

Chronic Care Nursing

A Framework for Practice

Second edition

Chronic conditions have a substantial and increasing global impact on life and health care. Health systems need to adapt to address these shifting health priorities, while nurses require specialised skills to implement changes and create better client outcomes. *Chronic Care Nursing: A Framework for Practice* provides a comprehensive and accessible overview of the role of the nurse in managing chronic conditions across a variety of settings in Australia and New Zealand.

The first part of the book outlines two essential approaches to chronic care management – the Chronic Care Model and the World Health Organization’s Innovative Care for Chronic Conditions Framework – while the second part covers key conditions within chronic care nursing. The second edition has been fully updated to include the latest research, and features new chapters covering self-management and empowerment; living with mental health issues; chronic bowel conditions; and eye, ear and dental health.

Written by an expert author team of practising nurses and academics, *Chronic Care Nursing* continues to provide students and practising nurses with the essential skills required to be effective in evolving health systems.

Linda Deravin is a lecturer in the School of Nursing, Midwifery and Indigenous Health at Charles Sturt University.

Judith Anderson is an adjunct senior lecturer in the School of Nursing, Midwifery and Indigenous Health at Charles Sturt University and General Manager at Opal Specialist Aged Care, Bathurst, New South Wales.

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Second edition

Chronic Care Nursing

A Framework for Practice



Edited by
Linda Deravin and
Judith Anderson

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The editors would like to dedicate this
text to nurses of the future.

Linda Deravin and Judith Anderson

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Preface

Impact of chronic conditions in Australia and New Zealand, and worldwide

This is the second edition of *Chronic Care Nursing: A Framework for Practice*, which we believe will be a useful resource for this area of clinical nursing practice. This book has been developed for undergraduate nurses and registered nurses who wish to develop their knowledge about the care of people living with chronic conditions in our communities.

The structure of this book is based on the Innovative Care for Chronic Conditions Framework (ICCCF), which is an internationally recognised framework for the delivery of chronic care. The ICCCF extends the Chronic Care Model (CCM) that was developed by Wagner (Wagner et al., 1999). The CCM is well recognised to provide a systematic approach to chronic care management. It incorporates six components: health system (organisation of health care), self-management support, decision support, delivery-system design, clinical information systems, and community resources and policies (Stellefson, Dipnarine & Stopka, 2013). The model provides a multidimensional solution to the complex problem of the provision of chronic care (Bodenheimer, Wagner & Grumbach, 2002).

The CCM has been expanded and internationalised by the World Health Organization (WHO) to be developed into the ICCCF. Nurses need to lead the redesign of the health care system in order to improve health outcomes through the implementation of the CCM. The ICCCF extends the CCM by adding micro, meso and macro levels and incorporates six guiding principles: evidence-based decision making, population health approach, focus on prevention, quality focus, integration, and flexibility and adaptability (WHO, 2002; 2018). These levels extend the involvement of community, and describe policies and financing as the drivers at the macro level (Epping-Jordan et al., 2004). An important aspect of the implementation of this model and framework is how well it is integrated into undergraduate nursing education so that an informed and well-prepared nursing workforce is established in Australia and New Zealand (Anderson & Malone, 2015). For this reason, the following competencies table outlines how each chapter aligns to the standards of practice for registered nurses in Australia and New Zealand.

The first section of this textbook focuses on the ICCCF to support the learning of undergraduate student nurses about the complexity of chronic conditions and how it is best implemented to improve patient outcomes at both a national and international level. An additional chapter has been included in the second edition that focuses on self-management of the person with chronic conditions. The second section supports the ICCCF and includes a chapter on each of the Australian National Health Priority Areas of asthma, cancer, diabetes, cardiovascular disease, injury prevention and control, arthritis and musculoskeletal conditions, mental health, obesity, and dementia. There are also chapters about other chronic

conditions such as chronic kidney disease, disability, end of life care, and Parkinson's disease and multiple sclerosis. Additional chapters have been added to address chronic bowel conditions; and chronic eye, ear and dental health. This is provided within the Australian and New Zealand context.

Linda Deravin and Judith Anderson

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Contributors

Judith Anderson (RN, PhD, MHSM, MN, BN, FACN) is an adjunct senior lecturer in the School of Nursing, Midwifery and Indigenous Health at Charles Sturt University and General Manager at Opal Specialist Aged Care, Bathurst, New South Wales. She has been a registered nurse for more than 20 years, working in a variety of clinical, education, research and managerial positions. Judith has worked in a variety of settings, including chronic care, acute care, rural health, aged care and community health in the public and private sectors. Judith develops nursing curricula and supervises higher degree students and is a fellow of the Australian College of Nursing.

Kathryn Anderson (RN, BN) is a registered nurse with a keen interest in chronic care areas of health.

Melissa Arnold-Chamney is a lecturer in the Nursing School at the University of Adelaide. She has worked in the renal care setting for over 20 years, first in the clinical setting and since 2001 in the higher education sector. Melissa is the Chief Editor of the *Renal Society of Australasia Journal*.

Kylie Ash (RN) is a registered nurse with over 20 years' experience in clinical and education roles in oncology and haematology practice settings. She completed a Master of Nursing (Cancer Nursing) from Queensland University of Technology in 2008. Kylie has been involved in a number of large national workforce development projects to improve the intersection of health education and evidence-based practice with health policy. She is the National Manager for the Palliative Care Curriculum for Undergraduates project (PCC4U). Kylie is also the Vice President of the Cancer Nurses Society of Australia.

Michelle Baird (RN, CTC Certificate, BA Liberal Studies, MN – Nurse Practitioner) is a chronic and complex care nurse practitioner who has worked in chronic care in rural Western New South Wales for the past 20 years. Michelle is interested in chronic heart failure, chronic obstructive pulmonary disease (COPD), smoking cessation and self-management. She has recently completed research in COPD self-management. Michelle is the Chair of the COPD Nurse Committee for the Lung Foundation Australia.

Marguerite Bramble is Associate Professor in the School of Nursing, Midwifery and Indigenous Health at Charles Sturt University. As a senior nurse academic, Marguerite's extensive clinical, education and research expertise is chronic care nursing, with a focus on neurological conditions affecting the older population such as dementia and Parkinson's disease. She has national recognition for her expertise in managing and implementing innovative, evidence-based models and clinical trial interventions.

Sally Bristow (RN, BN MN, RM Grad Dip Mid, PhD candidate) is a registered nurse, registered midwife and lecturer at the School of Health in Nursing, University of New England. Sally researches and teaches in the area of chronic health conditions. Her research

mainly lies in the fields of carer experience. Sally joined the School of Health in 2013. She was previously a clinical nurse consultant in Aboriginal chronic care, the Director of Nursing and Midwifery and, prior to this, an area nurse manager in renal service. Before working in senior nursing and executive positions, Sally worked as a registered nurse and midwife in remote, rural and metropolitan hospitals across Australia.

Rhonda Brown (RN) is a senior lecturer at Deakin University. She is an experienced clinician and educator, with a background in community and mental health nursing, counselling and family therapy, and community and tertiary education.

Kate Cameron is a senior lecturer in the Adelaide Nursing School at the University of Adelaide, and the Nursing Service Director for the Michael Rice Centre for Haematology and Oncology at the Women's and Children's Hospital in South Australia. Kate's professional experience over the past 25 years encompasses clinical, management, leadership and academic roles in cancer nursing. Her areas of interest include the impact of rurality on people with cancer, effective and sustainable consumer engagement in cancer care and policy development, clinical governance, and tertiary education for specialist clinicians.

Ysanne Chapman (RN, PhD, MSc (Hons), BEd (Nsg), GDE, DNE) has retired from academic life and is now an independent scholar. She is a former Dean of Nursing and Midwifery at CQU in Mackay, Queensland. Ysanne's professional research interests have included dying and death, curriculum issues, caring, and diabetes. She now consults on matters of curriculum, advanced nursing practice and international community care. She also edits and marks PhD dissertations and masters' theses, and is an adjunct professor at James Cook University. Ysanne has instructed undergraduate and postgraduate nursing students in many aspects of nursing practice. She has published several books, chapters and journal articles in all areas of nursing.

Lyn Croxon (RN, MEd, Grad Dip Geront) is a lecturer at Charles Stuart University, and has worked in clinical and academic roles for more than 40 years. Lyn has taught across a range of subjects and coordinated the Bachelor of Nursing course across five campuses. Her research interests include care of older person, the impact of delirium, palliative care education, and models of clinical placement supervision.

Maria Davies works as a chronic care clinical nurse consultant for Dubbo Health Service. Maria coordinates the cardiopulmonary rehabilitation programs and works closely with the Dubbo respiratory teams. As part of her role, Maria conducts ward reviews of patients, coordinates exercise and self-management classes, and provides patient education on chronic disease risk factor modification and behavioural change. Maria also coordinates the long-term and short-term Home Oxygen Programs at Dubbo, and the patient enable-based CPAP loan program. Prior to this, Maria worked for over 10 years in intensive care.

Linda Deravin (RN, BN, MHM, Grad Cert in L&T in Higher Ed, Grad Cert Anaes & Rec Room Nurs, Grad Dip Gerontology, Grad Cert E Health, FCHSM) is a lecturer in nursing at Charles Sturt University. Throughout her 30-year nursing career, she has worked as a clinician,

an educator, a senior nurse and a health manager. She has a keen interest in Indigenous health, nursing workforce and chronic care issues that influence and impact on health systems and the delivery of nursing care.

Alison Devitt (RN, MN, Grad Cert Teaching and Learning in Higher Education, Grad Dip Divinity, Cert Health Coaching) is a lecturer in nursing at Charles Sturt University. She is known for her passion exploring the use of educational technologies for online learning. Alison's interest in technology stems from her past role as a telemonitoring nurse. She continues to provide consultancy and contributes to research in this innovative area of chronic disease management.

Tracey Doherty is the Nursing Director of the Centre for Health Innovation at Gold Coast Health and a PhD candidate at Griffith University. Her strategic and research interests include development and implementation of innovative nursing and midwifery models of care to better meet the needs of the community. With a nursing and health leadership career spanning over 30 years, Tracey remains committed to partnering with consumers and clinicians to deliver person-centred, integrated care that is safe, effective and sustainable. She completed a Master of Nursing (Nurse Practitioner) in 2004 and was Australia's first endorsed Oncology Nurse Practitioner in 2005.

Marion Eckert is the Chair of the Cancer Care Research Group, University of South Australia, and the inaugural Professor of Cancer Nursing in South Australia. She is also the inaugural Director at the Rosemary Bryant AO Research Centre at the School of Nursing and Midwifery, University of South Australia, which was established as a partnership with the Australian Nursing and Midwifery Federation (South Australia branch). Marion brings more than 25 years' experience in the health care industry and has a strong clinical academic background. She completed her professional doctorate from University of Adelaide in 2004. Marion has won peer-reviewed excellence awards for her clinical leadership, and was awarded the 2015 Winston Churchill Fellowship for her dedication and passion for cancer survivorship research.

Karen Francis (RN, PhD, MEd, MHLth Sc PHC, Grad Cert Uni Teach/Learn, B Hlth Sc Nsg, Dip Hlth Sc Nsg, FRCNA, FJBI) holds the position of Professor and Head of the Nursing Discipline at the University of Tasmania. Her research interests include nursing and midwifery workforce, rural nursing and midwifery, primary health care, and rural health.

Michelle Francis is a senior therapist in drug treatment and has a master's degree in addictive behaviours. She has been working in health and human services for over 10 years as a clinician, in leadership and in research. Michelle's practice domains have included homelessness, complex care, mental health, and emergency and drug treatment. Her research focus has been long-term homelessness and access to drug treatment, stigma and dual diagnosis.

Julia Gilbert is a lecturer in the School of Nursing and Healthcare Professions at Federation University in Ballarat, Victoria. She has over 30 years' experience in a variety of clinical and academic settings with an interest in dementia care. Julia also completed a Bachelor of Laws and a Graduate Diploma of Legal Practice and was admitted to the Supreme Court of Queensland as a legal practitioner in 2008.

Amali Hohol is a lecturer in nursing at Charles Sturt University. Amali is a registered nurse with extensive experience and knowledge in critical care nursing, and she continues to practise clinically.

Melissa Johnston (RN, BN, Grad Cert N (Critical Care), Grad Dip N(Cardiovascular)) is a clinical nurse educator in the Coronary Care Department of Orange Health Service. Melissa has worked in critical care throughout her career with extensive experience and knowledge in cardiovascular and intensive care nursing.

Kathryn Kent was the Family and Carer Mental Health Support Worker/Education Officer with CentaCare Wilcannia-Forbes in the Family and Carer Mental Health Program, funded by NSW Health. Her involvement in supporting the education of nursing students in chronic and complex care of mental health issues began in 2011, with the introduction of carers and those living with mental health issues presenting their lived experience of mental health problems to nursing and paramedic students at Charles Sturt University.

Mooreen Macleay is the Clinical Nurse Consultant for Cancer Care Coordination in the Western NSW Local Health District (Bathurst Region). Mooreen has extensive clinical experience in palliative care as well as primary, secondary and tertiary nursing in the public and private sectors.

Jennifer Manning (RN, BA, Grad Dip OH&S, Grad Dip Education, MN, MACN) is an associate lecturer in nursing at Charles Sturt University. Jennifer has spent over 30 years working in many different care environments including cardiothoracic, spinal and emergency nursing, occupational health and rehabilitation, and education. Jennifer's passion is education and facilitating undergraduate nursing students in their passage to becoming registered.

Denise McGarry is a Credentialed Mental Health Nurse with life-long experience in mental health nursing as an academic in tertiary education and in the clinical environment. She has taught undergraduate paramedic and nursing programs, and post-graduate mental health nursing programs. She has also had roles in staff training and education in the clinical arena, as well as a variety of management positions. Denise is a fellow of the Australian College of Mental Health Nurses.

Maureen Miles is the Coordinator of Midwifery Programs at Deakin University. She has worked in hospitals and the community as a nurse, midwife, and maternal and child health nurse.

Amanda Moses (BN, Grad Dip Onc Nursing, MN (NP)) has over 30 years' nursing experience – covering metropolitan, rural and remote locations – and in many diverse settings including ICU, coronary care, paediatrics, community health, surgical and acute medical care. Amanda's interest in primary and community health led her to a focus in this field, specifically within rural and remote areas; her specialisation has included oncological nursing. Her passion for improving the quality of life for people with chronic and complex conditions led Amanda to qualify as an endorsed nurse practitioner, with a scope of practice for chronic disease management. Amanda now lectures at Charles Sturt University, teaching undergraduate primary health care and chronic disease management, and postgraduate chronic disease management and clinical education.

Patience Moyo (RN, GradCertAcutMed/SurgNurs, MA (AdvNursPract)) is a lecturer in nursing at Charles Sturt University. She qualified as a nurse in Zimbabwe and has gained experience in the fields of medical-surgical nursing, paediatric nursing, critical care nursing, emergency care nursing, midwifery, nursing education, and surgical and post-anaesthetic care nursing.

Maryanne Podham is a lecturer in nursing at Charles Sturt University, with a passion for student-centred education and improving clinical practice. She has over 20 years' experience in clinical nursing in rural New South Wales.

Amanda Stott is a lecturer in nursing at Charles Sturt University, where she teaches health law and clinical skills to undergraduate students. Amanda has worked as a generalist nurse in metropolitan and regional locations, as well as in the United Kingdom.

Louise Wells (RN, MN, Grad Cert Periop, Grad Cert Crit Care) is a lecturer in nursing at Charles Sturt University and has extensive experience teaching medical-surgical nursing subjects. Her clinical background is predominantly in critical care nursing and education.

Sally-Anne Wherry is a lecturer of nursing at the University of Canberra. She has eight years of clinical experience in her field, specialising in Parkinson's disease and movement disorders.

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Competencies

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Registered Nurse Standards for Practice (Australia, 2016)															
Standard 1: Thinks critically and analyses nursing practice						x	x	x	x	x	x	x	x	x	x
Standard 2: Engages in therapeutic and professional relationships	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Standard 3: Maintains the capability for practice				x		x	x	x	x	x	x	x	x	x	x
Standard 4: Comprehensively conducts assessments				x	x	x	x	x	x	x	x	x	x	x	x
Standard 5: Develops a plan for nursing practice				x	x	x	x	x	x	x	x	x	x	x	x
Standard 6: Provides safe, appropriate and responsive quality nursing practice	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Standard 7: Evaluates outcomes to inform nursing practice	x		x	x		x	x	x	x	x	x	x	x	x	x
Competencies for Registered Nurses (New Zealand, 2016)															
Domain 1: Professional responsibility	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Domain 2: Management of nursing care	x		x	x		x	x	x	x	x	x	x	x	x	x
Domain 3: Interpersonal relationships			x	x		x	x	x	x	x	x	x	x	x	x
Domain 4: Interprofessional healthcare and quality improvement	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x

An 'x' indicates that this standard or competency for practice is being addressed in this chapter
 Nursing and Midwifery Board of Australia (2016). *Registered Nurse Standards for Practice*. Melbourne: Nursing & Midwifery Board of Australia. Retrieved from <http://www.nursingandmidwiferyboard.gov.au/Codes-Guidelines-Statements/Professional-standards.aspx>
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