

TOES, COAT-TAILS AND SHOULDERS

Collaboration, co-authorship and career opportunities from an ECR perspective

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TOES

Take opportunities offered if you can

Ask for opportunities

Meet expectations

Ask questions

Stay in touch



COAT-TAILS

Learn as you contribute

Reciprocate

Extend your coat-tails to others



SHOULDERS

See yourself as standing shoulder to shoulder with your colleagues

Acknowledge and reciprocate



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TAKE AWAYS

- put yourself forward
- take opportunities when offered (and recognise when the time is not right to take on more)
- meet expectations
- ask questions
- Communicate
- Acknowledge those who have helped you
- Reciprocate
- •offer the same chances to other emerging academics



https://pixabay.com/illustrations/hands-team-work-collaboration-5435053/