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Research article

# Advancing thyroid care: An accurate trustworthy diagnostics system with interpretable AI and hybrid machine learning techniques

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## ABSTRACT

The worldwide prevalence of thyroid disease is on the rise, representing a chronic condition that significantly impacts global mortality rates. Machine learning (ML) approaches have demonstrated potential superiority in mitigating the occurrence of this disease by facilitating early detection and treatment. However, there is a growing demand among stakeholders and patients for reliable and credible explanations of the generated predictions in sensitive medical domains. Hence, we propose an interpretable thyroid classification model to illustrate outcome explanations and investigate the contribution of predictive features by utilizing explainable AI. Two real-time thyroid datasets underwent various preprocessing approaches, addressing data imbalance issues using the Synthetic Minority Over-sampling Technique with Edited Nearest Neighbors (SMOTE-ENN). Subsequently, two hybrid classifiers, namely RDKVT and RDKST, were introduced to train the processed and selected features from Univariate and Information Gain feature selection techniques. Following the training phase, the Shapley Additive Explanation (SHAP) was applied to identify the influential characteristics and corresponding values contributing to the outcomes. The conducted experiments ultimately concluded that the presented RDKST classifier achieved the highest performance, demonstrating an accuracy of 98.98 % when trained on

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Information Gain selected features. Notably, the features T3 (triiodothyronine), TT4 (total thyroxine), TSH (thyroid-stimulating hormone), FTI (free thyroxine index), and T3\_measured significantly influenced the generated outcomes. By balancing classification accuracy and outcome explanation ability, this study aims to enhance the clinical decision-making process and improve patient care.

## 1. Introduction

The rising prevalence and high-cost implications of thyroid disorders make it a pressing global public health issue [1]. Insufficient production of thyroid hormones by the thyroid gland leads to abnormal growth and disease development. The disruptions in its functioning can lead to various symptoms, including weight loss, hair loss, irregular heartbeat, hypertension, reduced metabolic rate, weight gain, and a decreased pulse rate [2]. Over time, untreated thyroid disease can lead to various health complications, including joint pain, infertility, obesity, and heart disease. According to data from Ref. [3], there were 43,800 newly reported cases of thyroid disease in the United States in 2022. Of these, 31,940 cases were observed in females, while males accounted for 11,860. In the following year, the American Cancer Society reported 2120 new deaths in the USA due to thyroid cell abnormalities.

The most effective strategy to prevent the serious effects is to detect or anticipate it as early as possible during diagnosis. However, identifying this disorder via a traditional laboratory test is extremely difficult and necessitates a high level of expertise. Additionally, the manual approach might lead to erroneous results and is time-consuming. Machine learning (ML) is the widely accepted method to address these issues and prevent severe consequences by providing early warning of the disease [4,5]. However, the limited ability to explain ML hinders its widespread adoption in healthcare applications, especially when decision-makers need a clear understanding of the underlying rationale [6]. Without explainability, the potential risk of incorrect decisions outweighs the benefits of ML's accuracy and decision-making advantages. Implementing explainable learning methods empowers healthcare professionals to make informed, data-driven decisions and reliable treatments.

**Problem Statement and Motivation:** Researchers have extensively employed ML approaches to investigate thyroid disease at early stages. These studies encounter notable challenges that necessitate the adoption of state-of-the-art methods. For instance, Gupta [7] and Ahmed [8] have endeavored to propose thyroid classification models using imbalanced datasets, which obstruct the proper capture of underlying patterns and pose difficulties in accurately classifying the minority class. They also faced challenges related to biased learning, poor generalization, and overfitting [9]. To address these concerns, Alyas [10] and Aversano [11] have employed a well-established oversampling method known as the Synthetic Minority Over-sampling Technique (SMOTE). However, it is acknowledged that using SMOTE may introduce noisy and uninformative samples [12,13]. Subsequently, Sonuc [14] and Srivastava [15] have proposed a thyroid classification model retaining the original dimensionality of features, leading to high computation costs and decreased generalization ability.

Chaubey [16] has utilized a single random sampling approach to train and validate the model, which lacks an accurate representation of the sample distribution across classes in the underlying population. Additionally, Savci [17] and Olatunji [18] have employed multiple standalone ML classifiers for training the dataset, limited effectiveness in handling complex and diverse datasets. Recognizing the limitations of individual classifiers, Dharmakar [19] and Yadav [20] have introduced Voting-based hybrid models, combining two baseline classifiers. However, it is important to note that this ensemble method performs best when integrating multiple classifiers as base estimators [21]. Moreover, the black-box behavior of the studies, as mentioned earlier, provided a lack of trust among patients and clinicians. Failure to incorporate interpretable methods while developing ML models may lead to non-compliance with regulatory requirements. Many healthcare regulations mandate transparency and accountability in decision-making.

**Novelty and Contribution:** Motivated by these concerns, we aim to propose an efficient thyroid classification model. Unlike existing studies, our approach incorporates SMOTE with Edited Nearest Neighbors (ENN) to deal with the imbalanced dataset, where ENN plays a crucial role in eliminating noisy samples generated by SMOTE [22]. Additionally, we have employed two effective feature selection methods to rectify most potential features and reduce the dimensionality of the dataset. To assess the effectiveness of our study, we divided the processed dataset into three distinct subsets (e.g., 70 %, 80 %, and 90 % for training, and 30 %, 20 %, and 10 % for testing), then evaluated the average results for analysis. Then, introduced two hybrid classifiers by integrating three base classifiers, namely Random Forest (RF), Decision Tree (DT), and K-nearest Neighbors (KNN), as popular in the related task [7,10,11,14]. Finally, explainable AI has attracted a lot of attention recently, and explainability has grown to be a heavily researched topic in ML [23]. This is a crucial aspect, especially in the healthcare domain, where incorrect decisions can have severe consequences on patient outcomes. Shapley Additive Explanation (SHAP) is a vital explainable AI tool that assists in clarifying the intricate linkages between multivariate data and computer model predictions. Hence, by integrating SHAP with our proposed model, we ensure the trust and transparency of the system to stakeholders and patients, enabling them to understand the decisions. It also empowers patients with information about the factors influencing their diagnosis, fostering a more patient-centric approach to care. However, the key contributions are as follows.

- We have conducted a series of preprocessing stages encompassing feature dropping, data encoding, imputation missing values, and addressing imbalance issues.
- Introduced two hybrid ML classifiers, namely RDKVT and RDKST, with meticulously optimized parameter configurations.

- The performance of the proposed classifiers was then validated using two thyroid-based datasets with different feature sets. A comprehensive comparison was ensured by evaluating various performance metrics, including two predictive rates, computation time, log loss, and statistical significance test.
- Experimental analysis demonstrates the superiority of the proposed RDKST classifier with a robust accuracy of 98.98 % for the Kaggle dataset, surpassing the performance of existing models.
- Furthermore, incorporating SHAP with the RDKST classifier, we identify that the characteristics T3, TT4, TSH, FTI, and T3\_measured exert the most significant influence on the outcome, as their respective values contribute substantially to the prediction.

## 2. Related studies

Recently, researchers have increasingly focused on developing efficient thyroid classification systems using ML methods. Their efforts have primarily revolved around model comparison, disease detection, and the development of diagnostic models. For example, Naman Gupta et al. [7] employed multiple ML classifiers and applied a modified ant lion optimization algorithm. Their results showed accuracy rates of 95.94 %, 95.66 %, and 92.51 % achieved by RF, DT, and KNN classifiers, respectively. Ahmad et al. [8] proposed a hybrid decision support system based on linear discriminant analysis (LDA), KNN, and adaptive neuro-fuzzy inference (ANFIS). Their LDA-KNN-ANFIS approach demonstrated a remarkable accuracy of 98.5 %. However, it is essential to note that they developed their system using an imbalanced dataset, which introduces several challenges, including biased learning, poor generalization, and overfitting [9].

Tahir et al. [10] compared four ML classifiers by evaluating their performance on both sampled and unsampled datasets. The findings revealed that RF achieved the highest accuracy of 94.8 %. Similarly, with the AOU Federico II Naples hospital dataset, Lerina et al. [11] compared the performance of ten ML classifiers. Before feeding the training model, a range of preprocessing techniques, including SMOTE, were applied to the dataset. Based on the experimental outcome, the Extra Tree (ET) classifier achieved the highest accuracy of 84 %. However, it is necessary to note that utilizing SMOTE in these studies may introduce noisy and irrelevant samples into the dataset [12,13].

Sonuc et al. [14] aimed to classify thyroid disorders utilizing 1250 distinct Iraqi individual samples and achieved a higher accuracy rate of 98.93 % using the RF classifier. Srivastava et al. [15] addressed the data imbalance issues with the BL\_SMOTE technique and yielded 98.88 % accuracy by combining RF and DT using a Voting method. Chaubey et al. [16] conducted a classification of thyroid disease using DT, KNN, and logistic regression (LG), where KNN obtained a robust accuracy rate of 96.875 %. Dignata et al. [24] presented a comparison of various ML models, where RF obtained robust accuracy compared to others. Additionally, Awad et al. [25] utilized the Kaggle thyroid dataset and, by training with the SMV classifier, achieved 84.72 % accuracy. However, these studies have limited dimensionality reduction, which can result in high computation costs and decrease the generalizability of the models.

Savci et al. [17] have found that ANN achieved a higher accuracy of 98 % from the five classification algorithms. Olatunji et al. [18] developed an ML-based tool using the Saudi Arabian dataset and observed that RF obtained the highest accuracy of 90.91 %. Azrin et al. [26] also introduced a thyroid-based predictive system using an RF classifier. However, relying solely on ML classifiers may have limitations in handling complex and diverse datasets. Thereby, Dharmakar et al. [19] proposed a hybrid classifier called CCTML by integrating C4.5 and RF classifiers using the Voting ensemble approach, which showed an accuracy of 96 %. Moreover, the study [27] presented two hybrid models named Three Stage Hybrid Classifier (3SHC) and Three Stage Hybrid Artificial Neural Network (3SHANN) to forecast the disease. Yadav et al. [20] also presented a hybrid classifier using the Stacking approach, combining DT, and neural networks (NN), and achieved an AUC score of 98.80 %. However, it is worth noting that the Voting ensemble method is considered more suitable for integrating multiple classifiers as base estimators [21]. Finally, Table 1 presents a summarized overview of these studies.

**Table 1**  
A summary of recent machine learning-based studies on thyroid disease diagnosis.

Year and reference	Data collection	Number of instances	Output classes	Balancing Technique	Best Performing classifier
2020 [7]	UCI	7200	3	(-)	RF
2018 [8]	UCI	3163	2	(-)	LDA-KNN-ANFIS
2022 [10]	UCI	3163	2	SMOTE	RF
2021 [11]	Naples's hospital	2784	3	SMOTE	ET
2021 [14]	Hospitals and Labs	1250	3	(-)	RF
2021 [15]	UCI	2800	2	BL_SMOTE	Voting (RF, DT)
2020 [16]	UCI	215	3	(-)	KNN
2022 [17]	UCI	7200	3	SMOTE	ANN
2021 [18]	Saudi Arabian	218	2	(-)	RF
2020 [19]	UCI	7547	2	(-)	CCTML
2019 [20]	Pathologies	27000	3	(-)	Stacking (DT, NN)
2023 [24]	UCI	3772	2	(-)	RF
2023 [25]	Kaggle	3371	2	(-)	SVM
2023 [26]	UCI	2800	2	SMOTE	RF
2023 [27]	Kaggle	3773	2	SMOTE	3SHC

### 3. Material and methods

In this section, we have provided a comprehensive discussion of the methods and working procedures employed in the study. The working methodology is divided into six main parts: data collection, data preprocessing, feature selection with data splitting, ML classifiers, performance evaluation matrices, and explainable AI. Fig. 1 shows the overview of the entire working process.

#### 3.1. Data collection

For this study, we utilized two thyroid-based datasets from well-known data repositories (e.g., Kaggle [28] and UCI [29]). The employed datasets contain different data types, including integers, binaries, categories, and floats. The Kaggle dataset contains a total of 30 features with 3772 different cases. These features included various clinical and laboratory characteristics with a target feature, namely age, sex, on thyroxine (On-T), query on thyroxine (QOT), on antithyroid medication (OAM), sick, pregnant, Thyroid surgery (TS), I131 treatment (I131-T), query hypothyroid (QU-HO), query hyperthyroid (QU-HE), lithium, goiter, tumor, hypopituitary, psych, TSH measured (TSH-M), TSH, T3 measured (T3-M), TT4 measured (TT4-M), TT4, T4U measured (T4U-M), T4U, FTI measured (FTI-M), FTI, TBG, TBG measured (TBG-M), T3, referral source (RS), and class. Upon analyzing the test reports, we found that 3541 patients were unaffected by disease, while only 231 cases were affected. On the other hand, the UCI dataset included 25 clinical and laboratory features and one target feature. The included clinical and laboratory attributes are age, sex, On-T, QOT, OAM, TS, QU-HO, QU-HE, pregnant, sick, tumor, lithium, goiter, TSH-M, TSH, T3-M, T3, TT4-M, TT4, T4U-M, T4U, FTI-M, FTI, TBG-M, and TBG. The dataset comprises a total of 3163 different cases, with 3012 classified as negative and 151 classified as positive cases.

#### 3.2. Data preprocessing

Data preprocessing is essential for an ML model to turn raw data into a useful format. Our datasets have issues with missing values in different features (e.g., age, gender, TSH, T3, TT4, T4U, FTI, TBG), which could impact the model. We solved this issue by eliminating attributes with missing values greater than 50 %, which removed the TBG attribute [30]. The remaining gaps in the Kaggle (29 features) and UCI (24 features) datasets were filled using mean interpolation, thereby maximizing data utilization and maintaining integrity. Non-numeric categorical data gave an additional barrier since classifiers could misinterpret them. We utilized the level-encoder approach to transform these variables into numerical representations while retaining ordinal correlations and not increasing the dataset’s dimensionality.

Afterward, it is worth noting that the dataset exhibits a significant class imbalance, with 3541 and 3012 instances belonging to the negative class and only 231 and 151 cases classified as the positive class for Kaggle and UCI datasets, respectively. This class imbalance poses challenges in accurately predicting the minority class. To address this issue, the authors [10,11,17,26,27] have utilized the most popular data balancing technique, SMOTE. However, SMOTE tends to generate synthetic samples that are too close to the original ones, which can introduce noise and potentially lead to overfitting [12,13]. Also, it does not consider the potential overlapping regions between different classes, which can result in the misclassification of samples. Hence, we have introduced an advanced technique named SMOTE-ENN to address the disadvantages of SMOTE. SMOTE-ENN first applies SMOTE to generate the synthetic samples, and then ENN serves to remove the noisy and misclassified samples. By incorporating SMOTE and ENN, we have reduced the chances of overfitting and enhanced the quality of synthetic instances. Initially, SMOTE chose the nearest neighbor in synthesizing new instances

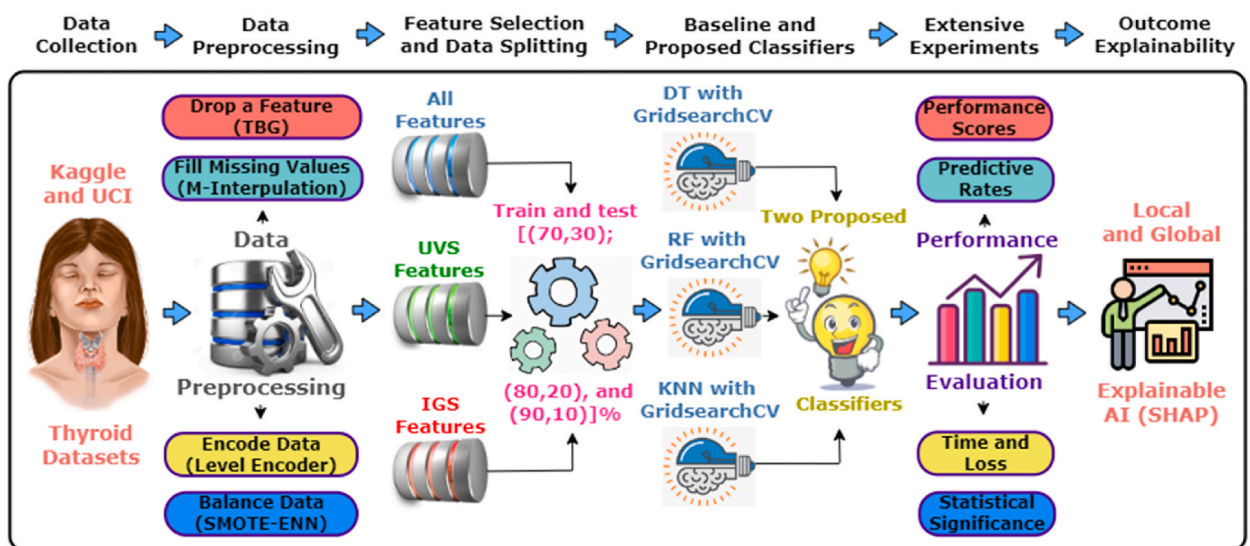


Fig. 1. The proposed workflow for our study, consisting of the general components.

$X_n$  from raw samples  $X$ ; then, the unknown instance is built according to Eq. (1).

$$X_{new} = X + rand(0, 1) * (X_n - X) \tag{1}$$

To enhance the quality of new instances, ENN is a powerful technique for eliminating noisy and uninformative samples from the dataset [22]. It examines the samples and compares the corresponding class levels with the majority class neighbors. This combined method is specifically beneficial when the class imbalance rate is severe. Applying the SMOTE-ENN approach resulted in a nearly balanced distribution for both datasets. Specifically, the Kaggle dataset consisted of 2655 cases belonging to the negative class and 3256 instances belonging to the positive class. In the case of the UCI dataset, there were 2879 negative cases and 2973 positive cases reconstructed after the process. These results demonstrate that the approximate balance ratio is 0.82 for the Kaggle dataset and 0.97 for the UCI dataset. The working procedure of SMOTE-ENN is depicted in Fig. 2, illustrating how synthetic instances are generated for the minority class using SMOTE and how ENN is refining the dataset by removing noisy samples.

### 3.3. Feature selection and data splitting

The feature selection method is crucial in reducing the model dimension and developing a predictive model. It is an essential concept in ML that significantly influences the model’s performance and execution time. There are three main categories of feature selection methods: filter, wrapper, and embedded. Among these, filter methods are more scalable and effectively deal with high-dimensional datasets. Several feature selection techniques exist in this type of feature selection method. In our study, we incorporated two widely recognized filter-based feature selection approaches (i.e., Univariate selection (UVS) and Information Gain Selection (IGS)). Numerous thyroid studies have witnessed efforts to utilize the mentioned feature selection techniques and achieved generalizable results [31–34]. These consistent findings and outcomes have motivated us to apply these feature selection techniques in our study.

#### 3.3.1. Univariate feature selection (UVS)

The UVS technique selects features according to their correlation with the goal variable. Here, we used the chi-square test, a univariate statistical method. It measured the dependency between the features based on the target variable. The higher chi-squared value of a feature indicates that the feature is more likely to be relevant to the target feature. Mathematically, the chi-square statistic is calculated using the formula expressed in Eq. (2). Where  $O_{ij}$  is the summation of the classes,  $E_{ij}$  is the number of considered feature possible values.

$$X^2 = \sum_{ij} \left( (O_{ij} - E_{ij})^2 / E_{ij} \right); \text{ where } E_{ij} = (\text{total row} \times \text{total column}) / \text{sample size} \tag{2}$$

#### 3.3.2. Information gain feature selection (IGS)

IGS utilizes information theory to determine the interdependency between features and the target variable, thereby effectively identifying the most informative attributes. This selection technique commonly uses the tree-based algorithm working procedures. It measures the reduction of entropy in the target variable achieved by splitting the dataset based on the value of a particular feature. Mathematically, entropy is defined as in Eq. (3), where  $E(Y)$  is the entropy of target variable  $Y$ ,  $c$  is the number of classes, and  $P_i$  is the probability of class  $i$  occurring in  $Y$ .

$$E(Y) = - \sum_{i=1}^c P_i \log_2(P_i) \tag{3}$$

When a dataset is split based on a feature  $X$ , the information gain  $IG(X)$  is calculated as the difference between the entropy and a target variable before and after the split, stated in Eq. (4). Where  $E(Y|X)$  is the conditional entropy, calculated in Eq. (5), wherein  $v$  refers the number of unique values of feature  $X$ ,  $P(X_i)$  indicates the probability of occurrence of value  $X_i$  in feature  $X$ , and finally,  $E(Y|X_i)$  is the entropy of  $Y$  given that feature  $X$  takes the value  $X_i$ . Features with higher  $IG$  are considered more relevant for predicting the target variable and selected for the study.

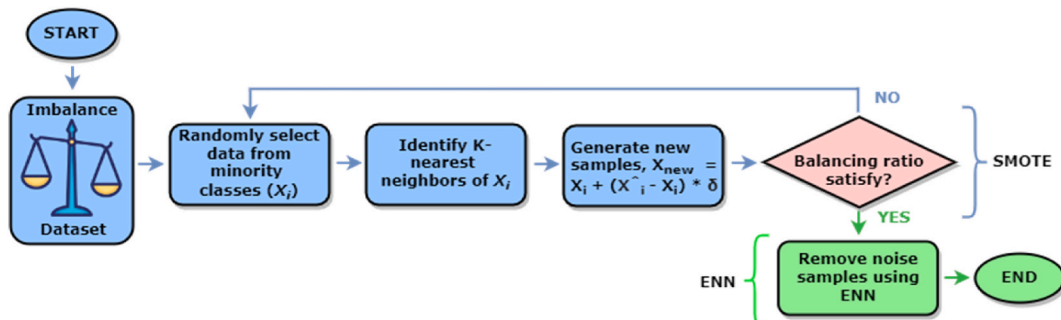


Fig. 2. Working diagram of SMOTE-ENN to produce synthetic instances and eliminate the noisy samples.

$$IG(X) = E(Y) - E(Y|X) \quad (4)$$

$$E(Y|X) = \sum_{i=1}^v P(X_i) \times E(Y|X_i) \quad (5)$$

As shown in Table 2, we identified the 12 most essential characteristics using both methods from the initial feature sets [35]. By exploiting these significant characteristics, we hope to simplify the model's input variables, improve its predictive performance, and maximize the model's overall effectiveness. Therefore, we explore the predictive power of these features in the experimental section.

### 3.3.3. Data splitting

To effectively evaluate the performance of our model, we partitioned the processed dataset and the reduced feature sets into different subsets: 70 %, 80 %, and 90 % for training, and correspondingly, 30 %, 20 %, and 10 % for testing. Table 3 shows the representativeness of the sample size after applying these different train-test ratios. By employing multiple training and testing splits, we aim to capture the variability in the data and obtain a more comprehensive understanding of the model's performance across different scenarios. To ensure the reliability of our evaluation, we adopt the practice of averaging the obtained results from multiple testing splits. This approach enables us to get a more accurate and representative measure of the model's performance by mitigating the potential bias introduced by a single train-test split.

### 3.4. Machine learning baseline and proposed classifiers

We initially employ three traditional Machine Learning classifiers—Random Forest (RF), Decision Tree (DT), and K-nearest Neighbor (KNN). During the training of the dataset, the GridSearchCV is utilized to explore the fine-tuned parameters. Subsequently, we present two hybrid classifiers, RDKVT and RDKST, by combining these baseline classifiers with the help of the Voting and Stacking ensemble approaches.

#### 3.4.1. Random Forest

Random Forest (RF) is a pliable supervised ML algorithm widely used in healthcare to analyze patients' medical histories and diagnose diseases. RF creates numerous decision trees and blends them to generate a more accurate and reliable prediction. It uses the Gini Index as a selection criterion for attributes, which assesses an attribute's impurity concerning classes. RFs are robust against overfitting, effectively handle high-dimensional data, and provide feature importance measures.

#### 3.4.2. Decision tree

A decision tree (DT) functions by segmenting the input data into subsets iteratively based on the value of one of its properties. The goal of DT is to build a training model that can forecast the value of the target variable by mastering basic decision rules. The algorithm selects the best feature to split the data at each node, aiming to maximize information gain or minimize impurity. This process continues until a stopping criterion is met, producing leaf nodes representing the final predictions. There are several variants of DT available, and in this study, we used the C4.5 algorithm due to its ease of implementation and interpretability.

#### 3.4.3. K-nearest neighbors

The K-Nearest Neighbor (KNN) algorithm attempts to determine the optimal class for the test data by calculating the distance between the test data and the training points. KNN can be modified in a variety of ways, giving a boost to several KNN types or modifications. This algorithm is robust to training data with such a large amount of noise and will be sufficient if the training data is substantial. KNN primarily operates by determining the Euclidean distance between each raw set of training data and the test data.

**Table 2**

A list of selected features with rank values using two feature selection techniques for both Kaggle and UCI datasets.

Kaggle dataset				UCI dataset			
UVS selected features		IGS selected features		UVS selected features		IGS selected features	
Name	Score	Name	Score	Name	Score	Name	Score
T3	6184.89	T3	0.5406	TT4	8290.95	FTI	0.6328
age	1474.32	age	0.4562	FTI	6005.52	TT4	0.4353
TT4	626.66	TT4	0.4285	TSH	2165.33	TSH	0.4314
T3-M	563.17	FTI	0.4218	T3	1958.23	T3	0.4311
On-T	381.73	TSH	0.3418	TSH-M	393.49	T4U	0.4134
TSH-M	232.64	sex	0.1779	On-T	342.71	age	0.3173
TT4-M	232.31	T3-M	0.0542	T4U	278.40	sex	0.1427
QU-HE	204.56	TT4-M	0.0375	T4U-M	254.39	T4U-M	0.0310
psych	148.23	On-T	0.0373	TT4-M	253.87	TSH-M	0.0304
T4U	128.78	psych	0.0202	FTI-M	253.11	On-T	0.0301
T4U-M	92.59	TSH-M	0.0157	TBG-M	252.91	TT4-M	0.0254
sex	92.41	pregnant	0.0148	QU-HE	211.89	QU-HE	0.0186

**Table 3**

The representativeness size of samples used in the experiment from different train-test ratios for both Kaggle and UCI datasets.

Train-test ratio	Kaggle dataset			UCI dataset		
	Training	Testing	All	Training	Testing	All
70:30 %	4137	1774	5911	4096	1756	5852
80:20 %	4728	1183	5911	4681	1171	5852
90:10 %	5319	592	5911	5266	586	5852

**3.4.4. Proposed hybrid RDKVT classifier**

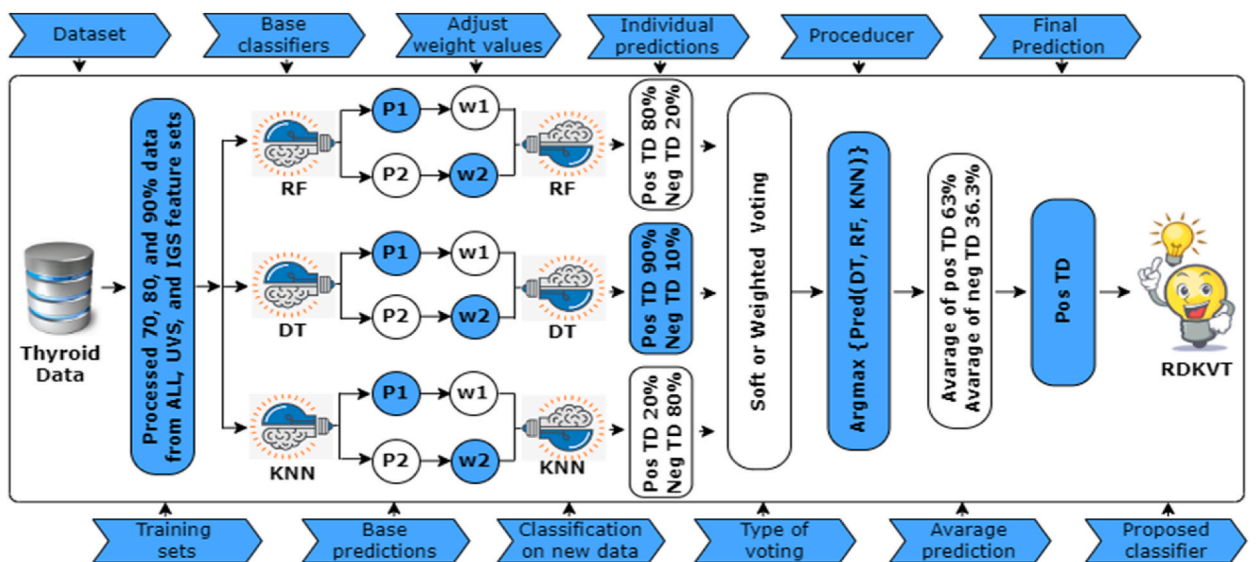
Lately, there has been a growing emphasis among researchers on developing hybrid classifiers to tackle the challenges associated with using single classifiers. A single traditional classifier may exhibit sensitivity to specific data types, have limited capacity to capture diverse aspects of the dataset, and potentially be biased towards certain scenarios. By leveraging the collective power of multiple classifiers simultaneously, each classifier can capture distinct facets of the data from different viewpoints. The individual strengths of each classifier make the final hybrid classifier achieve more robust and generalized outcomes. Hence, we are motivated to combine the RF, DT, and KNN classifiers using the Voting (VT) ensemble method. Which makes the final prediction based on the highest probability of the chosen class, aiming to enhance the prediction accuracy and robustness of the model. Two different voting schemes, namely hard and soft VT, are available in this approach. In this study, we employ soft Voting, which is compatible with all classifiers and calculates the average probability score for all classes to generate the final prediction. By using soft voting, the developed classifier operates according to Eqs. (6)–(8), where  $X_{tr}$  and  $X_{te}$  represent the training and testing data.

$$RDKVT_{train} = \{RF(X_{tr}), DT(X_{tr}), KNN(X_{tr})\} \tag{6}$$

$$RDKVT_{test} = \{RF(X_{te}), DT(X_{te}), KNN(X_{te})\} \tag{7}$$

$$RDKVT_{pred} = \operatorname{argmax} \{(pred_1), (Pred_2), (Pred_3)\} \tag{8}$$

After training and evaluating the individual ML classifiers RF, DT, and KNN, the obtained predictions are derived as  $Pred_1$ ,  $Pred_2$ , and  $Pred_3$ , respectively. The final prediction generates the most significant sum of weighted probabilities. The procedure of the RDKVT classifier is shown in Fig. 3. In this ensemble approach, RF brings the benefit of reducing overfitting and handling high-dimensional data by constructing multiple decision trees with random feature selection and bootstrap sampling. Subsequently, DT provides interpretability and the ability to capture complex decision boundaries, and KNN handles non-linear relationships. By combining these models through the VT ensemble method, we can exploit the strengths of each model while mitigating their weaknesses. Thus, it can capture a broader range of patterns and relationships, improving overall prediction performance. Detailed steps of this hybrid model are illustrated in Algorithm 1. This algorithm provides all precious steps, including data processing, data splitting, individual training, evaluating these sets using three baseline classifiers and aggregating their predictions, and finally executing the result for a new sample based on the proposed classifier. The aggregation of different models specialized in handling specific data types can be integrated to create a more versatile classifier. Therefore, it has the greater ability to dynamically adapt to changing conditions or drift in data



**Fig. 3.** Outlining the procedures (including processed training set, fitting base classifiers, and functional stages of soft Voting) of the proposed RDKVT classifier (TD refers to Thyroid).

patterns.

**Algorithm 1**

Showcasing the Major Working Steps of RDKVT.

<p>1: 2: 3: 4: 5: 6: 7: 8: 9: 10: 11: 12: 13: 14: 15: 16: 17: 18: 19: 20: 21: 22:</p>	<p><b>Inputs:</b> Dataset, <math>D = \sum_{i=1}^M (X_i, Y_i)</math>  <b>Outputs:</b> Classify whether the thyroid is affected or not  <math>D^{(a)}</math> <math>\diamond</math> <math>D.drop([T\ BG], axis = columns)</math>  <math>D^{(b)}</math> <math>\diamond</math> <math>MedianImpute(D^{(a)})</math>  <math>D^{(c)}</math> <math>\diamond</math> <math>LabelEncoder(D^{(b)})</math>  <math>D^{(d)}</math> <math>\diamond</math> <math>SMOTEENN(D^{(c)})</math>  <math>X_i, Y_i</math> <math>\diamond</math> <math>input(D^{(d)} (N \times M matrix)), output(N \times 1 vector)</math>  <math>X_{tr7}, Y_{tr7}, X_{te3}, Y_{te3}</math> <math>\diamond</math> <math>TrainTestSplit(X_i, Y_i, 0.3)</math>  <math>X_{tr8}, Y_{tr8}, X_{te2}, Y_{te2}</math> <math>\diamond</math> <math>TrainTestSplit(X_i, Y_i, 0.2)</math>  <math>X_{tr9}, Y_{tr9}, X_{te1}, Y_{te1}</math> <math>\diamond</math> <math>TrainTestSplit(X_i, Y_i, 0.1)</math>  <b>while</b> (execute – different – TrainTestSets) <b>do</b>          <math>BC^{(1)}</math> <math>\diamond</math> <math>RandomForest(X_{tr_i}, Y_{tr_i}, Y_{te_i})</math>          <math>BC^{(2)}</math> <math>\diamond</math> <math>DecisionTree(X_{tr_i}, Y_{tr_i}, Y_{te_i})</math>          <math>BC^{(3)}</math> <math>\diamond</math> <math>KNearrestNeighbors(X_{tr_i}, Y_{tr_i}, Y_{te_i})</math>  <b>end while</b>  <b>procedure</b> RDKVT(<math>X_{tr_i}, Y_{tr_i}, Y_{te_i}</math>)          RDKVT <math>\diamond</math> <math>argmax(BC^1, BC^2, and BC^3)</math>  <b>while</b> (fitting – different – TrainTestSets)          RDKVT <math>\diamond</math> RDKVT.fit(<math>X_{tr_i}, Y_{tr_i}</math>)  <b>end while</b>          Result <math>\diamond</math> RDKVT.predict(New-sample)  <b>Return</b> Result</p>
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3.4.5. Proposed hybrid RDKST classifier

We have introduced another hybrid classifier to identify the strengths of different ensemble methods and provide flexibility in model deployment. In the proposed RDKST classifier, we again combined the RF, DT, and KNN classifiers using the Stacking (ST) ensemble method. By incorporating the ST ensemble method, we aim to further explore and leverage the advantages of ensemble modeling for our specific problem. The ST ensemble method is a powerful technique that combines multiple models to achieve improved accuracy and robustness. In the RDKST classifier, we train a meta-model on the predictions made by the base classifiers. The base classifiers (RF, DT, and KNN) generate predictions on the input data, and these predictions are subsequently used as inputs for the meta-model. Here we used Logistic Regression (LG) as a meta-model to train the base predictions from the base estimators. The working functions of our proposed RDKST classifier are stated in Eqs. (9)–(11).

$$Base_{pred} = \{RF(X_{tr}), DT(X_{tr}), KNN(X_{tr})\} \tag{9}$$

$$Input_{LG} = Base_{pred}(x_i) \tag{10}$$

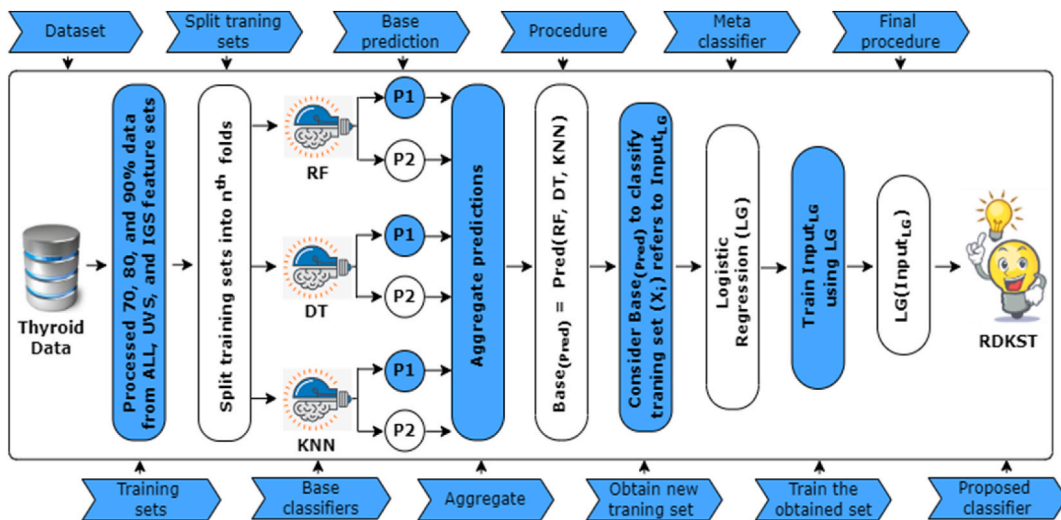


Fig. 4. Outlining the procedures (includes processed training set, fitting base classifiers, and functional stages of Stacking) of the proposed RDKST classifier.



$$RDKST = 1 / 1 + \exp\{- (\partial^0 + \partial^1(Input_{LG1}) + \partial^2(Input_{LG2}) + \dots + \partial^n(Input_{LGn}))\} \quad (11)$$

where,  $Base_{pred}$  refers to the predictions from base classifiers, which are further used in Eq. (10) to classify the training instances  $x_i$ , these classified training instances are used as inputs for a meta classifier, namely LG. Finally, Eq. (11) states the procedure of the meta classifier,  $\partial^0$  is the intercept, and  $\partial^1$  to  $\partial^n$  is the coefficient of the generated input features  $Input_{LG1}$  to  $Input_{LGn}$ . By combining the RF, DT, and KNN classifiers using the ST ensemble method, the RDKST classifier takes advantage of the complementary strengths of each classifier. Where RF is known for its robustness and ability to handle high-dimensional data, DT is adept at capturing complex decision boundaries, and KNN excels in identifying local patterns and similarities. Through the ST ensemble approach, the RDKST classifiers aim to improve the overall predictive performance by leveraging the collective knowledge and expertise of the base classifiers. Fig. 4 represents the working process of the RDKST classifier. Furthermore, to address diverse learning preferences, we have shown an inclusive strategy of this method in Algorithm 2. Compared to the RDKDT, the step employed in this model is identical for data processing, splitting, and execution processes. The main difference is instead of evaluating the outcome based on first-level prediction ( $Base_{pred}$ ), it used the first-level prediction as a new training set for LG. LG is trained on the outputs of  $Base_{pred}$ , allowing it to capture complex relationships and dependencies. The potential superiority of RDKST lies in its ability to adaptively learn and optimize the combination of diverse base models based on the characteristics of the data.

#### Algorithm 2

Showcasing the Major Working Steps of RDKST.

<pre> 1: 2: 3: 4: 5: 6: 7: 8: 9: 10: 11: 12: 13: 14: 15: 16: 17: 18: 19: 20: 21: 22: 23: 24: </pre>	<pre> <b>Inputs:</b> Dataset, <math>D = \sum_{i=1}^M (X_i, Y_i)</math>, Meta classifiers = LG <b>Outputs:</b> Classify whether the thyroid is affected or not <math>D^{(a)}</math> <math>\diamond</math> <math>D.drop([TBG], axis = columns)</math> <math>D^{(b)}</math> <math>\diamond</math> <math>MedianImpute\{D^{(a)}\}</math> <math>D^{(c)}</math> <math>\diamond</math> <math>LabelEncoder\{D^{(b)}\}</math> <math>D^{(d)}</math> <math>\diamond</math> <math>SMOTEENN\{D^{(c)}\}</math> <math>X_i, Y_i</math> <math>\diamond</math> <math>input\{D^{(d)}\}</math> (<math>N \times M</math> matrix), output (<math>N \times 1</math> vector) <math>Xtr_7, Ytr_7, Xte_3, Yte_3</math> <math>\diamond</math> <math>TrainTestSplit(X_i, Y_i, 0.3)</math> <math>Xtr_8, Ytr_8, Xte_2, Yte_2</math> <math>\diamond</math> <math>TrainTestSplit(X_i, Y_i, 0.2)</math> <math>Xtr_9, Ytr_9, Xte_1, Yte_1</math> <math>\diamond</math> <math>TrainTestSplit(X_i, Y_i, 0.1)</math> <b>while</b> (execute – different – TrainTestSets) <b>do</b>   <math>BC^{(1)}</math> <math>\diamond</math> <math>RandomForest(Xtr_i, Ytr_i, Yte_i)</math>   <math>BC^{(2)}</math> <math>\diamond</math> <math>DecisionTree(Xtr_i, Ytr_i, Yte_i)</math>   <math>BC^{(3)}</math> <math>\diamond</math> <math>KNearestNeighbors(Xtr_i, Ytr_i, Yte_i)</math> <b>end while</b> <math>Base_{pred}</math> <math>\diamond</math> concatenate (<math>BC^1, BC^2</math>, and <math>BC^3</math>) <b>for</b> <math>i = 1; i &lt; M; i++</math> <b>do</b>   Apply <math>Base_{pred}</math> to classify training instances <math>X_i</math>   <math>X_i</math> <math>\diamond</math> <math>Base_{pred}(X_i)</math>   <math>Input_{LG}</math> <math>\diamond</math> (<math>X_i^{\partial}, Y_i</math>), where <math>X_i^{\partial}</math> <math>\diamond</math> (<math>X_{1i}, \dots, X_{Mi}</math>) <b>end for</b> <math>RDKST</math> <math>\diamond</math> <math>LG\{Input_{LG}\}</math> <b>Result</b> <math>\diamond</math> <math>RDKST.predict(New-sample)</math> <b>Return</b> <b>Result</b> </pre>
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### 3.5. Prevention overfitting from the proposed classifiers

In this study, we proposed two hybrid ML classifiers for effective thyroid disease classification. However, atypical data conditions can affect their generalizability, possibly leading to overfitting during classification. To address this, we used several preprocessing techniques to clean the dataset, removing missing values and minimizing noise. We also tackled class imbalance for balanced distribution and selected relevant features to improve model performance. These steps aim to lower overfitting risk and enhance classifier generalizability. Then, we developed the proposed classifiers by integrating multiple baseline classifiers using ensemble methods to reduce individual biases and capture diverse perspectives, thereby mitigating overfitting. Furthermore, the integrated baseline classifiers were trained with a fine-tuned set of parameters to control the learning process. In this regard, we used the GridSearchCV, which automates the hyperparameter tuning process by systematically exploring the hyperparameter space and identifying the optimal configuration for the model. Table 4 illustrates the best parameter of our employed traditional classifiers for different feature sets. By utilizing these aforementioned methodologies, we can hypothesize that our proposed classifiers are less susceptible to overfitting and capable of producing more generalized results.

### 3.6. Performance evaluation metrics

To validate the effectiveness of our proposed classifiers, we conducted a comprehensive evaluation using various performance evaluation scores such as accuracy (ACC), precision (PRE), recall (REC), f1-score (F1S), the area under the curve (AUC), and cohen

**Table 4**

Utilized the set of fine-tuned parameters for employed baseline classifiers in different feature sets by using GridsearchCV.

Feature set	RF	DT	KNN
ALL Features	n_estimator = 10, random_state = 10, max_depth = 7, max_features = 'sqrt'	max_depth = 5, random_state = 5, criterion = 'entropy', splitter = 'best'	n_neighbors = 10, leaf_size = 25, metric = 'minkowski', algorithm = 'brute'
UVS Features	n_estimator = 8, random_state = 15, max_depth = 5, max_features = 'sqrt'	max_depth = 8, random_state = 15, criterion = 'gini', splitter = 'best'	n_neighbors = 15, leaf_size = 30, metric = 'minkowski', algorithm = 'auto'
IGS Features	n_estimator = 7, random_state = 10, max_depth = 10, max_features = 'sqrt'	max_depth = 5, random_state = 20, criterion = 'gini', splitter = 'best'	n_neighbors = 5, leaf_size = 30, metric = 'minkowski', algorithm = 'auto'

kappa score (CKS). The ACC calculates the ratio of correctly identified samples to the total number of instances. PRE quantifies the model's ability to identify positive cases accurately. REC assesses the model's ability to capture all positive samples. F1S comprehensively evaluates the model's prediction ability by combining PRE and REC. The AUC evaluates a model's ability to differentiate between positive and negative classes, and CKS assesses inter-rater reliability for qualitative items.

Additionally, we analyzed two predictive rates: false positive rate (FPR) and false negative rate (FNR). The FPR measures the rate at which the classifier incorrectly predicts the positive class, while the FNR measures the rate at which the classifier fails to classify positive cases accurately. Subsequently, to assess the computational efficiency of the classifiers, we analyzed the required computation time for accessing individual predictions, which aids in determining the practical applicability of our proposed classifiers. We also evaluated the performance of the classifiers using the log loss metric, which measures the logarithmic loss between the predicted probabilities and the actual labels.

Moreover, the Mann-Whitney U statistic is a non-parametric test employed to determine whether there is a significant difference between two independent groups in terms of variable distribution. It assesses whether two independent samples come from the same population or have similar distributions. Mathematically illustrated in Eq. (12), the statistical value  $U$  can be calculated using the following formula, where  $R_1$  and  $R_2$  are the sum of ranks;  $n_1$  and  $n_2$  are the sizes of the first and second samples, respectively. The total number of possible pairs  $n_1 \times n_2$  is used to calculate the maximum possible value of  $U$ . After that, it can be compared to the critical value from the Mann-Whitney U distribution or used to calculate the P-value to decide on the null hypothesis.

$$U_1 = n_1 n_2 + \frac{n_1(n_1 + 1)}{2} - R_1 ; U_2 = n_1 n_2 + \frac{n_2(n_2 + 1)}{2} - R_2 \quad (12)$$

Furthermore, we used another non-parametric statistical test named Mood's Median Test to determine whether the medians of the two groups are significantly different. It extends the median test for two independent samples to multiple groups. The test counts the number of observations in each group that are both above and below the total group median of the aggregated data. The working formula of this test is stated in Eq. (13). Where  $O_{IAM}$  and  $O_{IBM}$  are the observed frequencies of  $i^{th}$  samples above and below the median, respectively;  $E_{IAM}$  and  $E_{IBM}$  are the expected frequencies of  $i^{th}$  samples above and below the median, respectively.

$$\alpha = \sum_{i=1} \frac{(O_{IAM} - E_{IAM})^2}{E_{IAM}} + \sum_{i=1} \frac{(O_{IBM} - E_{IBM})^2}{E_{IBM}} \quad (13)$$

### 3.7. Explainable AI

In ML, explainability refers to elucidating a model's inner workings, specifically understanding the relationship between its input and output and the underlying reasons for such connections. This concept aims to address the black box problem by enhancing the interpretability of models, allowing users to gain insights into their decision-making processes. There are multiple popular methodologies used for model interpretability, such as Local Interpretable Model-agnostic Explanation (LIME), Shapley Additive Explanation (SHAP), Permutation Feature Importance (PFI), and Anchor. However, the LIME and Anchor-based techniques can be sensitive, leading to potential inconsistencies for similar samples [36,37]. These techniques are primarily designed to explain local behaviors [38,39], meaning they provide insights into individual instances without considering the interaction at the global scale. Moreover, PFI values can vary between different runs of the permutation process, leading to instability in feature rankings and interpretations [40]. In contrast, SHAP provides consistency and stable explanations, ensuring the reliability of local behaviors and offers both local and global explanations [41]. Originating from the concepts of cooperative game theory, SHAP values offer a comprehensive way to evaluate the relative relevance of distinct characteristics in prediction models. This is achieved by evaluating each feature's influence on

**Table 5**

The performed accuracy (ACC), precision (PRE), recall (REC), f1-score (F1S), the area under the curve (AUC), and Cohen's Kappa score (CKS) for the Kaggle dataset.

Feature sets	Classifiers	ACC	PRE	REC	F1S	AUC	CKS
All features	RF	0.9561	0.9649	0.9390	0.9517	0.9866	0.9115
	DT	0.9465	0.9323	0.9477	0.9399	0.9704	0.8917
	KNN	0.9375	0.9047	0.9537	0.9286	0.9834	0.8713
	RDKVT	0.9618	0.9348	0.9790	0.9564	0.9952	0.9223
	RDKST	0.9774	0.9624	0.9896	0.9758	0.9957	0.9566
UVS features	RF	0.9662	0.9292	0.9946	0.9611	0.9940	0.9313
	DT	0.9622	0.9523	0.9632	0.9577	0.9867	0.9237
	KNN	0.8947	0.8797	0.8776	0.8836	0.8986	0.7875
	RDKVT	0.9741	0.9436	0.9986	0.9703	0.9958	0.9474
	RDKST	0.9774	0.9719	0.9749	0.9765	0.9979	0.9545
IGS features	RF	0.9746	0.9761	0.9677	0.9719	0.9939	0.9761
	DT	0.9718	0.9423	0.9947	0.9678	0.9889	0.9428
	KNN	0.9634	0.9260	0.9919	0.9578	0.9936	0.9256
	RDKVT	0.9831	0.9674	0.9948	0.9809	0.9990	0.9657
	RDKST	0.9898	0.9799	0.9974	0.9886	0.9995	0.9794

predictions while considering all potential feature combinations and their contributions. By using a feature importance plot that incorporates SHAP values to rank the input features according to their impacts, the prediction outcomes of the model are evaluated. The contribution of each input characteristic to the final estimate for the data instance is quantified by Eq. (14). Where  $f$  refers to a feature,  $x$  is a data instance,  $SHAP_x(f)$  is the calculated SHAP value,  $F$  indicates the subset of  $f$ ,  $|F|$  refers the size of  $F$ ,  $x^F$  is the outcome of predicted model for  $x$  with  $F$ , and  $x^{F \setminus f}$  refers to the outcome of predicted model for  $x$  with  $F$  excluding  $f$ .

$$SHAP_x(f) = \sum_{F: f \in F} \left( |F| \times \frac{f}{|F|} \right)^{-1} (x^F - x^{F \setminus f}) \quad (14)$$

Although SHAP has numerous advantages over other interpretable techniques, it has some drawbacks. Specifically, it can be computationally expensive and may not always provide intuitive explanations in all cases. Additionally, interpreting the influential characteristics and their corresponding values can be challenging. We employed carefully optimized parameters to address such limitations while developing our proposed classifiers. This optimization aimed to reduce the computational complexity of our models calculating SHAP values. Regarding the other limitations, we provided additional context and domain-specific knowledge in the subsection dedicated to developing an interpretable model. By incorporating relevant information and explanations, we aimed to bridge the gap between the SHAP explanations and their practical understanding. Also, we employed interactive plots that effectively represent the SHAP values and highlight the influential characteristics. Through this visualization, we aimed to make complex information more accessible and facilitate user interpretation. Furthermore, we provided comparative visualizations of two different examples, which contribute to a better understanding of the model's behavior and provide valuable insights into the factors driving the model's predictions.

## 4. Experiment and results

This section has conducted a comprehensive comparative analysis to evaluate the models that were used using various performance indicators across three distinct feature sets. This analysis aims to identify the classifier with the feature set that yields the highest performance. Subsequently, an interpretable thyroid classification model was developed by incorporating SHAP and the highest-performing classifier with the feature set.

### 4.1. Experimental Setup

Modeling experiments were performed on computer hardware featuring an Intel Core i3 processor, 10th generation, running at 3.3 GHz with 4 GB of RAM to evaluate the performance of both the proposed and baseline classifiers. Colab Notebook, a cloud-based Jupyter Notebook environment, provided the framework for creating and testing the approaches. The availability of several libraries—such as Scikit-learn, Matplotlib, Pandas, and NumPy—that are necessary for machine learning models made this decision easier.

### 4.2. Analysis of the various performance scores

Several classification scores were measured, including ACC, PRE, REC, F1S, AUC, and CKS to compare the different feature sets. Table 5 presents a comparative representation of these performed scores for the Kaggle dataset. This table demonstrates both RDKVT and RDKST are able to obtain high and generalized scores. Specifically, the RDKST achieved the highest ACC of 0.9898 when utilizing the IGS-selected features. Similarly, the RDKST achieved a robust PRE score of 0.9799 with the IGS-selected features, closely followed by the RF classifier with a score of 0.9761. The RDKVT attained the highest REC score of 0.9986 when utilizing the UVS features.

**Table 6**

The performed accuracy (ACC), precision (PRE), recall (REC), f1-score (F1S), the area under the curve (AUC), and Cohen's Kappa score (CKS) for the UCI dataset.

Feature sets	Classifiers	ACC	PRE	REC	F1S	AUC	CKS
All features	RF	0.9406	0.9523	0.9317	0.9443	0.9802	0.9074
	DT	0.9358	0.9357	0.9334	0.9341	0.9732	0.9005
	KNN	0.9467	0.9494	0.9447	0.9479	0.9870	0.9131
	RDKVT	0.9594	0.9618	0.9510	0.9588	0.9936	0.9192
	RDKST	0.9656	0.9624	0.9695	0.9674	0.9910	0.9526
UVS features	RF	0.9620	0.9704	0.9611	0.9658	0.9883	0.9293
	DT	0.9612	0.9573	0.9661	0.9633	0.9878	0.9210
	KNN	0.9646	0.9707	0.9611	0.9679	0.9886	0.9263
	RDKVT	0.9715	0.9823	0.9696	0.9777	0.9905	0.9394
	RDKST	0.9742	0.9749	0.9725	0.9765	0.9938	0.9486
IGS features	RF	0.9703	0.9781	0.9691	0.9710	0.9920	0.9526
	DT	0.9667	0.9614	0.9717	0.9686	0.9893	0.9488
	KNN	0.9711	0.9635	0.9820	0.9743	0.9911	0.9542
	RDKVT	0.9807	0.9888	0.9776	0.9839	0.9968	0.9610
	RDKST	0.9861	0.9839	0.9894	0.9843	0.9980	0.9732

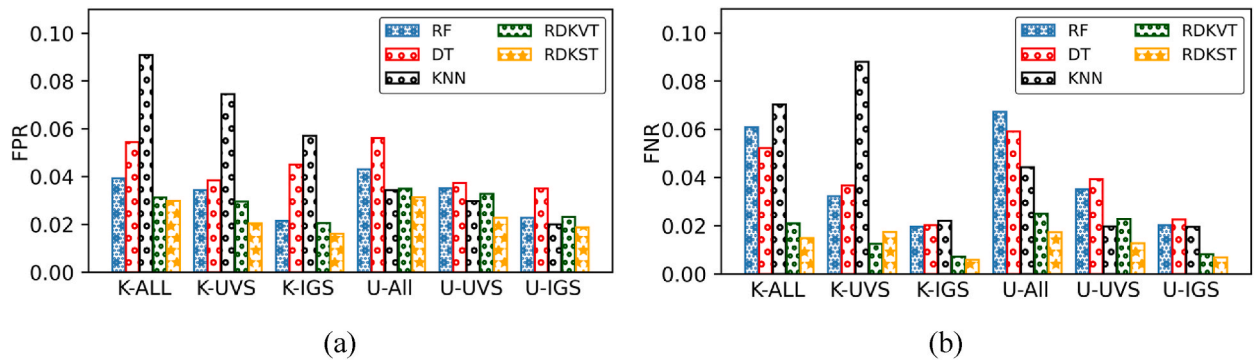


Fig. 5. Performed false positive rate (FPR (a)) and false negative rate (FNR (b)) rates for used classifiers on both Kaggle (K) and UCI (U) datasets.

Table 7

Analysis of the computation time (in ms) and log loss (%) for Kaggle and UCI datasets over various feature sets.

Per-formed classifiers	Kaggle dataset						UCI dataset					
	Compilation time			Log loss			Compilation time			Log loss		
	ALL	UVS	IGS	ALL	UVS	IGS	ALL	UVS	IGS	ALL	UVS	IGS
RF	36.7	32.7	26.3	1.51	1.16	0.87	33.6	29.3	24.9	1.72	1.32	0.94
DT	24	20.9	21.5	1.84	1.30	0.97	30	21.7	22.3	1.97	1.39	1.09
KNN	508	217	224	2.15	3.63	1.26	445	198	202	1.63	1.22	0.88
RDKVT	520	282	277	1.32	0.89	0.58	478	267	221	1.47	0.91	0.67
RDKST	470	243	257	0.73	0.77	0.34	504	232	249	1.25	0.83	0.48

Considering the F1S, the KNN obtained the lowest score of 0.8836 with the UVS features. In contrast, the RDKST achieved the highest F1S of 0.9886 with the IGS features. Regarding the AUC score, both hybrid classifiers, RDKVT and RDKST, demonstrated high and generalized scores. Specifically, for the IGS-selected features, the RDKVT classifier achieved an AUC score of 0.9990, while the RDKST achieved an even higher score of 0.9995. On the contrary, the UVS-based features have obtained 0.9958 and 0.9978 AUC scores from RDKVT and RDKST, respectively. Furthermore, when evaluating the CKS, the proposed RDKST outperformed other classifiers with a score of 0.9794 for IGS-selected features, indicating excellent agreement between the model predictions and the actual class values.

Afterward, Table 6 represents a comparative overview of these performance indicators for the UCI dataset. Regarding ACC, the RDKST again obtained robust scores of 0.9861 with IGS-selected features. The attained rate is nearly comparable to the highest-performing outcome recorded in the Kaggle dataset. Regarding PRE, another proposed RDKVT yields remarkable scores of 0.9888 when employing the same feature set. When concentrating on the REC and F1S scores, it is visible that the RDKST significantly has 0.9894 and 0.9843 scores, respectively. Regarding the AUC score, most of the performing classifiers have demonstrated high and generalized scores with IGS-based selected features. Specifically, the RDKVT and RDKST classifiers achieved 0.9968 and 0.9980 AUC scores, respectively. Furthermore, the proposed RDKST outperformed with a 0.9732 CKS score for IGS-selected features, indicating excellent agreement between the model predictions and the actual class values. These results demonstrate the effectiveness of the RDKST using the IGS features, as indicated by its high ACC, PRE, REC, F1S, AUC, and CKS. The outcomes from different performance

Table 8

Evaluate the statistical significance between two independent groups (thyroid and non-thyroid) by using the Mann-Whitney U Statistical Test.

Kaggle Dataset										
Employed classifiers	ALL features ( $\alpha = 0.05$ )			UVS features ( $\alpha = 0.05$ )			IGS features ( $\alpha = 0.05$ )			
	P-Value	U Test	SGNF	P-Value	U Test	SGNF	P-Value	U Test	SGNF	
RF	0.0747	246124	(x)	0.0416	278421	(✓)	0.0461	318499	(✓)	
DT	0.7638	167246	(x)	0.0718	229867	(x)	0.0519	263345	(x)	
KNN	1.3413	135678	(x)	0.2461	197781	(x)	0.0524	226578	(x)	
RDKVT	0.0057	195278	(✓)	0.0403	308754	(✓)	0.0497	325142	(✓)	
RDKST	0.0023	225982	(✓)	0.0021	293454	(✓)	0.0015	326459	(✓)	
UCI Dataset										
RF	0.0675	184151	(x)	0.1156	198713	(x)	0.0413	245638	(✓)	
DT	1.3413	107031	(x)	1.1835	184907	(x)	0.0575	175645	(x)	
KNN	1.5678	118109	(x)	0.8961	179337	(x)	1.5876	176324	(x)	
RDKVT	0.0945	173192	(x)	0.0509	215095	(x)	0.0477	246144	(✓)	
RDKST	0.0021	167523	(✓)	0.0016	227552	(✓)	0.0025	275559	(✓)	

**Table 9**

Evaluate the statistical significance between two independent groups (thyroid and non-thyroid) by using the Mood's Median Test.

(Kaggle Dataset, UCI Dataset)						
Employed classifiers	ALL features ( $\alpha = 0.05$ )		UVS features ( $\alpha = 0.05$ )		IGS features ( $\alpha = 0.05$ )	
	P-Value	SGNF	P-Value	SGNF	P-Value	SGNF
RF	(0.0347, 1.5678)	(✓, ×)	(0.0716, 1.8182)	(×, ×)	(0.0377, 0.1001)	(✓, ×)
DT	(0.7638, 1.3413)	(×, ×)	(0.0418, 0.1231)	(✓, ×)	(0.0661, 1.4555)	(×, ×)
KNN	(1.4657, 0.9675)	(×, ×)	(0.2461, 0.3417)	(×, ×)	(0.0519, 0.0891)	(×, ×)
RDKVT	(0.0513, 0.0425)	(×, ✓)	(0.0403, 0.0345)	(✓, ✓)	(0.0204, 0.0321)	(✓, ✓)
RDKST	(0.0123, 0.0321)	(✓, ✓)	(0.0112, 0.0214)	(✓, ✓)	(0.0041, 0.0035)	(✓, ✓)

metrics suggest that the IGS-based features possess significantly more potential than the UVS-based features.

#### 4.3. Analysis of misclassified false predictive rates

Fig. 5(a) and (b) provide a comparative representation of the FPR and FNR for all performing classifiers. In the case of FPR, KNN exhibits the highest FPR value of 0.0909 with UVS features for the Kaggle dataset. On the other hand, RDKST achieves the lowest FPR value of 0.016. with IGS features. Notably, the RDKST classifier demonstrates effective FPR rates for the UCI dataset, precisely 0.0187 with IGS features. Meanwhile, the DT classifier yields the highest FPR values for all feature sets. Regarding the FNR, RDKVT, and RDKST classifiers attain remarkable values for the Kaggle dataset, 0.0071 and 0.0058, respectively, for the IGS features set. With an identical set of features, these proposed classifiers achieve an admirable FNR rate of 0.0082 and 0.0068 for the UCI dataset. Conversely, the KNN and DT classifiers exhibit the highest FNR rates compared to others.

#### 4.4. Analysis of computation time and log loss

Table 7 provides insights into both datasets' computation time and log loss. In the Kaggle dataset, the DT exhibits the lowest computation time of 20.9 ms (ms) when using UVS features. On the other hand, the KNN and RDKVT require a significantly longer time, 508 and 520 ms for ALL features. RDKST shows relatively similar ranges from 250 to 550 ms across the different feature sets. Considering log loss, the KNN shows the highest loss of 3.63 %. In contrast, the RDKST has the lowest losses for all different feature sets. Regarding the UCI dataset, the RDKST demands the highest compilation time of 504 ms for ALL features, while DT takes relatively less time. In the case of the log loss, the RDKST significantly produces only a 0.48 % loss with the IGS-selected features.

#### 4.5. Analysis of the statistical significance

We have evaluated the Mann-Whitney U statistic to determine whether there is a difference between two independent groups. The P-value is determined by comparing the computed test statistic with a critical value or an approximation derived from the normal distribution. If the P-value falls below a pre-selected significance level ( $\alpha$ ), we reject the null hypothesis in favor of the alternative hypothesis, suggesting a difference between the paired measurements. The U Test represents the sum of ranks for one of the groups in the comparison. A larger U Test value indicates that the distribution of values for the first group is generally higher than the distribution of values for the second group. Here, we set the  $\alpha$  to 0.05 for all different feature subsets on both datasets. It represents the probability of rejecting a true null hypothesis, also known as a Type I error. In other words, the significance level is the threshold used to determine whether the observed results are statistically significant (SGNF). Table 8 represents the P-value, U Test, and SGNF for three different types of features on both datasets. This table demonstrates the sum of ranks is very high for all different classifiers (e.g., the proposed RDKST given 326459 and 275559 for the IGS feature set on both Kaggle and UCI datasets, respectively). The higher the U statistic, the more evidence there is that one group's values tend to be larger than the other. The p-value is close to zero, indicating strong evidence against the null hypothesis. The extremely small P-value (0.0015) suggests a highly significant result, indicating strong evidence to reject the null hypothesis that there is no difference between the two groups. As the P-value is lower than the significance level or  $\alpha$  for all subsets with different classifiers, it indicates a significant difference between the two groups and is statistically significant (✓).

Moreover, we performed another statistical test called the Mood's Median Test to assess the difference between two paired groups. Table 9 showcases the P-values of different sets of features for both the Kaggle and UCI datasets, where the first value in the P-value column indicates the value for the Kaggle dataset and the last value is for the UCI dataset. In the following column, the significance level is determined based on their corresponding P-values, whether the observed results are statistically significant (SGNF) or not. The sign (✓) indicates the pair of models has statistically significant differences, and the sign (×) represents the mentioned pair with no significant differences. This table illustrates the very small P-value for our proposed RDKVT and RDKST, indicating strong evidence against the null hypothesis in both Kaggle and UCI datasets.

Upon examining the overall results, we can infer that the RDKST classifier demonstrates superior performance for the Kaggle dataset when using IGS-selected features. Hence, our study suggests that the SMOTE-ENN, IGS, and RDKST approaches can be utilized for efficient thyroid detection. Therefore, the proposed interpretable model has been developed using the Kaggle IGS features set and RDKST classifier.

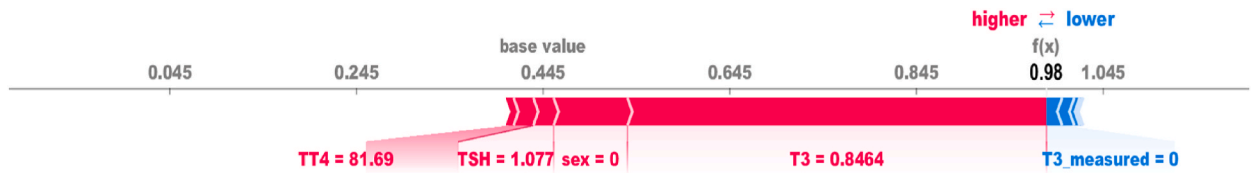


Fig. 6. Local Explanations generated by SHAP force plot, highlighting the most influential features for a random positive case.

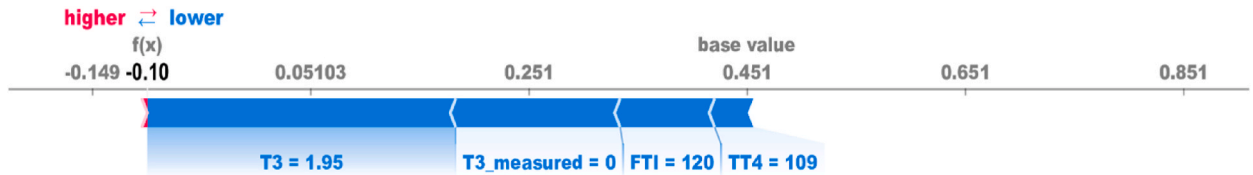


Fig. 7. Local Explanations generated by SHAP force plot, highlighting the most influential features for a random negative case.

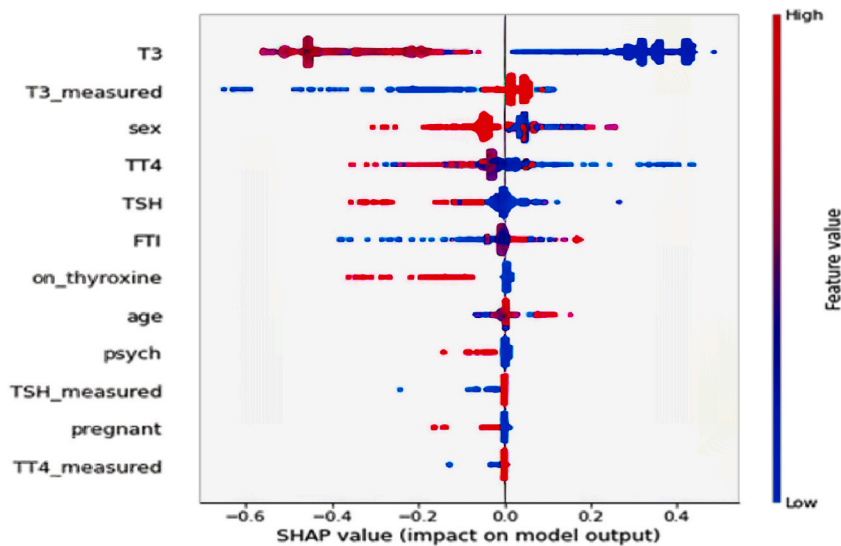


Fig. 8. Global Explanations generated by SHAP summary plot, highlighting the overall implications of used features in the diagnosis model.

#### 4.6. Developing an interpretable model

To develop an interpretable model, we have employed the SHAP in conjunction with the RDKST classifier trained in the Kaggle IGS-based selected features. SHAP provides valuable insights into the reasoning behind individual predictions, allowing us to understand why a particular instance is classified in a specific manner. To illustrate this, we have randomly selected two cases, one representing a patient with thyroid disease and the other without it. Fig. 6 presents the most influential features with their values that affect the model’s positive prediction. These features include T3, TSH, TT4, and sex, with their corresponding values of 0.8464, 1.077, 81.69, and 0 (female), respectively.

In Fig. 7, the model determines that the patient does not have thyroid disease, influenced by specific feature values. These include a T3 value of 1.95, a T3\_measure of 0 (false), an FTI value of 120, and a TT4 value of 109. These feature values play a crucial role in the model’s classification process, indicating that they contribute to predicting a negative outcome for thyroid disease. By providing explanations for the model’s decisions and identifying the specific features that drive the predictions, we improve the transparency and interpretability of our model. Thus, it strengthens the overall confidence in the model’s performance and increases the credibility of our findings.

In addition, we utilize a summary plot, such as Fig. 8, to demonstrate the global impact of features on predictions. Higher contributing features are positioned at the top of the plot, with the colors blue, purple, and red signifying low, moderate, and high feature values, respectively. A clear pattern implies that red or purple dots (higher feature values) are related to a decreased risk of thyroid disease, as seen by primarily negative SHAP values. Blue dots representing lower feature values generally indicate a higher

disease risk, as positive SHAP values demonstrate. As with local explanations, this figure shows that T3, T3\_measured, sex, TT4, TSH, and FTI features significantly impact the dataset's global behaviors.

## 5. Conclusion

This study signifies a reliable machine-learning model for thyroid disease that will be useful in the medical and healthcare sectors. Multiple preprocessing methods are used to clean the raw dataset and address the imbalance issues with SMOTE-ENN. The results section showed that the proposed RDKST outperformed other classifiers in identifying the disease with the IGS-based selected features. Additionally, different statistical tests were used to emphasize and strengthen overall outcomes. Moreover, we anticipated the local and global factors behind the outcomes using an explainable AI, SHAP. This attempt improves the status of thyroid patient categorization in terms of classification metrics and makes the model's outputs easier for healthcare practitioners to comprehend and interpret. Researchers should conduct further research to test other ensemble methods for classification and utilize different explainable approaches to explore the hidden factors of the disease more thoroughly.

## Data availability statement

Two publicly available datasets were utilized in this study. The first dataset was sourced from Kaggle, and the second dataset was obtained from the UCI repository.

Dataset 1 (Kaggle repository): <https://www.kaggle.com/datasets/bidemiayinde/thyroid-sickness-determination>

Dataset 2 (UCI repository): <https://archive.ics.uci.edu/dataset/102/thyroid+disease>

## CRedit authorship contribution statement

**Ananda Sutradhar:** Writing – original draft, Visualization, Software, Resources, Methodology, Investigation, Formal analysis, Data curation. **Sharmin Akter:** Writing – original draft, Visualization, Software, Resources, Methodology, Investigation, Formal analysis, Data curation. **F M Javed Mehedi Shamrat:** Writing – review & editing, Writing – original draft, Visualization, Software, Resources, Project administration, Methodology, Investigation, Formal analysis, Data curation, Conceptualization. **Pronab Ghosh:** Writing – original draft, Visualization, Software, Resources, Methodology, Investigation, Formal analysis, Data curation. **Xujuan Zhou:** Writing – review & editing, Validation, Supervision, Project administration, Funding acquisition. **Mohd Yamani Idna Bin Idris:** Writing – review & editing, Validation, Supervision, Project administration. **Kawsar Ahmed:** Writing – review & editing, Validation, Supervision, Project administration, Conceptualization. **Mohammad Ali Moni:** Writing – review & editing, Validation, Supervision, Project administration, Conceptualization.

## Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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