Carter, S. (2012). *Work Performance and Your Subjective Well-Being***,** Australian Council for Educational Leaders Conference, Brisbane, October 2012.

*Abstract:*

*Work performance and your subjective well-being*

*The issue of principals’ health and well-being has been recognised for at least the last five years as National and State levels in Australia, and within the State, private and independent school system (Lacey, 2007). Researchers have also linked well-being to work performance. This paper explores the concerns principals may have about viewing innovatively their own Subjective Well-Being as being vitally important to their work performance. Principals are encouraged to place their subjective well-being at the forefront of conversations with the Dialogical Self. The Dialogical Self is a constructionist psychology theory where the ‘self’ may consist of numerous ‘selves’, any of which may interact with the others in a dialogical manner, almost like the different perspectives you consider when thinking something through.*