.174402).

2.3. Characterization

The porous structure and the morphology of magnetic particles attached to carbon were observed using scanning electron microscope (SEM, Zeiss Sigma 300) at different magnifications. Energy-dispersive spectroscopy (EDS, Oxford X-MAX), X-ray diffraction (XRD, D8 Advance and DAVINCI DESIGN) and X-ray photoelectron spectroscopy (XPS, Thermo Scientific Escalab 250Xi) were used to analyze the chemical composition, chemical bonds, and crystal phase information. The BET test was employed to analyze the N₂ adsorption-desorption curves of the Fe/Fe₃O₄@PC composite and determine the specific surface area (S_{BET}) and pore diameter. The hysteresis curves and magnetic properties of Fe/Fe₃O₄@PC composites were evaluated by a vibrating sample magnetometer (VSM, Lake Shore 7037). Electromagnetic wave absorption performance testing was conducted within a frequency range of 2 GHz to 18 GHz using the coaxial method, employing the vector network analyzer (VNA, China Electronics Technology Instruments Co.,

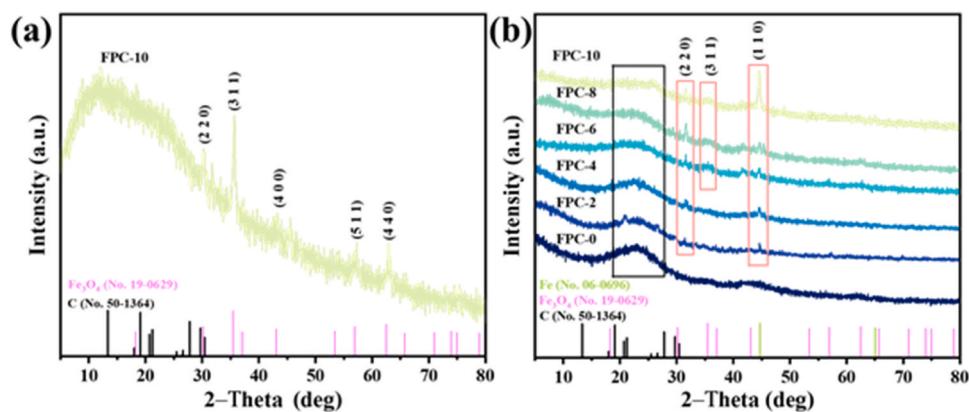


Fig. 1. (a) XRD patterns of FPC-10 samples that have not been calcined at high temperature. (b) XRD patterns of the Fe/Fe₃O₄@PC nanocomposites.

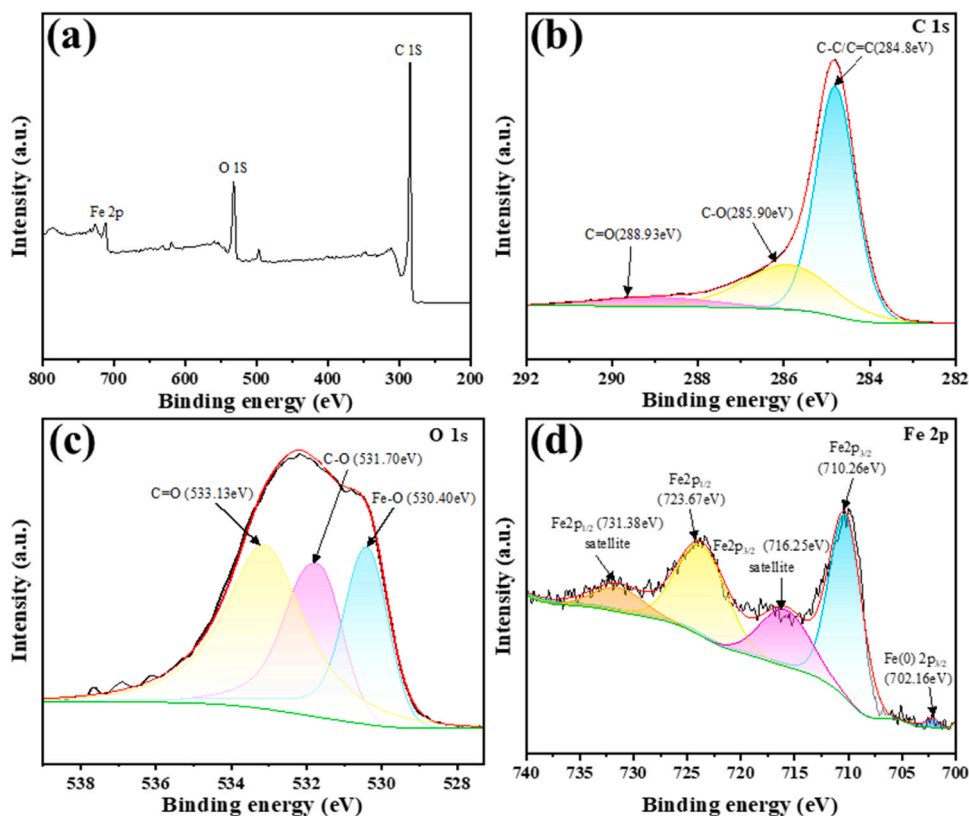


Fig. 2. (a) XPS survey spectrum of the FPC-10 sample. (b) C 1 s. (c) O 1 s. (d) Fe 2p.

Ltd 3672 C). The Fe/Fe₃O₄@PC nanocomposite was mixed with paraffin at a doping ratio of 2:3 at 180 °C and compressed into a ring shape (Φ_{in} = 3.04 mm, Φ_{out} = 7.00 mm).

3. Results and discussion

Fig. 1 illustrates the XRD patterns of synthetic absorbing materials. It is evident that a broad and weak diffraction peak is observed around 2 θ about 20–30°, indicative of a typical amorphous carbon structure. It is worth noting that Fig. 1a represents the spectrum of the FPC-10 sample that has not undergone calcination. In this sample, five characteristic peaks corresponding to the (2 2 0), (3 1 1), (4 0 0), (5 1 1) and (4 4 0) planes of spinel-type ferrite (JCPDS No. 19–0629) are observed at angles of 30.09°, 35.42°, 43.05°, 57.27° and 62.52°, respectively [26]. The carbonized material (Fig. 1b) exhibits a sharp absorption peak at 44.56°,

which matches the (1 1 0) crystal plane of Fe (JCPDS No. 06–0696). Additionally, a weaker diffraction peak is observed at 35.42° can be referred to the (3 1 1) crystal plane of ferrite, suggesting the occurrence of C-catalyzed reduction of ferrite during the carbonization process [27, 28]. Moreover, as the Fe³⁺ concentration increases, the magnitude of the diffraction peaks of iron and ferrite also increases, while the C signal shows the opposite trend. It is ascribed to the intercalation of Fe/Fe₃O₄ particles, preventing the agglomeration and re-accumulation of porous carbon and facilitating the decoration of a higher number of magnetic particles.

Fig. 2a displays the XPS wide spectrum of representative FPC-10 sample, wherein the three characteristic peaks correspond to the elements of C, Fe and O. The C 1 s spectrum is shown in Fig. 2b, revealing distinctive peaks at 284.80 eV, 285.90 eV and 288.93 eV, which can be attributed to C-C/C=C, C-O and C=O bonds, separately [29]. The O 1 s

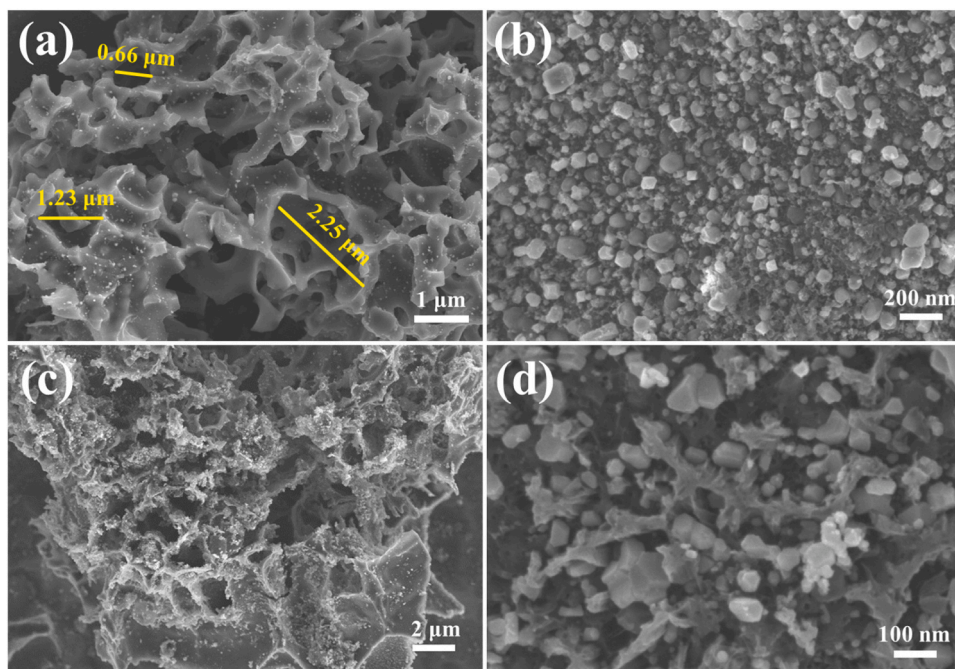


Fig. 3. SEM images of (a) porous structure; (b), (c) and (d) the specimen after doping magnetic particles.

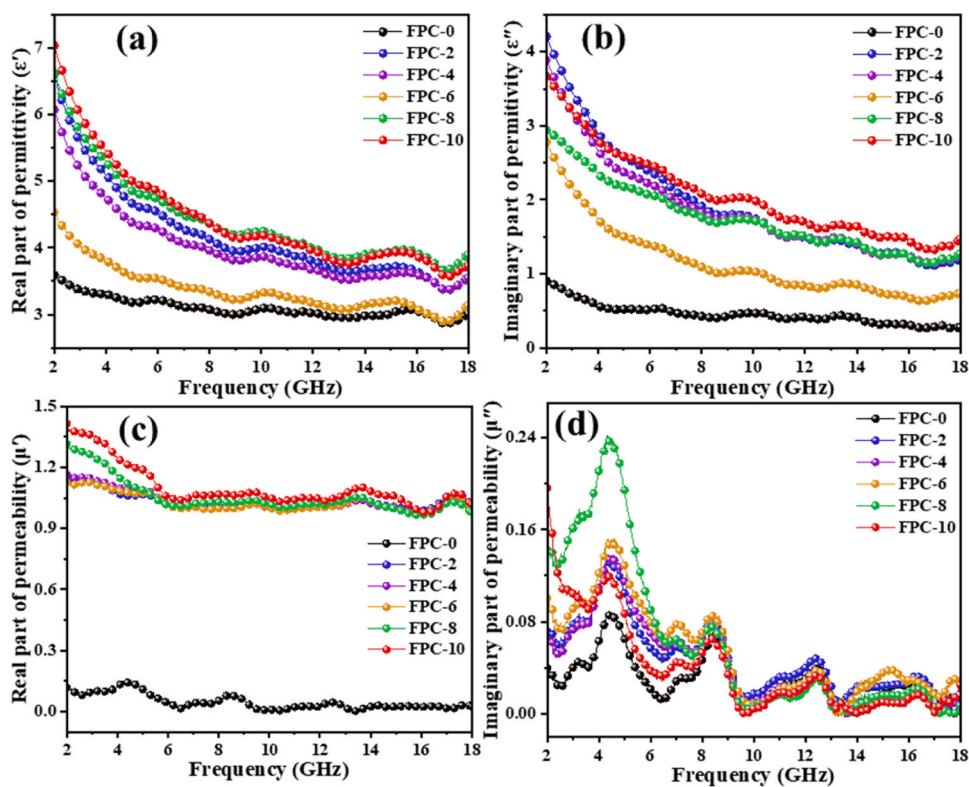


Fig. 4. The variations in (a) ϵ' , (b) ϵ'' , (c) μ' and (d) μ'' with different Fe^{3+} loading rates.

pattern (Fig. 2c) displays three peaks, with those appearing at 533.13 eV and 531.70 eV associated with O=C=O and C-O functional groups. The split peak at 530.40 eV is associated with the metal-oxygen bond, indicating the fixation of magnetic nanoparticles on the PC surface through Fe-O bond [30]. The Fe 2p spectrum (Fig. 2d) reveals a broad peak at 702.16 eV, attributed to the elemental Fe. Peaks at 710.26 eV and 723.67 eV correspond to Fe 2p_{3/2} and Fe 2p_{1/2}, respectively,

suggesting the existence of multivalent iron ions (Fe^{2+} and Fe^{3+}) in the sample. In addition, the faint peaks at 716.25 eV and 731.38 eV correlate with the ferrite satellite peak [4,31].

Fig. 3a exhibits low-magnification image of FPC-0, demonstrating abundant porous structures with pore diameters ranging from 0.5 to 2.75 μm . In addition, the structure of FPC-10 is analyzed using N_2 adsorption-desorption isotherms (Fig. S2, Supplementary Material),

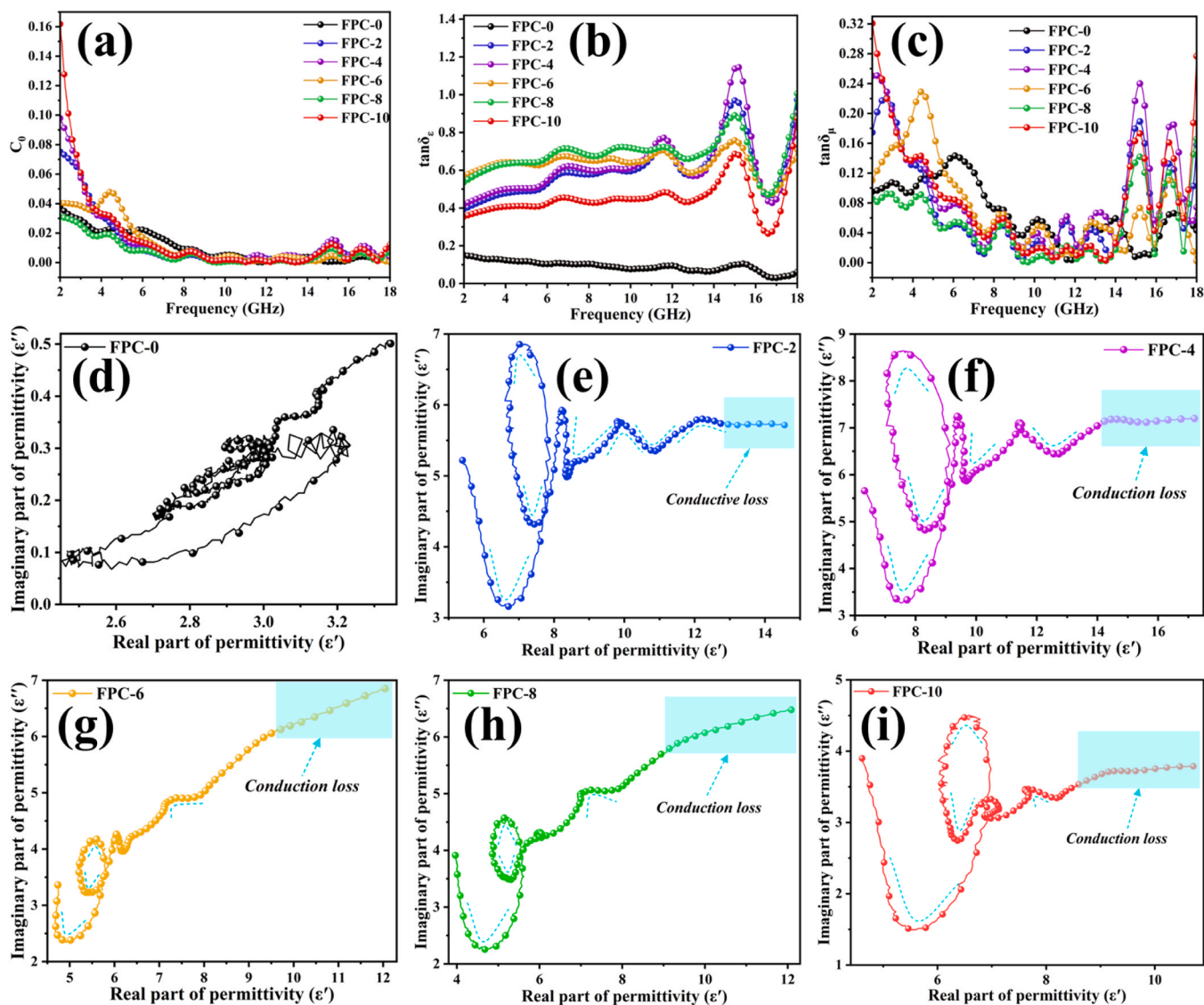


Fig. 5. (a) The C_o - f curves of Fe/Fe₃O₄@PC composites; (b) and (c) $\tan\delta_e$ and $\tan\delta_\mu$ of all samples with different Fe³⁺ loading rates; (d) Cole-Cole curves of all samples.

revealing the irreversible adsorption phenomenon. It is obvious that the S_{BET} measures 310.81 $m^2 \cdot g^{-1}$, and the average pore diameter is 4.60 nm using the BJH method. These porous structures not only contribute to lightweight reduction but also provide multiple scattering and reflection capabilities for incident EMW, aiding in the modulation of absorption properties. In addition, the dielectric properties of the material can also be improved. With an increase in Fe³⁺ content, numerous small magnetic particles can be observed densely aggregated on the surface of porous carbon in Fig. 3b. At higher magnifications (Fig. 3c, d), the uniform dispersion of Fe/Fe₃O₄ on the material surface is evident, displaying a spherical or granular morphology. Fig. S3 (as shown in Supplementary Material) depicts the distribution of C, O and Fe captured from specific regions of the Fe/Fe₃O₄@PC nanocomposites, confirming the presence of carbon framework and Fe/Fe₃O₄ nanospheres. The above-mentioned tests confirm the successful synthesis of the Fe/Fe₃O₄@PC material.

To assess the absorption capabilities of Fe/Fe₃O₄@PC composites, an analysis of the complex permittivity ($\epsilon_r = \epsilon' - j\epsilon''$) and complex permeability ($\mu_r = \mu' - j\mu''$) is conducted. Fig. 4a-b show the ϵ' value of composites decrease from 17.20 to 2.74, while the ϵ'' value range from 8.64 to 0.07. The composites containing Fe and Fe₃O₄ exhibit remarkable

dielectric properties. Interestingly, the ϵ' value reduces overall within the range of 2–18 GHz, a phenomenon known as the frequency dispersion effect is commonly observed in composite materials comprising carbon and magnetic components [27,32], favoring EMW attenuation. On the other hand, the ϵ'' - f curve appears a resonance peak in the 8–18 GHz range. The polarization process within the composite material may lag behind the changes in the external alternating electromagnetic field at higher frequency, thereby failing to achieve immediate stability and resulting in fluctuations [33]. The presence of resonance peaks indicates that the samples have a certain polarization relaxation behavior in the external electric field, leading to energy dissipation of the EMW. Besides, Fig. 4a displays that the FPC-4 sample has the highest ϵ_r value, suggesting that a higher content of magnetic particles does not lead to improved dielectric performance. According to the reported literature, conductivity and polarization are the primary factors influencing the permittivity value [26]. Increasing the content of magnetic material enhances the synergistic effect between the components, thereby improving conductivity of carbon and the dielectric properties of the composite. Carbon catalytically reduces Fe³⁺ and Fe²⁺ at high temperature to obtain elemental Fe, forming Fe/Fe₃O₄ core. In addition, the interfacial interaction between the magnetic particles and carbon

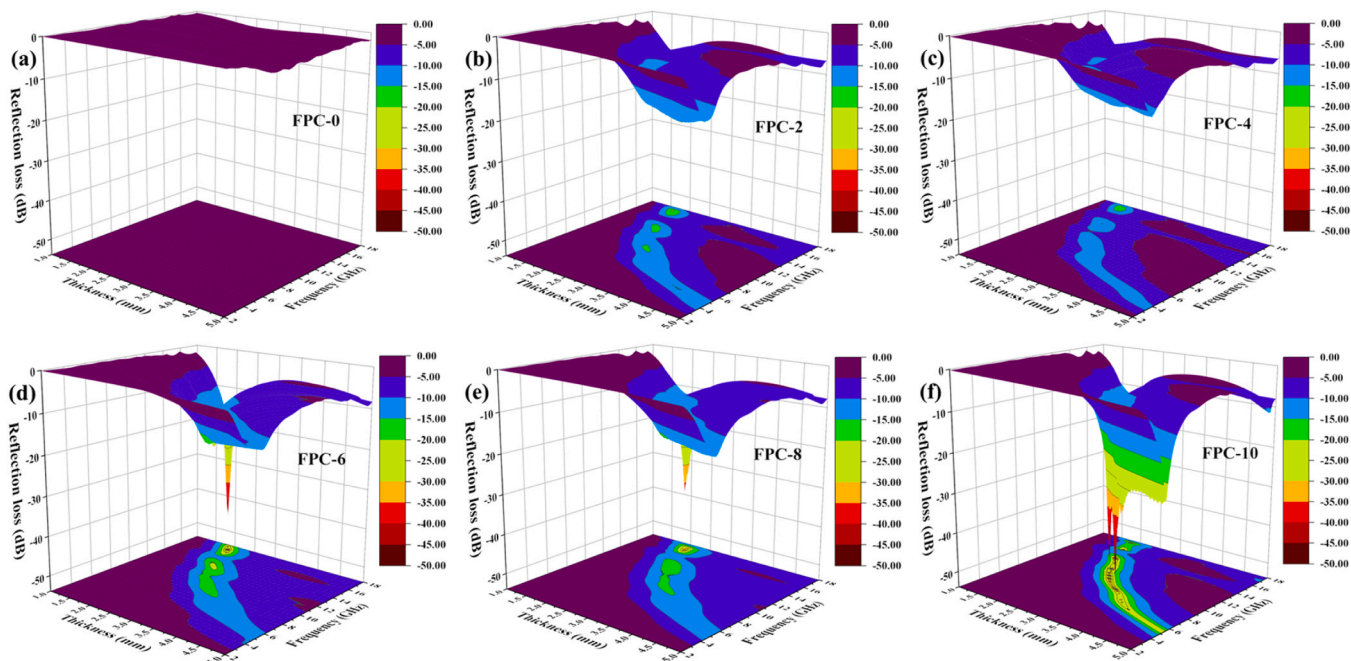


Fig. 6. 3D reflection loss graphs of the Fe/Fe₃O₄@PC composite materials (a) FPC-0, (b) FPC-2, (c) FPC-4, (d) FPC-6, (e) FPC-8 and (f) FPC-10.

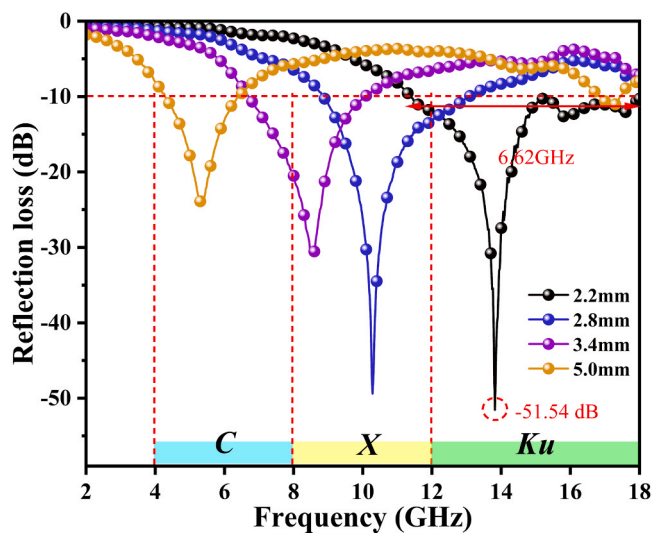


Fig. 7. Reflection loss of FPC-10 sample with given thickness of 2.2 mm, 2.8 mm, 3.4 mm and 5.0 mm.

establishes a conductive pathway, reducing electron scattering at the interface and enhancing the conductivity of Fe/Fe₃O₄@PC composites [34]. However, higher Fe/Fe₃O₄ content will result in a thicker shell in the composite material. It inhibits electron migration among the porous carbon particles, resulting in decreased conductivity for FPC-6, FPC-8, and FPC-10 samples, along with a reduction in the dielectric constant [35,36].

The real part (μ') remains below 1.4, whereas the imaginary part (μ'') maintains relatively low levels across the frequency of 2–18 GHz (Fig. 4c-d). Although the permeability constant is lower compared to the permittivity, the synergistic interaction between magnetic and nonmagnetic components influences the overall EMW dissipation performance. Magnetic loss can be primarily classified into three categories: hysteresis loss, eddy current loss and magnetic resonance loss [37,38]. The closed area of the hysteresis loop of the composite with added

Table 1

Comparison of EMW absorption of some absorbers reported in earlier studies.

Absorber	Thickness (mm)	RL _{min} (dB)	EAB (GHz)	Ref.
3DC/Fe ₃ O ₄	3.0	-37.8	5.95	[46]
HPC/Fe ₃ O ₄	5.5	-20.1	unknow	[47]
Fe ₃ O ₄ /carbon foams	1.9	-47.3	5.68	[30]
HcFe ₃ O ₄ @C	3.5	-46.3	5.04	[48]
Porous Fe ₃ O ₄ /C	2.1	-22.2	6.0	[23]
Fe ₃ O ₄ /C composites	2.5	-18.73	5.4	[16]
FPC-6	2.3	-21.58	7.02	This work
FPC-8	2.4	-19.4	7.1	This work
FPC-10	2.2	-51.54	6.62	This work

magnetic particles is notably larger than that of FPC-0 (Fig. S4, Supplementary Material), indicating that the introduction of Fe/Fe₃O₄ particles increases hysteresis loss and enhances the absorption of EMW. The calculation of eddy current loss is based on the measured parameters of μ' and μ'' . If $C_0 = \mu''(\mu')^{-2}f^{-1}$ [39] remains constant, eddy current loss becomes the dominant contributor to magnetic loss [40]. For Fig. 5a, the C_0 value of the Fe/Fe₃O₄@PC composite decreases significantly in the 2–8 GHz range, and some resonance peaks appear. This suggests that natural resonance predominates as the magnetic loss mechanism in low-frequency environments [41]. After that, the value of C_0 tends to be stable, which implies that eddy current loss becomes the main mechanism of magnetic loss. Furthermore, the resonance peaks of Fe/Fe₃O₄@PC around 15 GHz and 16.5 GHz are attributed to the exchange resonance induced by the doping of Fe/Fe₃O₄ particles.

Dielectric loss and magnetic loss are widely recognized as the two fundamental mechanisms responsible for attenuating EMW [29]. Fig. 5b-c depict the variation of dielectric loss tangent ($\tan\delta_\epsilon = \epsilon''/\epsilon'$) and magnetic loss tangent ($\tan\delta_\mu = \mu''/\mu'$) with frequency. Notably, the $\tan\delta_\epsilon$ values for the samples consistently exceed their $\tan\delta_\mu$ values. This difference can be attributed to the fact that the only components in the

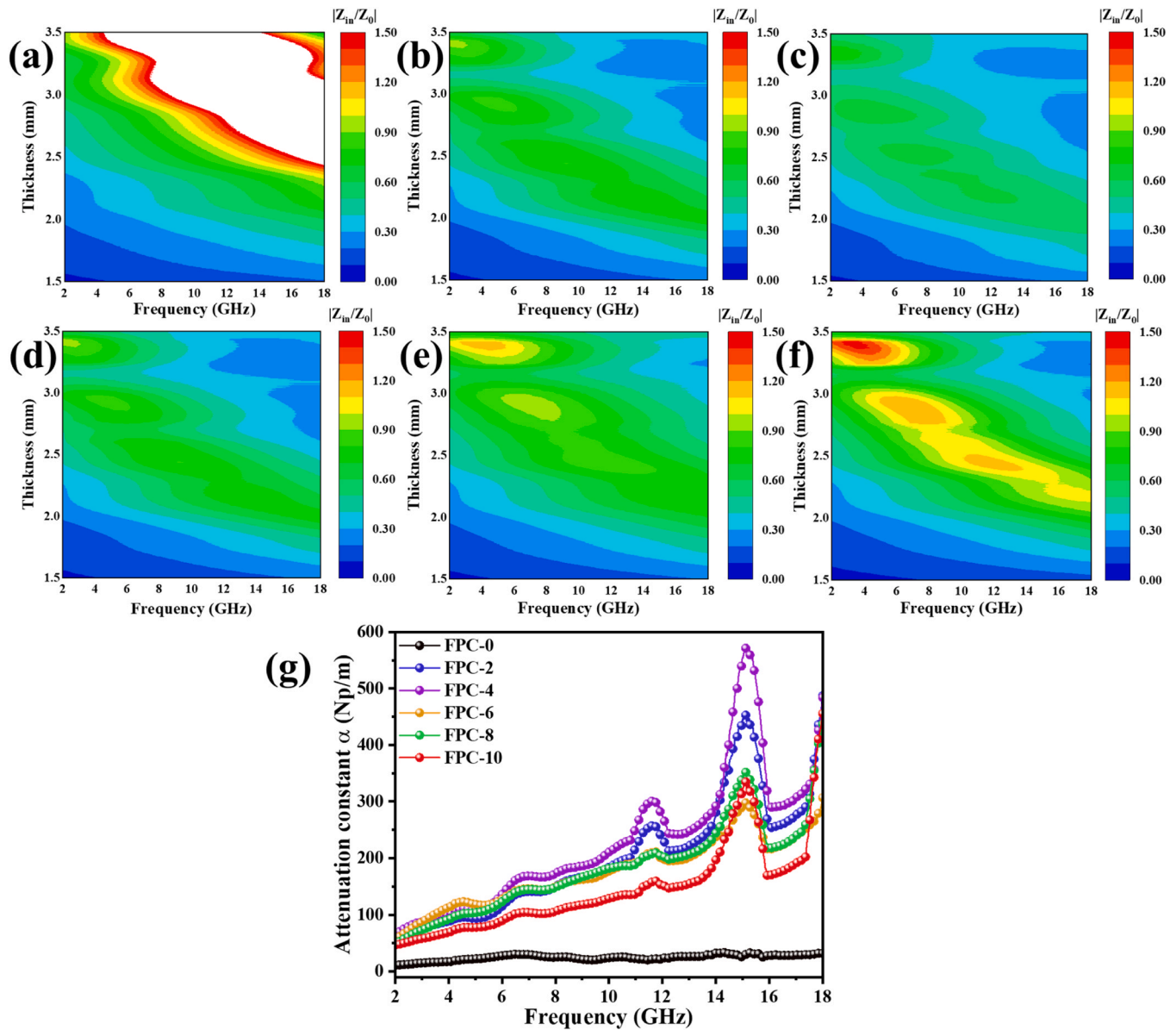


Fig. 8. Impedance matching diagrams of samples (1.5–3.5 mm): (a) FPC-0, (b) FPC-2, (c) FPC-4, (d) FPC-6, (e) FPC-8, (f) FPC-10. (g) attenuation constant (α) of all samples.

composite that produce magnetic loss are nano-Fe/Fe₃O₄ particles, whereas both porous carbon and ferrite contribute to dielectric loss. Moreover, the formation of porous structures and heterogeneous interfaces can induce interfacial polarization, improving the dielectric loss. Therefore, we can infer that dielectric loss constitutes the primary factor contributing to the attenuation of EMW.

According to Debye theory, polarization relaxation can be described by the Cole–Cole curve, which is commonly derived from the subsequent equation [42]:

$$\left(\epsilon' - \frac{\epsilon_s + \epsilon_\infty}{2}\right)^2 + (\epsilon'')^2 = \left(\frac{\epsilon_s - \epsilon_\infty}{2}\right)^2 \quad (1)$$

where ϵ_s , ϵ_∞ represent the static permittivity and the relative permittivity at high frequency, separately. Each semicircle represents a relaxation process [43]. Fig. 5d-i display the Cole–Cole plots of all samples. The material doped with Fe/Fe₃O₄ nanoparticles exhibits approximately six irregular semicircles, indicating the occurrence of polarization relaxation phenomena. It is attributed to the embedding of magnetic particles, which fosters the formation of heterogeneous interfaces.

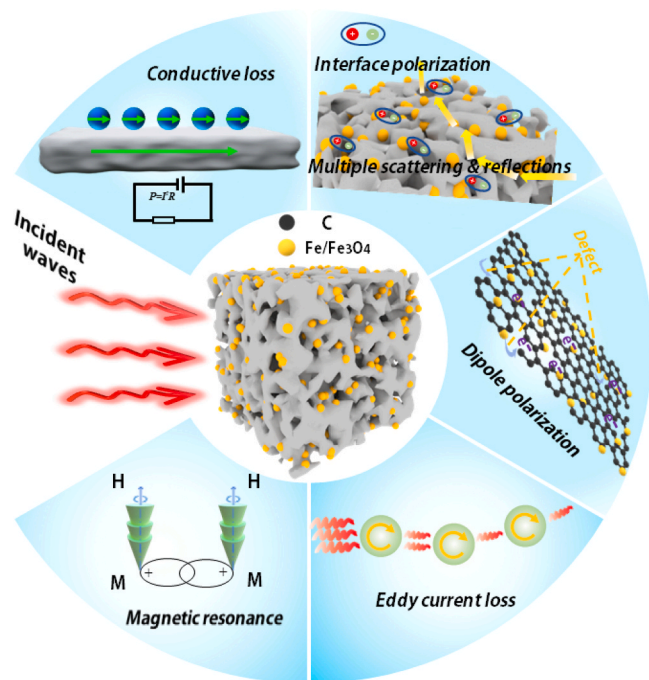
Consequently, this enhances interface polarization and also induces a dipolar polarization effect [36]. Furthermore, with the content of magnetic particles rises, the Cole curve demonstrates a linear trend under high-frequency conditions, accompanied by an increase in tail length, signifying heightened conduction loss. It is primarily due to the increased degree of graphitization [34].

To further investigate the absorption properties of the materials, simulated calculations of the RL values at various thicknesses are performed. These calculations are based on the formula [44,45]:

$$RL = 20 \log |(Z_{in} - Z_0)/(Z_{in} + Z_0)| \quad (2)$$

$$Z_{in} = \sqrt{\mu_r/\epsilon_r} \tanh(j2\pi f d \sqrt{\mu_r \epsilon_r}/c) \quad (3)$$

Where Z_0 is the free space impedance, Z_{in} denotes for intrinsic impedance, and d is given thickness from 1 mm to 5 mm, c is the light speed. When RL measures below -10 dB, it indicates that more than 90 % of the EMW entering the absorber have been effectively absorbed. Fig. 6 presents the three-dimensional RL curves of composites across a frequency range spanning from 2 to 18 GHz. Clearly, the FPC-0 sample has



Scheme 2. EMW absorption mechanisms of Fe/Fe₃O₄@PC composites.

no effective absorption across all bands. In contrast, the incorporation of magnetic particles into the porous carbon structure enables effective absorption. FPC-2 and FPC-4 demonstrate RL_{\min} values of -20.82 dB and -19.28 dB, respectively, with an EAB of approximately 2 GHz. The FPC-6 sample achieves an RL value of -21.58 dB, with an absorption bandwidth spanning 7.02 GHz (10.98–18 GHz). Despite the RL_{\min} value of the FPC-8 sample being only -19.4 dB, it demonstrates the widest EAB of 7.10 GHz ($d = 2.4$ mm), effectively covering the entire *Ku* band and the most of *X*-band. This phenomenon is attributed to the uniform distribution of Fe/Fe₃O₄ nanospheres on the porous carbon surface without the occurrence of "dead zones", resulting in heightened magnetic loss and enhanced interfacial polarization. However, the FPC-10 sample shows the lowest RL value of -51.54 dB at 13.82 GHz, with a matching thickness of 2.2 mm and an EAB of 6.62 GHz (11.38–18 GHz), exhibiting excellent microwave absorption performance. Besides, an increase in the thickness of the composites results in a reduction of the frequency obtaining RL_{\min} . Fig. 7 illustrates that adjusting the thickness facilitates the easy attainment of an effective bandwidth covering the *X*-band and *C*-band. Therefore, achieving optimal absorption performance entails manipulating material parameters and carefully selecting the appropriate thickness. A detailed comparison between the Fe/Fe₃O₄@PC microspheres and other previously reported absorbers coated with magnetic particle is presented in Table 1, suggesting that the samples exhibit good absorption properties.

In order to achieve efficient absorption of EMW, two simultaneous requirements must be satisfied: excellent impedance matching and attenuation characteristics. The formula for calculating the attenuation constant α is as follows [49]:

$$\alpha = \frac{\pi f}{c} \left(2(\mu''\epsilon'' - \mu'\epsilon') + \left((\mu'^2 + \mu''^2)(\epsilon'^2 + \epsilon''^2) \right)^{\frac{1}{2}} \right)^{\frac{1}{2}} \quad (4)$$

Generally speaking, a larger attenuation constant α indicates a stronger attenuation ability of EMW and improves the absorption performance. Additionally, an impedance matching value closer to 1 signifies better impedance matching, allowing for more efficient penetration of EMW into the absorbing material. The value of $|Z_{in}/Z_0|$ calculated using Eq. (3) exhibits a similar trend for samples incorporating magnetic nanoparticles (Fig. 8a-f) [50]. However, the FPC-0

sample comprised entirely of pure dielectric porous carbon, demonstrates poor impedance. It is worth noting that the impedance matching value of the FPC-10 sample is closer to 1. Consequently, a greater of electromagnetic waves can penetrate absorbing materials, leading to a broader effective absorption bandwidth. The calculated attenuation constant α (Fig. 8g) demonstrates that FPC-10 has the lowest value, albeit still considerably higher than FPC-0. Based on the above analysis, FPC-10 demonstrates the most desirable electromagnetic absorption performance. This outstanding performance is attributed to several factors: (1) the interface between Fe/Fe₃O₄ magnetic particles and porous carbon, along with the rich porous structure, facilitates multiple reflections and absorptions of EMW. It induces the interface polarization effect, significantly enhancing the EMW absorption capacity. (2) Both porous carbon and Fe/Fe₃O₄ magnetic particles in the composite material have certain dielectric properties. Under the influence of external electric fields, internal electrons occur transitions, resulting in conductive loss. (3) The dispersion of a large number of Fe/Fe₃O₄ particles within the porous carbon leads to dipole polarization effects, causing dipole polarization loss, which further enhances EMW absorption. (4) The introduction of magnetic particles not only improves the impedance matching of the material but also produces magnetic loss, as depicted in Scheme 2 [51,52].

4. Conclusion

In summary, Fe/Fe₃O₄@PC composites were synthesized to function as effective microwave absorbers, drawing inspiration from the "Pharaoh's Snake" experiment. It exhibited excellent electromagnetic absorption properties through precise manipulation of the filling content of Fe/Fe₃O₄ magnetic particles. The FPC-10 sample has an RL value of -51.54 dB at a thickness of 2.2 mm, and its EAB has also reached 6.62 GHz, encompassing the entire *Ku*-band and a substantial portion of the *X*-band. These outstanding features can be attributed to the intricate interplay between the diverse porous structure, magnetic resonance phenomena, and multiple absorption mechanisms. Consequently, Fe/Fe₃O₄@PC composites can find broad applications in the field of microwave absorption, and a method for crafting lightweight porous carbon/magnetic composites displaying exceptional absorption characteristics is proposed.

CRediT authorship contribution statement

Heng Yang: Writing – review & editing, Writing – original draft, Software, Methodology, Investigation, Formal analysis. **Xin Jiang:** Methodology, Investigation. **Jiuxiao Sun:** Methodology, Funding acquisition. **Bin Zhang:** Conceptualization, Funding acquisition, Supervision, Writing – review & editing. **Xiaogang Su:** Investigation. **Qilei Wu:** Software, Validation. **Zhengyao Qu:** Supervision, Writing – review & editing. **Siqi Huo:** Writing – review & editing.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data Availability

The data that has been used is confidential.

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Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at doi:10.1016/j.jallcom.2024.174402.

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