



UNIVERSITY OF SOUTHERN QUEENSLAND  


## The impact of abuse and neglect on children

Understanding challenging behaviour and trauma informed practice.

Dr. Govind Krishnamoorthy PhD  
Clinical Psychologist  
Govind.Krishnamoorthy@usq.edu.au

UNIVERSITY OF SOUTHERN QUEENSLAND  


Introduction to speaker & session expectations


# WELCOME

### Welcome & Introductions

**EXIT**   **CONFIDENTIAL**   

Sensitive Material



UNIVERSITY OF SOUTHERN QUEENSLAND  


### Bringing our children to mind

**Think of a child you have found the most challenging to work with...**

- Q1.** Why do you think they were so challenging?
- Q2.** What may be causing them to behave that way?
- Q3.** How were the adults around the child reacting to them? What was helpful?

2 mins: Think of answers on your own.  
2 mins: Share with person next to you (Q1 & Q2)  
Group discussion

UNIVERSITY OF SOUTHERN QUEENSLAND

Understanding the experience of the abused and **neglected child** assists us to develop compassion, **patience and empathy**. **It is a key intervention in itself**

(Calmer Classrooms, 2007).

UNIVERSITY OF SOUTHERN QUEENSLAND

UNIVERSITY OF SOUTHERN QUEENSLAND

### Overview

Aim: Giving you a way to make sense of the behaviour of children impacted by abuse and neglect.

- Understanding childhood trauma.
- The impact of trauma on the brain.
- The impact of trauma on feelings, thinking, relationships & behaviour.

UNIVERSITY OF SOUTHERN QUEENSLAND

UNIVERSITY OF SOUTHERN QUEENSLAND

Trauma: The exposure to a stressful event or situation of exceptionally threatening or catastrophic nature, which would be likely to cause pervasive distress in almost anyone.




UNIVERSITY OF SOUTHERN QUEENSLAND

ICD - 10 (WHO, 1984)


UNIVERSITY OF SOUTHERN QUEENSLAND

Trauma for children and young people in care




Natural / Accidental

Vs




Social / Interpersonal



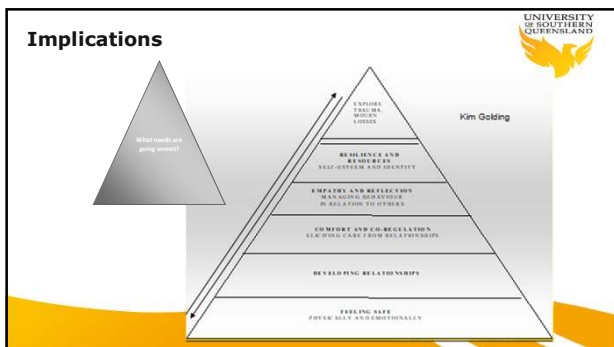
Type 1: Single Incident

Vs



Type 2: Multiple / Cumulative

UNIVERSITY OF SOUTHERN QUEENSLAND



Dr. Govind Krishnamoorthy PhD  
Clinical Psychologist  
Govind.Krishnamoorthy@usq.edu.au

[www.tipbs.com](http://www.tipbs.com)  
Trauma Informed Education Podcast  
The Trauma Aware Educator – Free Course.