

NATIONAL SUICIDE PREVENTION STRATEGY PROJECT 2006-2009

Building bridges to implement successful life promotion
and suicide prevention expertise across Aboriginal
communities

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How did we get started?

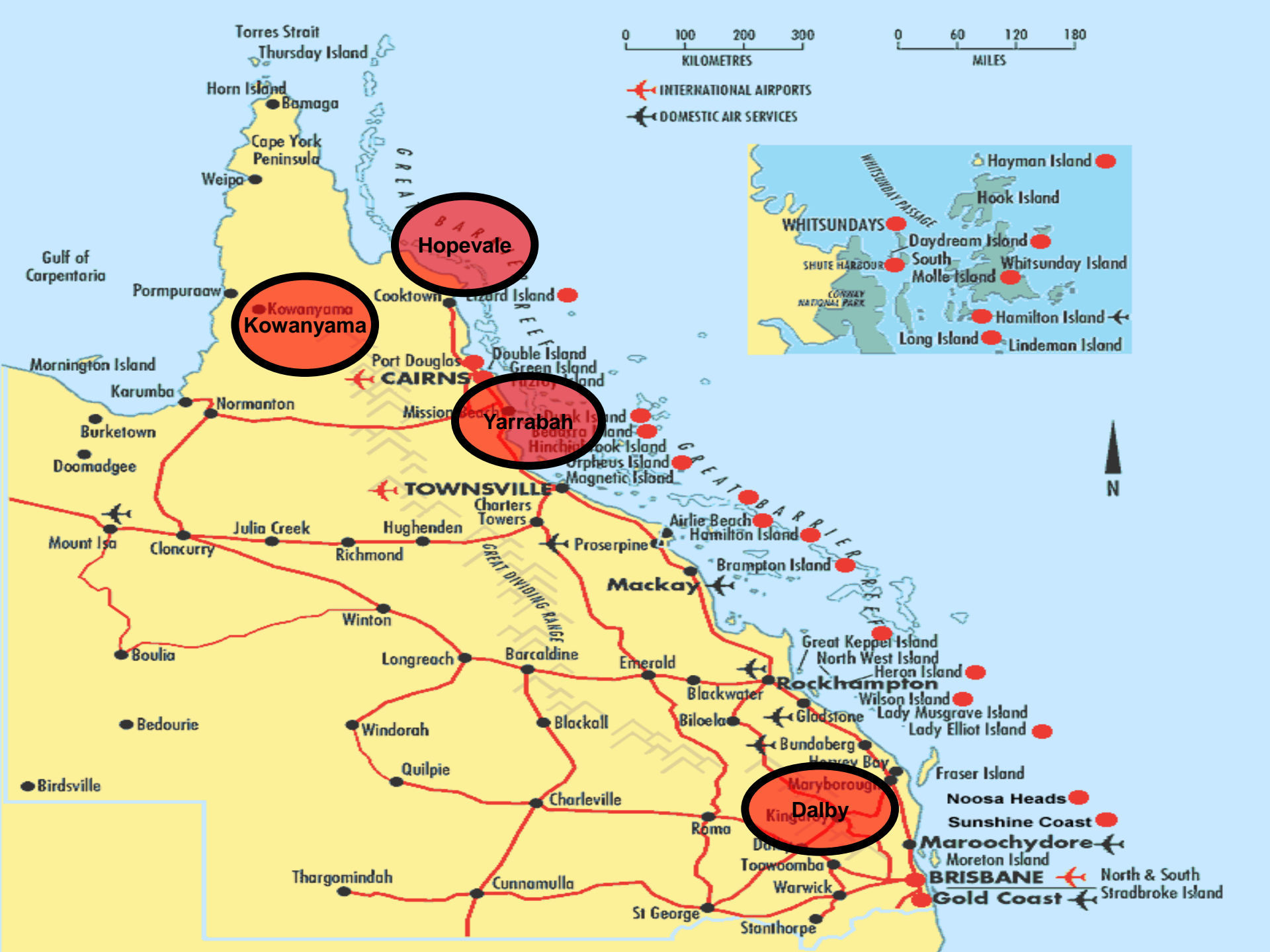
- Auspiced by Centre for Rural & Remote Mental Health Queensland (CRRMHQ)
- Funded by NSPS \$1.5 Million over 3 yrs

Joint Application

- Gurriny Yealamucka (Yarrabah) Health Service
- Apunipima Cape York Health Council
- Goondir Health Services

Other participants

- Wuchopperen Health Service
- Royal Flying Doctors Service
- University of Queensland
- James Cook University
- Aust Institute for Suicide Research & Prevention (AISRAP) Griffith University
- Centre for Rural & Remote Area Health – USQ
- Queensland Health



Kowanyama

Hopevale

Yarrabah

Dalby



Purpose

- To establish sustainable community-based approaches to building resilience
- Reduce the risk exposure
- Reduce self-harming behaviours in Indigenous communities

Aim

- Gain better understanding of Yarrabah's response to a suicide crisis
- Provide opportunity for Yarrabah to tell their story to other communities & groups

Objectives

1. Support leadership & collaboration
2. Develop life promotion skills
3. Better understand suicide & self-harm
4. Foster participation & communication
5. Empower communities

Objective 1: Support leadership & collaboration

Knowledge Sharing Teams – Yarrabah (Yaba Bimbie), Hopevale and Kowanyama men's groups visited communities

- Planning processes across communities
- Communities working closely with service providers

Objective 2: Develop life promotion skills

Family Wellbeing Program

- Men's Groups

Objective 3: Better understand suicide & self-harm

- Engage and consult with communities
- Establish focus groups and recruit community people
- Visit four communities approx every 2 months for a week
- Community Feedback Workshops presenting results from focus groups

Objective 4: Foster participation & communication

Implement touch screen kiosks

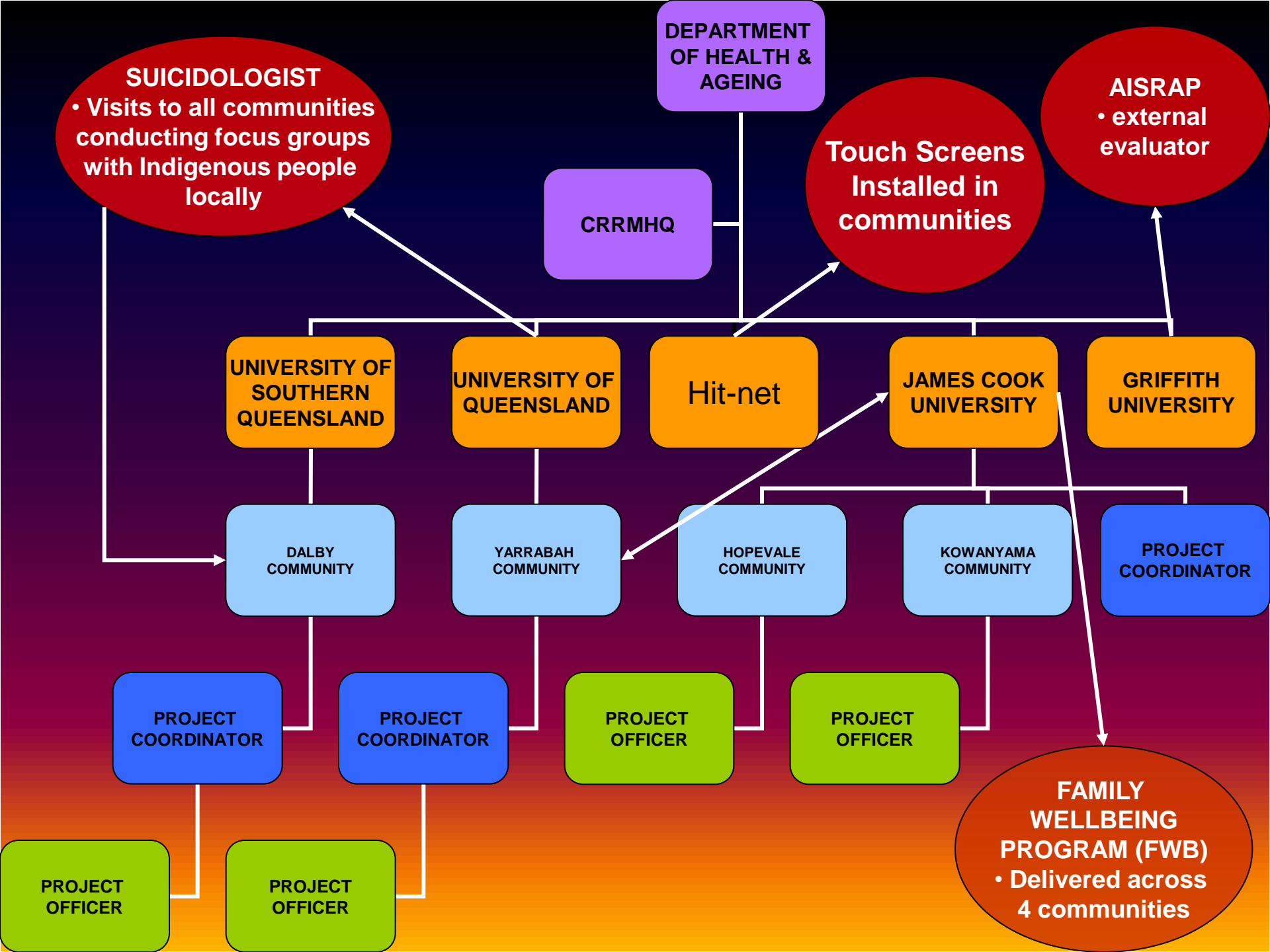
- Produce "suicide prevention" module
- Develop new media capacity building initiatives in intervention sites

Objective 5: Empower communities

- Engage and consult with the communities
- Implement 'Stats & Stories' process to communicate changes over time
- Ongoing feedback to community

Evaluation

- Aust Institute for Suicide Research & Prevention
- Develop baseline data with project teams
- Document external evaluation methodology



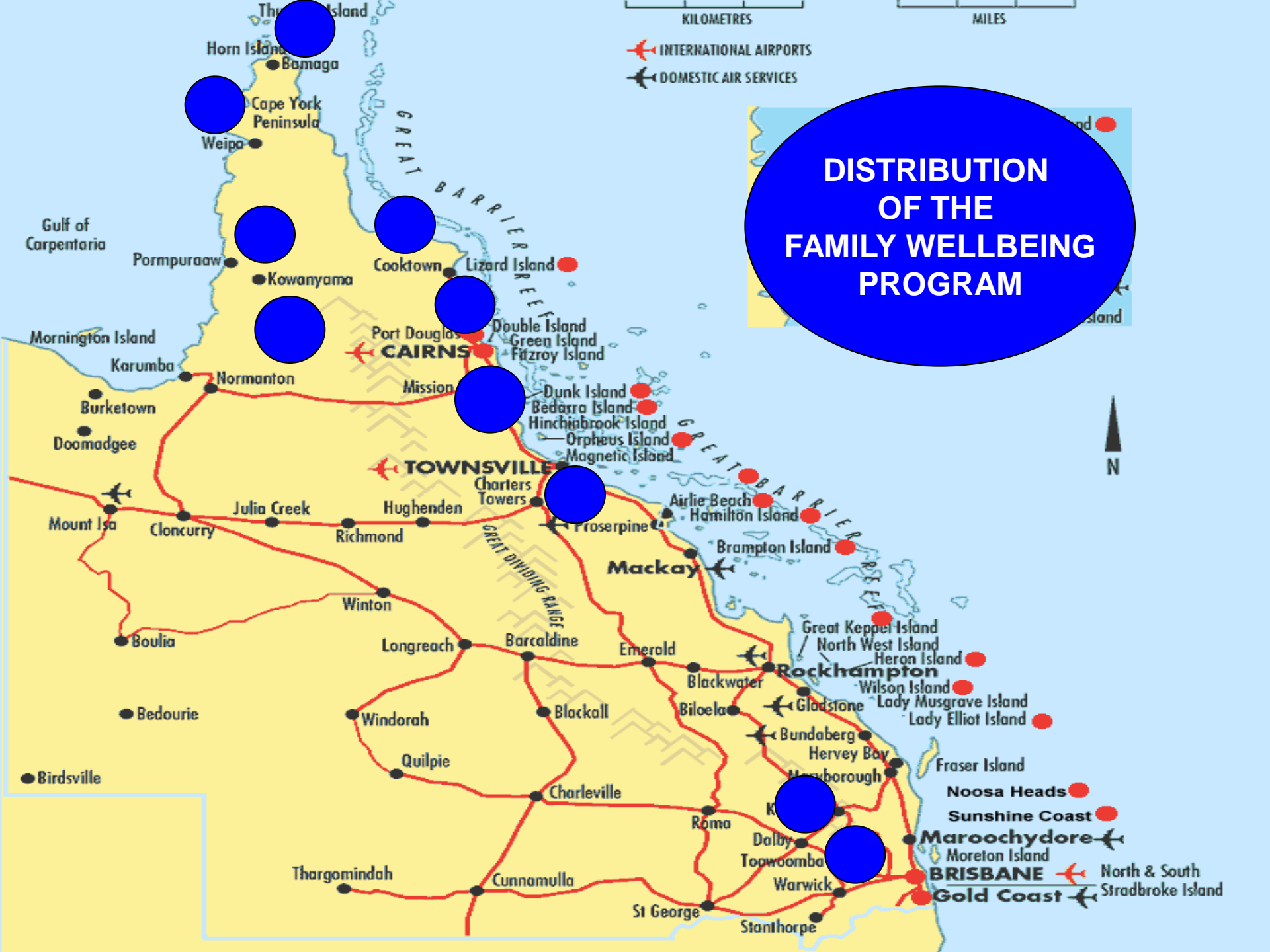
Activities & Programs

- Family Wellbeing (FWB) Program
- Knowledge Sharing Teams – Yaba Bimbie Men's Group
- Health Interactive Touch screen – Hit-net

Family Wellbeing Program

1. Facilitator training
 - capacity building
 - sustainability
2. Delivery of Program to the 4 communities





Yaba Bimbie Men's Group

“To restore men’s
rightful role in the
community”

Leadership, parenting,
employment, education,
training, tradition,
culture and men’s
shelter

- Establish focus groups
- Document and record
- Community Feedback Workshops



Health Interactive Technology Hit-net

- Touch screens in all four communities
- Suicide Prevention Module
- Other modules: diabetes, sexual health, drugs and alcohol





Family Well Being Empowerment Program

Health Interactive Touch screen



Knowledge Sharing 2008

Family Wellbeing
Facilitators



National Suicide Prevention Strategy Project 2006-2009

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successful life promotion and
suicide prevention expertise
across Aboriginal communities



Yaba Bimbie Men's Group

Family Wellbeing Facilitators in training

