

# Education, Employment, and Everything The triple layers of a woman's life

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~~both parties to the mentor process benefit. In the past it was assumed that mentoring was a one-way process in which only mentees gained. In fact, mentors report that their participation in mentor schemes has given them a fresh perspective on their own lives and careers. Drawing heavily from experiences at the University of Southern Queensland, this interactive workshop will throw new light on the ways in which women are changing the traditional ideas and practice of mentoring. To facilitate the process of identifying career directions and pathways, mind mapping will be used to help participants to record their own profiles, and with input on careers counselling, to identify the best matches between mentors and mentees.~~

### ~~**Travelling through childcare as a mother, student and worker from Sudan to Australia**~~

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~~This session takes participants on the journey that two women from Sudan have travelled from Africa to arriving in Queensland as humanitarian entrant refugees. These strong, resilient women share their experiences of child care in Africa and then how they accessed, navigated and understood child care in Australia for their own children. The journey also explores how they gained their own qualifications in child care and then how they have accessed employment in the child care sector. They reflect on the strengths they bring to the sector and the many challenges and barriers they face through the experiences. They have experienced many impacts, frustrations and successes personally as women, mothers, wives, community members, students and new graduates. All Roza's and Nyadier's learnings and reflections can only enhance opportunities for other women from culturally and linguistically diverse backgrounds and wholistically enhance the child care sector.~~

### ~~**Re-inventing the American dream: Learning to live with less**~~

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~~This 90 minute workshop presentation assists and inspires the willing to take personal action in de-cluttering our lives of excessive material possessions, to reconnect with the dream we wish we were living. It looks at ways to reform our attitudes towards wilderness and wildlife, to align our spiritual beliefs with the manner in which we walk in the world, and to generate less waste for a healthier planet and unencumbered debt free lives.~~

### ~~**In the name of millions of women around the world**~~

~~RASIF, F. (U of Southern Qld, Australia), PARWINI, A. (Save the Children US, Afghanistan), & KARIM, N. (Australia)  
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A group of Afghan women will share through discussion and other resources, their experiences of living, studying, working and parenting in Afghanistan, Pakistan and Australia. All of these women have lived the experience of being refugees, having left their country of origin due to its destruction and losing their basic human rights through war. For one of the women, living in Pakistan as a refugee and watching Afghan refugees living in horror with their families changed her career and directed her life towards helping vulnerable people. She will share some of her experiences working as a primary teacher in refugee camps and as a Non Formal Education and Reproductive Health Trainer for Afghan refugee women with Save the Children. Another woman will share her experiences living in Brisbane as a refugee. She will describe how two issues combine to create many social and psychological problems for Afghan women in Australia – being Muslim and different from the majority of the population, and coping with restrictions placed on them by their families. Other topics to be discussed will be life as a wife, mother and public servant in Afghanistan and Pakistan and the feelings associated with the loss of the opportunity of being independent in Australia. Their experiences of being women and second-class citizens regardless of which country (West, East), have made them closer to all women around the world. Therefore, this workshop has been entitled “In the name of millions of women around the world”.