

Dynamic Response of Orthogonal 3D Woven Carbon Composites Under Soft Impact

P.Turner^{a,b,c}, T.Liu^{a,b,c,*} and X.Zeng^b

^a*Centre for Structural Engineering and Informatics*

^b*Composites Research Group,*

^c*Department of Civil Engineering*

Faculty of Engineering, The University of Nottingham,

University Park, Nottingham, NG7 2RD, U.K.

**Tao.Liu@nottingham.ac.uk Tel: + 44 (0)1159 5 84059 Fax: +44 (0) 115 74 84059*

Abstract

This paper presents an experimental and numerical investigation into the dynamic response of 3D orthogonal woven carbon composites undergoing soft impact. Composite beams of two different fibre architectures, varying only by the density of through-thickness reinforcement, were centrally impacted by metallic foam projectiles. Using high speed photography, the centre-point back-face deflection was measured as a function of projectile impulse. Qualitative comparisons are made with a similar uni-directional laminate material. No visible delamination occurred in orthogonal 3D woven samples, and beam failure was caused by tensile fibre fracture at the gripped ends. This contrasts with uni-direction carbon fibre laminates, which exhibit a combination of wide-spread delamination and tensile fracture. Post-impact clamped-clamped beam bending tests were undertaken across the range of impact velocities tested in order to investigate any internal damage within the material. Increasing impact velocity caused a reduction of beam stiffness: this phenomenon was more pronounced in composites with a higher density of through-thickness reinforcement. A three-dimensional finite element modelling strategy is presented and validated, showing excellent agreement with the experiment in terms of back-face deflection and damage mechanisms. The numerical analyses confirm negligible influence from through-thickness reinforcement in regards to back-face deflection, but significant reductions in delamination damage propagation. Finite element modelling was used to demonstrate the significant structural enhancements provided by the through-the-thickness weave. The contributions to the field made by this research include the characterisation of 3D woven composite materials under high-speed soft impact, and the demonstration of how established finite element modelling methodologies can be applied to the simulation of orthogonal woven textile composite materials undergoing soft impact loading.

Keywords

High speed impact, 3D woven composite, Finite element, Delamination, Material rate-dependence

1 Introduction

The search for materials with enhanced protection against impact loading such as air blast or sand impact is of major concern in the design of military vehicles. Both rapidly expanding radial shockwaves and sand ejecta from shallow buried landmines or Improvised Explosive Devices (IEDs) can cause widespread damage of structures. There have been several experimental methodologies developed for blast-loading of structures. The first methodology was that of using explosives to load structures. This technique has the benefit of having the same loading profiles of actual dynamic loading likely to be experienced by structures, however, it adds difficulties as the wave fronts are spherical and the complex pressure signatures generated are difficult to model. Another experimental technique developed to enable the reproduction of shock waves in the laboratory, but to move away from the use of explosives, is the shock tube [1, 2]. It provides the advantage of plane wave-front generation and easily controlled experimental parameters. However, it requires large bespoke equipment, with calibration required that is unique for each shock tube system [1]. A more simplistic and economical method to load structures with a well-defined dynamic distributed impulse was introduced by Radford et al. [3], in which cylindrical metallic foam projectiles are accelerated into samples by a laboratory scale pressurised gas gun. This method has often been referred to as “soft impact” loading. The projectiles are highly compressible, exerting pressure pulses on structures in the order of 100 MPa for a duration of approximately 200 μ s. The pressure pulses have characteristics remarkably similar to that observed in fluid shock loading; almost instantaneously rising pressure peaks diminishing with a rough exponential shape [3]. For a more detailed discussion of the mechanisms of blast loading, the readers are referred to Smith and Hetherington [4] for air blasts and Liu et al. [5] for sand impact.

The dynamic inertial response of a variety of monolithic and sandwich panels of composite and metal materials have been investigated via the metallic foam projectile methodology by Radford et al. [6], Radford et al. [7], McShane et al. [8] and more recently Russell et al. [9] and Kandan et al. [10]. Monolithic carbon fibre laminate beams have been shown to provide superior performance in regards to back-face deflection during dynamic shock loading than that of stainless steel beams of equal areal mass [9]. Evidence was also presented that composites with lower strength matrix can exhibit increased performance whilst undergoing dynamic soft impact loading, for both carbon fibre reinforced polymer composites and ultra-high molecular weight polyethylene (UHMWPE) composites [10]. However, laminated composites have been shown to exhibit delamination damage, even when no catastrophic longitudinal fibre fracture is observed [9]. This is a performance-limiting quality inherent within all laminate composites, and will become more exaggerated if the composite matrix strength is reduced. Delamination damage can be particularly dangerous as it is not always present during visual inspection of structures [11], and can severely reduce bending stiffness and

63 compressive strength [12] after impact. A more comprehensive overview of the negative effects of
64 delamination of fibre-reinforced composites is presented by Wisnom [13].

65 There are various different techniques that have been developed in order to allow for enhanced protection
66 against delamination of fibre reinforced composites, readers are referred to Tong et al. [14] for a
67 comprehensive description of these techniques. For brevity, only three of the most prominent techniques will
68 be mentioned here; stitching, weaving, and z-pinning. The stitching process is used extensively in industry,
69 due to its highly automated fabrication and short set-up time. They have also been proven to have good
70 damage-resistance properties during high intensity blast loading [15]. However, due to the inherent brittle
71 nature of carbon and glass yarns, fibre breakages and other microstructural defects can occur during the
72 stitching process [14]. Z-pinning is another method commonly used for improving the through-thickness
73 properties of composite materials. This is when high strength, relatively small diameter cylindrical rods are
74 inserted through the composite, increasing the fracture toughness and delamination resistance of the material.
75 A comprehensive review of z-pinning is given by Mouritz [16]. Z-pinned composites have been proven to
76 provide good protection against delamination during soft-body impact loading [17-19]. However, due to the
77 pinning process, damage of in-plane fibres is inevitable, and reduction of in-plane properties can be quite
78 severe. For z-pinned laminates, this can be around 27% reduction for tensile strength and at least 30%
79 reduction for compressive strength [20].

80 3D orthogonal woven composites have been developed in order to address the issue of delamination damage
81 of fibre-reinforced composite materials, without significant disturbance of the in-plane fibre architecture
82 during the manufacturing process. 3D reinforced composites include through-the-thickness tows which wrap
83 around the orthogonal warp and weft tows, binding them together [21]. The through-the-thickness tows
84 provide crack bridging, and a reduction in size of continuous interfaces. This translates to a greatly improved
85 resistance to delamination [22-25]. There have been numerous studies conducted into the ballistic impact
86 performance of 3D woven composite materials, in particular, in the development and validation of numerical
87 modelling strategies [26-29]. They indicate the enhanced structural performance of the 3D weave and the
88 reduction of damage within the material. However, as of yet, there are no studies which investigate the
89 application of the superior delamination damage resistance of 3D woven composite materials to dynamic soft
90 impact loading. The objective of this research is to provide a comprehensive investigation into the potential of
91 3D woven composites to resist soft impact loading without inducing widespread damage within the material.

92 In this study, two different densities of orthogonal through-the-thickness reinforcement are compared via soft
93 impact experimental testing and finite element simulation. A qualitative comparison is made with a similar
94 UD-laminate material in regards to the damage sustained. Post-impacted beams were tested in a clamped-
95 clamped beam bending setup in order to ascertain the development of any internal damage within the beams.

For numerical modelling of composite materials undergoing soft impact, inclusive of rate-dependency, the constitutive and damage laws for composite materials provided by Hashin [30] and Matzenmiller et al. [31] can be used to accurately predict the dynamic transient deflection of composite laminate materials undergoing shock loading [32]. This paper combines this modelling strategy with explicit modelling of the through-the-thickness reinforcement, allowing for a detailed examination of the exact role in which it plays during shock loading. Finite element analyses compare the transient deformation and damage predictions between a 3D woven composite and an equivalent UD-laminate material are made. In order to further investigate the structural enhancements provided by through-the-thickness reinforcement, simulations of pre-delaminated composite beams with and without through-the-thickness reinforcement are undertaken. The novelty of this research is to develop understanding of orthogonal 3D woven composite beams under high-speed soft impact, and the demonstration of the efficacy of a full-scale finite element modelling strategy for simulation of the dynamic response of the beams.

The outline of the study is as follows. Section 1 presents an overview of the literature regarding the impact testing of composite materials. Section 2 presents the material geometry, manufacturing technique, and quasi-static material tests. Sections 3 and 4 present a description of the soft impact test methodology and finite element modelling strategy, respectively. Section 5 presents a discussion of the soft impact experiment results, aided with finite element predictions. Section 5 also reports the post impact clamped-clamped beam tests that were conducted in order to investigate any internal damage within the composite beams. Section 6 presents a summary of the main findings of the research, and states the limitations of the work.

2 Materials, manufacturing and quasi-static tests

Materials

Two 3D orthogonal woven carbon fibre reinforcements with different through-the-thickness (TTT) reinforcement densities were used within this study. The first reinforcement, referred to as Full TTT, had a binder-to-warp-stack ratio of 1:1 (i.e. each binder tow is separated by one vertical stack of warp tows). The second reinforcement, referred to as Half TTT, had a binder-to-warp-stack-ratio of 1:2 (i.e. each binder tow is separated by two vertical stacks of warp tows). Figure 1 (b) presents sketches of the two architectures. Cross sectional microscopic images of the cured composite, such as the one presented in Figure 1(a), were used to measure the average values for dimensions of the fibre architecture. Both materials contained an alternating stack of 9 weft layers and 8 warp layers, and a cured composite thickness of 3.5 mm. Top and bottom tows were orientated along the weft direction, and were the only tows with an induced crimp due to localised influence of the TTT-reinforcement. As shown in Figure 1(a), the induced crimp angle was 7° from the horizontal.

As shown in Figure 1(b), the average width and thickness of warp tows were 1.70 mm and 0.177 mm, respectively. Average width and thickness of weft tow were 1.40 mm and 0.230 mm, respectively. Average width and thickness of TTT-reinforcement were 0.5 mm and 0.1 mm, respectively. Spacing between TTT-reinforcement was 1.74 mm in the Full TTT material and 3.48 mm in the Half TTT material. Total fibre volume fraction for the Full TTT and Half TTT cured composite were 0.56 and 0.55, respectively. In order to extract the material properties for tows for use in the finite element model (presented later, in Section 4), it is necessary to calculate the tow volume fraction in the warp and weft directions. The tow volume fraction is calculated by taking the measured total tow cross sectional area in a specific direction, and dividing into the total area of the cross section. More detail of this is presented in Section 4.3. For the Full TTT material, the tow volume fraction was measured as 0.285 along the warp direction, and 0.531 along the weft direction.

The fibre reinforcement consisted of 7 μm diameter AKSACA A-38 carbon fibre tows, with 6K filaments for the warp and weft tows, and 3K filaments for the through-the-thickness reinforcement tows. The tow fibre volume fractions, i.e. the ratio of the area of fibres into the area of the tow, were 0.785, 0.692, and 0.795 for warp, weft, and TTT-reinforcement tows, respectively. A co-ordinate system is defined in Figure 1(b) and utilised throughout this paper; the direction running parallel to the warp tows is referred to as x-direction, the direction running parallel to the weft tows as y-direction, and the through-the-thickness direction is referred to as the z-direction.

Manufacturing

Gurit Prime 20LV epoxy resin, with a slow hardener to resin ratio by weight of 26:100, was used. Resin injection within a steel mould tool followed standard vacuum infusion methodology. The outlet port was located at the centre of the tool, and four inlet ports were located at each corner. 8 bolts tightened around the edge of the tool provided sufficient compaction of the dry fabric. A pressure pot was filled with compressed air, with the pressure gradually increased throughout the infusion process from 0 to 6 bars. Simultaneously to this, a vacuum was drawn through the outlet port at the centre of the tool in order to pull the resin through the preform. To cure, the infused panel was left in an oven set at 65°C for 7 hours. The cured panel had dimensions of 250 x 250 mm² and a thickness of 3.5 mm. Approximately 10 mm was removed from each edge of the panel in order to remove any flaws due to cutting of the preform. The final cured areal density of the composite material was 5300 g m⁻² and 5210 g m⁻² for the Full TTT and Half TTT, respectively.

Quasi-static tension and compression coupon tests

Quasi-static (2mm/min) uniaxial coupon tests were conducted on the Full TTT reinforcement composite material in order to categorise the material response during tension and compression. Tensile experiments

adopted EN ISO 527-4 methodology, using dog bone shaped samples. Compression testing utilised ASTM D3410/B test methods. A screw-driven Instron[®] 5581 test machine with a static 50 kN load cell was used for testing. An Instron[®] 2630 clip-on extensometer was used to measure the nominal axial strain; this was confirmed by a single Stingray F-146B Firewire Camera video gauge with Imentrum[®] post processing Video Gauge software. The nominal stress was read directly from the load cell of the test rig. Tension and compression tests for both warp and weft directions each had a minimum of five repeats.

Tensile and compressive tests with $\pm 45^\circ$ orientation were conducted in such a way that the warp and weft tows laid at $\pm 45^\circ$ to the loading axis. Samples orientated along warp tows, weft tows, or with fibres at $\pm 45^\circ$ had a width of 12 mm. Tensile tests had a length of 60 mm, compressive tests had a gauge length of 12 mm in order to prevent global buckling.

Figure 2 (a) and (b) presents the tensile and compressive stress-strain curves of the Full TTT 3D woven carbon composite material. The tensile Young's moduli were 44.4 GPa and 74.6 GPa for warp and weft directions, respectively. Tensile and compressive testing along both the warp and weft directions exhibited elastic-brittle fracture. Fracture of the sample was predominately governed by the fracture of the in-plane fibre reinforcement. This was confirmed from scanning electron microscope (SEM) images of fracture surfaces. For tensile and compressive samples orientated along the y-direction (weft), fracture occurred at the locations of through-thickness reinforcement. The fracture location was attributed to stress concentrations due to the crimping of the longitudinal weft tows.

Tension and compression tests conducted with fibres orientated at $\pm 45^\circ$ show a more ductile, yet weaker response, as the tests are governed by the relatively soft matrix material. This behaviour is consistent to the ductile, matrix dominated response observed for other 3D orthogonal woven carbon composites tested at $\pm 45^\circ$ to the loading direction, conducted by Gerlach et al. [33].

Quasi-static (2mm/min) compression tests were also undertaken on the Alporas aluminium foam material that was used for the projectiles in the soft impact test. The foam material exhibits a plateau at a stress of approximately 2.2 MPa, corresponding to the plastic buckling of cell walls. The foam exhibits densification behaviour at higher strains. The compressive stress-strain response of the aluminium foam material is presented in Figure 2(c).

3 Dynamic soft impact test protocol

Figure 3 presents a sketch of the experimental set up for soft impact tests. Samples of width $w = 40$ mm and length $L = 250$ mm were cut from the fully cured composite panels. The beams were fixed into a steel sample fixture, which in turn was bolted into an aluminium alloy frame by a total of 8 M6 bolts. Clamped beams had

a gauge length of $l_0 = 170$ mm. The distance from the gas gun muzzle to the front edge of composite samples was $s = 200$ mm. The single-stage gas-gun system developed at the University of Nottingham was used in the experiment. The gas gun pressurises a 3-litre diving cylinder up to a maximum pressure of 45 bars. Pressure was released via a fast-acting solenoid valve, accelerating projectiles down a 3.5 m long barrel. The barrel material was hardened steel, with an outer diameter of 40 mm and a bore diameter of 28 mm. Projectiles were circular cylindrical of length $l_p = 50$ mm and diameter $d_p = 27.5$ mm. Projectiles were electro-discharge machined from a block of Alporas aluminium foam material of density $\rho_p = 310$ kg m⁻³. Exit velocity of projectile v_0 was measured in two ways; by two laser gates at the muzzle end of the barrel and high speed photography. Exit velocity of projectiles fell within the range $160 \text{ ms}^{-1} \leq v_0 \leq 270 \text{ ms}^{-1}$. This corresponded to a projectile momentum per unit area $I_0 = \rho_0 l_p v_0$ range of $2.48 \text{ kPa s} \leq I_0 \leq 4.19 \text{ kPa s}$. High speed photography was employed in order to measure the back face deflection of the beams. The high speed camera model Phantom Mercury HS v12.1 with a global electronic shutter was used. Typical recordings had a frame rate of 22,000 fps and an exposure time of 35 μs .

4 Finite Element Analysis

Finite element (FE) modelling of soft impact events was utilised in order to aid interpretation of the experimental tests and provide further insight into the results. The modelling strategy employed the constitutive model of Matzenmiller et al. [31] and Hashin [30] for fibre composites, implemented within the commercial finite element code ABAQUS. The primary aims of the numerical calculations were:

- To develop a full scale FE modelling strategy to predict the response of 3D woven composite materials undergoing soft impact.
- To further investigate the role of TTT-reinforcement within 3D woven composites undergoing dynamic soft impact.

4.1 Description of the finite element model

Three-dimensional (3D) finite element modelling was conducted using the explicit solver of ABAQUS (Version 6.12). Each of the 17 layers of the composite beam was modelled individually, with each layer composed of tows and inter-tow matrix channels. See Figure 4 for a sketch of the modelling strategy. The in-plane tows, through-thickness reinforcement, and matrix channels were modelled using 4-noded quadrilateral shell elements with reduced integration (S4R in ABAQUS notation), with 5 integration points through the thickness. The element size of in-plane tows were approximately 1.1 mm, and the inter-tow matrix elements were approximately 0.15 mm. The ABAQUS orientation assignment control was used to assign local fibre

orientations for individual tows. Cross sectional microscopic images, e.g. Figure 1(a), were used to acquire the geometrical data such as tow/matrix sizes and locations. The surface-based cohesive contact interaction within ABAQUS was employed to simulate the interaction between layers through the thickness of the beam, by which delamination under dynamic impact can be simulated. The through-the-thickness reinforcement was explicitly modelled, independently to the in-plane fibre architecture, with geometric parameters again taken from cross-sectional microscopic images. The translational and rotational nodal degrees of freedom (DoF) of the through-the-thickness reinforcement were tied to the translational and rotational nodal DoF of the in-plane fibre architecture via the tie constraint option within ABAQUS. The element size of through-thickness reinforcement was approximately 0.7 mm. Fixed boundary conditions were employed at the two edges of the composite sample, giving a gauge length of 170 mm. All material properties, except the in-plane shear stiffness of tow reinforcement, were estimated from uniaxial tension/compression coupon tests performed on the composite material. The constitutive models for the tows and the matrix channels are presented in Section 4.2. The constitutive model for the surface-based cohesive contact interaction is presented in the Appendix to this paper. The aluminium foam projectile was modelled with 8-node brick elements with reduced integration (C3D8R in ABAQUS notation), using the isotropic constitutive model for metal foam described in Section 4.2. The “general contact” option in ABAQUS was employed to simulate the interaction between the metal foam and the composite beam. A total of 210,000 shell elements were used for the composite material, and 14,100 solid elements for the projectile. A numerical study demonstrated that this mesh density can provide converged results. All numerical simulations were conducted in 8 CPUs parallel mode using the High Performance Computing (HPC) system at the University of Nottingham.

The numerical study included the two different material geometries used within the experimental investigation i.e. Full TTT and Half TTT. In order to study the effect of the TTT reinforcement, simulations were undertaken with the through-the-thickness reinforcement removed. The in-plane geometry for this model was based upon that of either the Full TTT or Half TTT material. This model is referred to as No TTT throughout this paper, and is identical to non-crimp composite materials. To investigate the influence of the in-plane fibre architecture, an equivalent UD-laminate material was utilised. The equivalent UD-laminate does not explicitly model the geometry of each individual tow and matrix channel; the tows and matrix channels are homogenised into one effective laminate, and the TTT reinforcement is removed. For clarification, Figure 4 (a), (b), and (c) presents sketches of the top layer of the Full TTT, No TTT, and Equivalent UD-laminate material FE models, respectively.

4.2 The constitutive models employed in the FE simulations

4.2.1 The constitutive models for each tow, TTT reinforcement and matrix channel

252 The constitutive models of Hashin [30] and Matzenmiller et al. [31] were employed to simulate the behaviour
 253 of the in-plane tows, the TTT reinforcement, and the inter-tow matrix channels during soft impact loading. As
 254 indicated in Figure 4, both the tow and the matrix regions were modelled as 4-node quadrilateral shell
 255 elements (S4R in ABAQUS notation). In order to describe the constitutive models, we will introduce a local
 256 co-ordinate system denoted by numbers, with 11 being longitudinal to fibre direction, and 22 being transverse
 257 to fibre direction. The tow and matrix elements were modelled as an orthotropic material under plane stress
 258 conditions i.e. $\sigma_{33} = \sigma_{13} = \sigma_{23} = 0$. The undamaged in-plane stress strain relationship is given as;

$$259 \quad \begin{Bmatrix} \varepsilon_{11} \\ \varepsilon_{22} \\ \gamma_{12} \end{Bmatrix} = \begin{bmatrix} 1/\bar{E}_{11} & -\bar{\nu}_{12}/\bar{E}_{11} & 0 \\ -\bar{\nu}_{21}/\bar{E}_{22} & 1/\bar{E}_{22} & 0 \\ 0 & 0 & 1/\bar{G}_{12} \end{bmatrix} \begin{Bmatrix} \sigma_{11} \\ \sigma_{22} \\ \sigma_{12} \end{Bmatrix} \quad (1)$$

260 where σ_{ij} ($i, j = 1, 2$) are the in-plane stress components. ε_{11} and ε_{22} are the normal strains in the x_1 and x_2
 261 directions, respectively. \bar{E}_{11} , \bar{E}_{22} , \bar{G}_{12} , $\bar{\nu}_{12}$ and $\bar{\nu}_{21}$ are longitudinal and transverse Young's modulus, shear
 262 modulus, and Poisson's ratios following $\bar{\nu}_{21} = (\bar{E}_{22} / \bar{E}_{11}) \bar{\nu}_{12}$.

263 *Damage model*

264 The four primary damage modes exhibited by fibre reinforced composites (fibre rupture under tension, fibre
 265 kinking and buckling under compression, matrix cracking under transverse tension and shear, and matrix
 266 crushing under transverse compression and shearing) were incorporated via the anisotropic damage initiation
 267 and progression models developed by Hashin [30] and Matzenmiller et al. [31]. The damage locus can be
 268 defined by a stress-space, as set out by the Hashin criteria. As long as the stress state remains within the
 269 damage locus, the material is classified as undamaged. Undamaged material follows the stress-strain
 270 relationship defined in Equation (1). When the stress state reaches or exceeds that of the damage locus,
 271 damaged is initiated, and four scalar damage variables are introduced into the stress-strain relationship. Thus,
 272 the response of the material after damage initiation becomes;

$$273 \quad \begin{Bmatrix} \varepsilon_{11} \\ \varepsilon_{22} \\ \gamma_{12} \end{Bmatrix} = \begin{bmatrix} 1/[\bar{E}_{11}(1-d_f)] & -\bar{\nu}_{21}/[\bar{E}_{11}(1-d_f)] & 0 \\ -\bar{\nu}_{12}/[\bar{E}_{22}(1-d_m)] & 1/[\bar{E}_{22}(1-d_m)] & 0 \\ 0 & 0 & 1/[\bar{G}_{12}(1-d_s)] \end{bmatrix} \begin{Bmatrix} \sigma_{11} \\ \sigma_{22} \\ \sigma_{12} \end{Bmatrix} \quad (2)$$

$$274 \quad \text{where} \quad d_f = \begin{cases} d_f^t & \text{if } \sigma_{11} \geq 0 \\ d_f^c & \text{otherwise} \end{cases} \quad \text{and} \quad d_m = \begin{cases} d_m^t & \text{if } \sigma_{22} \geq 0 \\ d_m^c & \text{otherwise} \end{cases} \quad (3)$$

275 d_f^t, d_f^c, d_m^t and d_m^c are the tensile fibre, compressive fibre, tensile matrix, and compressive matrix damage
 276 variables, respectively. A useful “resultant” shear damage variable, which combines all four of the damage
 277 modes, is defined by

$$278 \quad d_s \equiv 1 - (1 - d_f^t)(1 - d_f^c)(1 - d_m^t)(1 - d_m^c) \quad (4)$$

279 Prior to damage initiation, these four damage variables have zero values. As damage is initiated and
 280 progresses within the material, these variables progress from zero up to a maximum value of unity controlled
 281 by the strain of the material. The damage evolution law follows utilises a critical stress surface proposed by
 282 Matzenmiller et al. [31], and is defined as;

$$283 \quad \frac{\langle \sigma_{11} \rangle}{(1 - d_f^t) \bar{X}^T} \leq 1 \quad (5)$$

$$284 \quad \frac{-\langle \sigma_{11} \rangle}{(1 - d_f^c) \bar{X}^C} \leq 1 \quad (6)$$

$$285 \quad \left(\frac{\langle \sigma_{11} \rangle}{(1 - d_m^t) \bar{Y}} \right)^2 + \left(\frac{2\sigma_{12}}{(1 - d_s) \bar{Y}} \right)^2 \leq 1 \quad (7)$$

$$286 \quad \left(\frac{\langle -\sigma_{22} \rangle}{(1 - d_m^c) \bar{Y}} \right)^2 + \left(\frac{2\sigma_{12}}{(1 - d_s) \bar{Y}} \right)^2 \leq 1 \quad (8)$$

287 where the symbol $\langle \rangle$ represents the Macaulay brackets with the usual interpretation. \bar{X}^T and \bar{X}^C denotes the
 288 longitudinal tensile and compressive strength for damage initiation. \bar{Y} denotes the transverse tensile and
 289 compressive strength.

290 If the current state of stress within the material exceeds the critical space defined by Equations (5) to (8), the
 291 four independent damage variables (d_f^t, d_f^c, d_m^t and d_m^c) evolve and induce a linear reduction in stress with
 292 increasing strain. These damage variables are continually updated following the relationship;

$$d_f^t = \frac{\frac{2J_f^t}{l_e \bar{X}^T} (\langle \varepsilon_{11} \rangle - \bar{X}^T / \bar{E}_{11})}{\langle \varepsilon_{11} \rangle \left(\frac{2J_f^t}{l_e \bar{X}^T} - \bar{X}^T / \bar{E}_{11} \right)} \leq 1 \quad (9)$$

$$d_f^c = \frac{\frac{2J_f^c}{l_e \bar{X}^c} (\langle \varepsilon_{11} \rangle - \bar{X}^c / \bar{E}_{11})}{\langle \varepsilon_{11} \rangle \left(\frac{2J_f^c}{l_e \bar{X}^c} - \bar{X}^c / \bar{E}_{11} \right)} \leq 1 \quad (10)$$

$$d_m^t = \frac{\frac{2J_m}{l_e \bar{Y}} \left(\sqrt{\langle \varepsilon_{22} \rangle^2 + \varepsilon_{12}^2} - \bar{Y} / \bar{E}_{22} \right)}{\sqrt{\langle \varepsilon_{22} \rangle^2 + \varepsilon_{12}^2} \left(\frac{2J_m}{l_e \bar{Y}} - \bar{Y} / \bar{E}_{22} \right)} \leq 1 \quad (11)$$

$$d_m^c = \frac{\frac{2J_m}{l_e \bar{Y}} \left(\sqrt{\langle -\varepsilon_{22} \rangle^2 + \varepsilon_{12}^2} - \bar{Y} / \bar{E}_{22} \right)}{\sqrt{\langle -\varepsilon_{22} \rangle^2 + \varepsilon_{12}^2} \left(\frac{2J_m}{l_e \bar{Y}} - \bar{Y} / \bar{E}_{22} \right)} \leq 1 \quad (12)$$

J_f^t, J_f^c and J_m are the tensile fibre fracture energy, compressive fibre fracture energy and matrix fracture energy, respectively. In order to alleviate mesh dependency, a characteristic length scale, l_e , is utilised. The matrix channels are modelled with the same constitutive law as the tows. However, for the matrix material, the longitudinal and transverse properties are identical, i.e. the longitudinal fibre tensile and compressive properties required in the model are taken to be the same as the material properties of the matrix.

Rate dependency

Numerous studies have demonstrated the importance of the strain-rate dependent behaviour of 3D woven carbon fibre reinforced composites [33, 34]. Preliminary simulations of soft impact events indicated that without the inclusion of rate dependency within the composite material, the predictions of the onset and propagation of damage were inaccurate. In order to simulate rate dependency within the materials, a viscous regularisation scheme is employed for in-plane tows, TTT reinforcement, and matrix material. A viscosity coefficient, η , following Duvaunt and Lions [35], is introduced to further update each of the four previously-defined damage variables (d_f^t, d_f^c, d_m^t and d_m^c). The viscous damage variables are defined as;

$$\dot{d}_i^v = \frac{1}{\eta} (d_i - d_i^v) \quad (13)$$

where η represents the relaxation time of the system, with d_i as the previously defined inviscid damage variable, with i denoting one of the four damage modes (I through IV for d_f^t , d_f^c , d_m^t and d_m^c , respectively). The term d_i^v is used to compute the damaged stiffness matrix and is updated by;

$$d_i^v|_{t_0+\Delta t} = \frac{\Delta t}{\eta + \Delta t} d_i|_{t_0+\Delta t} + \frac{\eta}{\eta + \Delta t} d_i^v|_{t_0} \quad (14)$$

The viscous regularisation effectively slows down the rate of damage evolution, with increasing rates of deformation leading to increasing fracture energies. A numerical calibration study led to the value $\eta = 5 \mu s$. This value was assumed to be identical for tension and compression for both longitudinal and transverse damage modes. The viscosity coefficient employed within this study corresponds well with previously calibrated values of η for carbon fibre reinforced epoxy materials, such as the one presented by Russell et al. [9].

4.2.2 Constitutive model for the metal foam projectile

The isotropic continuum constitutive model for metal foams developed by Deshpande and Fleck [36] was used to model the Alporas aluminium foam projectiles. The von Mises effective stress, defined as

$$\sigma_e \equiv \sqrt{3s_{ij}s_{ij}/2} \quad (15)$$

with s_{ij} as the usual deviatoric stress. The yield surface for the metal foam is isotropic and follows the yield function ϕ by

$$\phi \equiv \hat{\sigma} - Y \leq 0 \quad (16)$$

where the equivalent stress $\hat{\sigma}$ is given by

$$\hat{\sigma}^2 \equiv \frac{1}{[1 + (\alpha/3)^2]} [\sigma_e^2 + \alpha^2 \sigma_m^2] \quad (17)$$

330 where the mean stress, $\sigma_m \equiv \sigma_{kk}/3$, and the ratio of deviatoric strength to hydrostatic strength, α , define the
 331 shape of the yield surface. The right hand side of the equation is chosen so that $\hat{\sigma}$ denotes the stress
 332 experienced in a uniaxial tension or compression test. The shape factor, α , can be computed using the relation

$$333 \quad \alpha = \frac{3k}{\sqrt{9-k^2}} \quad \text{with} \quad k = \frac{\sigma_c^0}{\sigma_{kk,c}^0} \quad (18)$$

334 where σ_c^0 is the initial yield stress in uniaxial compression, and $\sigma_{kk,c}^0$ is the initial yield stress in hydrostatic
 335 compression.

336 Equations (16) and (17) describe an elliptical yield surface in (σ_m, σ_c) space. Y is equal to the uniaxial strength
 337 in tension and compression, and the hydrostatic yield strength is equal to

$$338 \quad \sigma_{kk} = \frac{\sqrt{1+(\alpha/3)^2}}{\alpha} Y \quad (19)$$

339 The plastic Poisson's ratio ν_p in uniaxial compression has the predicted dependence upon α

$$340 \quad \nu_p = -\frac{\dot{\epsilon}_{11}^p}{\dot{\epsilon}_{33}^p} = \frac{(1/2) - (\alpha/3)^2}{1 + (\alpha/3)^2} \quad (20)$$

341 Consistent with the quasi-static behaviour of the Alporas aluminium foam, the plastic Poisson's ratio $\nu_p = 0$,
 342 sets the shape factor, $\alpha = 3/\sqrt{2}$. Following results from uniaxial compressive tests on the aluminium foam
 343 material, presented in Figure 2, the uniaxial yield stress, σ_c , versus the true uniaxial plastic strain relationship
 344 is approximated by

$$345 \quad \sigma_c = \begin{cases} \sigma_{pl} & \hat{\epsilon}^p \leq \epsilon_D \\ \infty & \text{otherwise} \end{cases} \quad (21)$$

346 with the plateau strength of the foam $\sigma_{pl} = 2.2$ MPa and the true densification strain $\epsilon_D = 1.6$. Characterisation
 347 of shock wave propagation through a metallic foam is presented in Radford et al. [3]. A large stress jump is
 348 seen across the shock front during progressive densification of the foam, with the width of the shock front
 349 being of the order of the cell size of the material, $w \approx 5$ mm. Typical length of element during finite element
 350 calculations for the metallic foam was 1.5 mm; sufficiently small enough to resolve the stress gradient.

4.2.3 Cohesive law for interface between layers

The surface-based cohesive contact interaction in ABAQUS was employed to simulate the interface between two adjacent layers through the thickness of the composite beam. A cohesive contact law is used to model the traction-separation behaviour within the interface between layers, allowing the simulation of delamination. If the traction stress state exceeds a critical stress state, a damage variable, \bar{h} ($0 \leq \bar{h} \leq 1$), becomes non-zero. This damage variable is a function of the fracture energy of the matrix, J_G , and used to update the traction-separation relation with a linear softening damage evolution. In compression, or the fully delaminated scenarios, the interaction between layers within the composite material is reduced to the penalty contact algorithm (“general contact” within ABAQUS), with a tangential friction coefficient of 0.3. The normal and shear stiffness of the cohesive interaction, k_n and k_s , respectively, were estimated from manufacturer’s data of the epoxy resin. The maximum normal and shear traction of the cohesive interaction, t_n and t_s respectively, were estimated from the strength of the matrix material. The constitutive law for the cohesive interaction is presented in more detail in the Appendix to this paper.

4.3 Material data employed in the FE simulations

Tows and TTT reinforcement

To fully characterise the elastic response, damage initiation, and propagation of damage of the tows and TTT reinforcement, ten parameters are required. These are the longitudinal and transverse Young’s moduli \bar{E}_1, \bar{E}_2 , the in-plane shear modulus \bar{G}_{12} , in-plane Poisson’s ratio $\bar{\nu}_{12}$, longitudinal tensile strength \bar{X}^T , longitudinal compressive strength \bar{X}^C , transverse strength \bar{Y} , longitudinal tensile fracture energy \bar{J}_1^t , longitudinal compressive fracture energy \bar{J}_1^c and transverse fracture energy J_m . Simply applying the rule of mixtures to the mechanical data of carbon fibre and epoxy resin provided by the manufacturer led to an overestimation of the longitudinal stiffness and strength. This is attributed to (i) inherent fibre waviness causing a reduction of stiffness of the composite, (ii) stochastic micromechanical flaws and initial fibre misalignment causing a reduction in tensile strength, and (iii) fibre kink band formation and fibre microbuckling during compressive loading causing a reduction in compressive strength [37]. Therefore, the majority of the material properties were obtained via the rule of mixtures applied to results from quasi-static uniaxial tension and compression tests on the composite material.

Let V_{tow}^{weft} and V_{tow}^{warp} denote the volume fractions of warp tows and weft tows within the cross-section of a composite sample, respectively. They can be calculated as;

$$V_{tow}^{warp} = \frac{n_{warp} A_{tow}^{warp}}{A_x}, \quad V_{tow}^{weft} = \frac{n_{weft} A_{tow}^{weft}}{A_y}, \quad (22)$$

where A_{tow}^{warp} and A_{tow}^{weft} denote the average transverse cross sectional areas for warp and weft tows, respectively. n_{warp} and n_{weft} are the quantities of warp tows and weft tows within the composite cross-section and A_x and A_y are the areas of cross sections of the composite along the x (warp) and y (weft) axis, respectively. Based on the rule of mixtures we have;

$$\bar{E}_1 = \frac{E_x^T - (1 - V_{tow}^{warp})E_m}{V_{tow}^{warp}}, \quad \bar{\nu}_{12} = \frac{\nu_{xy} - (1 - V_{tow}^{warp})\nu_m}{V_{tow}^{warp}} \quad (23)$$

$$\bar{X}^T = \left(\frac{E_x^T - (1 - V_{tow}^{warp})E_m}{V_{tow}^{warp}} \right) \frac{X_x^T}{E_x^T}, \quad \bar{X}^C = \left(\frac{E_x^C - (1 - V_{tow}^{warp})E_m}{V_{tow}^{warp}} \right) \frac{X_x^C}{E_x^C} \quad (24)$$

For warp tows, and

$$\bar{E}_1 = \frac{E_y^T - (1 - V_{tow}^{weft})E_m}{V_{tow}^{weft}}, \quad \bar{\nu}_{12} = \frac{\nu_{xy} - (1 - V_{tow}^{weft})\nu_m}{V_{tow}^{weft}} \quad (25)$$

$$\bar{X}^T = \left(\frac{E_y^T - (1 - V_{tow}^{weft})E_m}{V_{tow}^{weft}} \right) \frac{X_y^T}{E_y^T}, \quad \bar{X}^C = \left(\frac{E_y^C - (1 - V_{tow}^{weft})E_m}{V_{tow}^{weft}} \right) \frac{X_y^C}{E_y^C} \quad (26)$$

for weft tows. $\{E_x^T, E_x^C, X_x^T, X_x^C\}$ and $\{E_y^T, E_y^C, X_y^T, X_y^C\}$ are the measured material tensile Young's modulus, compressive Young's modulus, tensile strength and compressive strength along the x-direction (warp) and y-direction (weft), respectively, ν_{xy} is the measured in-plane Poisson's ratio. 0/90° uni-axial tension/compression tests, described in Section 2, were used to obtain these values. Let G_{xy} represent the in-plane shear modulus obtained by matrix dominated $\pm 45^\circ$ coupon tests. In Equations (24) and (26) it is assumed that the strain to failure of the longitudinal tows is identical to that of the composite sample.

Regarding the in-plane shear modulus, \bar{G}_{12} , application of the rule of mixtures to mechanical test data, i.e. G_{xy} , yielded a value lower than that of pure matrix. This was deemed unrealistic. It is argued that the pronounced shear nonlinearity exhibited in $\pm 45^\circ$ coupon test data, i.e. Figure 2, is probably the main reason that the simple rule of mixtures provides an unrealistic tow shear modulus based on coupon test data. In order

400 to calculate the tow shear modulus, the rule of mixtures was applied to manufacturer's data of fibre and cured
 401 epoxy resin. Consider a warp or weft tow with fibre volume fraction, V_f , we have;

$$402 \quad \bar{G}_{12} = \frac{G_{12f} G_m}{V_f G_m + (1 - V_f) E_m} \quad (27)$$

403 The A-38 carbon fibres of diameter 7 μm were assumed to be isotropic. In-plane shear modulus $G_{12f} = 96 \text{ GPa}$
 404 was calculated from an assumed fibre Poisson's ratio $\nu_f = 0.25$. The in-plane warp and weft tows each
 405 contained 6000 fibres, and the TTT reinforcement contained 3000 fibres. Microscopic cross sectional images,
 406 such as those presented in Figure 1(a), were used to measure the volume fractions of the warp, weft and TTT
 407 reinforcement. They were measured as 0.785, 0.692 and 0.795, respectively. In the current research, as the
 408 beam deflection during soft impact is normally greater than the thickness of the beam the deformation
 409 mechanism within the composite material is stretch-dominated rather than bending dominated. A parameter
 410 study has demonstrated that the shear modulus is not a critical parameter influencing the dynamic response of
 411 the composite beam under soft impact.

412 The transverse strength of tows, \bar{Y} , is matrix dominated. It was determined from quasi-static uni-axial tensile
 413 material coupon tests with the fibres orientated at $\pm 45^\circ$ from the loading axis. The longitudinal tensile and
 414 compressive tow fracture energies, \bar{J}_1^t and \bar{J}_1^c were calculated using the following equations;

$$415 \quad \bar{J}_1^t = 0.5 \times \frac{l_e (\bar{X}^t)^2}{\bar{E}_1} \times 1.2 \quad (28)$$

416 and

$$417 \quad \bar{J}_1^c = 0.5 \times \frac{l_e (\bar{X}^c)^2}{\bar{E}_1} \times 1.2 \quad (29)$$

418 where l_e is the typical length of line across an element for a first order element, introduced in order to help
 419 alleviate mesh dependency. The multiplication factor of 1.2 is incorporated in order to include the fracture
 420 energy contribution from post-damage behaviour of the composites materials. It was obtained through
 421 calibration against experimental measurement using detailed FE simulation on quasi-static uniaxial
 422 tension/compression coupon tests [38]. The fibre volume fraction of the through-the-thickness reinforcement
 423 was calculated as 0.795, and is almost identical to that of warp tows. Therefore, warp tow properties were

used for the TTT reinforcement. Table 1 gives a summary of all of the material properties used within the finite element model for the matrix and tows.

Matrix material

The isotropic matrix material is characterised by six parameters i.e. Young's modulus E_m , shear modulus \hat{G}_{12} , Poisson's ratio $\hat{\nu}_{12}$, normal strength σ_m , shear strength τ_m , and fracture energy J_m . The Young's modulus was obtained from manufacturer's data of cured epoxy matrix $E_m = 3.5$ GPa. The matrix Poisson's ratio, $\hat{\nu}_{12}$, and shear modulus \hat{G}_{12} , were also taken from manufacturer's data of cured epoxy matrix, of value 0.3 and 2 GPa, respectively. The longitudinal and transverse strength of the matrix material were identical and taken from the quasi-static $\pm 45^\circ$ material coupon test data presented in Figure 2. As shown in the figure, the strength of the matrix material corresponds to the onset of nonlinearity of the test data, i.e. $\sigma_m = 80$ MPa. The shear strength was estimated to be half that of the normal strength, i.e. $\tau_m = 40$ MPa. The transverse and longitudinal tensile and compressive fracture energies were identical and also estimated from matrix dominated $\pm 45^\circ$ tension coupon tests as $J_m/l_e = 6.5$ MPa. The density of the matrix was taken from manufacturer's data for cured epoxy resin, i.e. $\rho_m = 1144$ kg/m³.

Equivalent UD-laminate material

It is difficult to find a UD-laminate that is equivalent to a 3D woven material for experimental testing due to variations in material properties or geometry [39]. By employing the rule of mixtures to the tow and matrix properties of a 3D woven composite within an FE model, it is possible to create an equivalent UD-laminate material. The following material properties for the warp and weft tows within the 3D woven material model are mapped into their corresponding values of an equivalent UD-laminate model, i.e. longitudinal Young's modulus \tilde{E}_1 , in-plane shear modulus \tilde{G}_{12} , longitudinal tensile strength \tilde{X}^T , longitudinal compressive strength \tilde{X}^C , longitudinal tensile fracture energy, \tilde{J}_1^t , longitudinal compressive fracture energy \tilde{J}_1^c , and density ρ^{UD} .

Let the volume fraction of a tow within a warp or weft layer follow;

$$V_t^{UD} = w_t / (w_t + w_m) \quad (30)$$

where w_t denotes average width of tow and w_m denotes average width of inter-tow matrix channel, as shown in Figure 4. Using the previously calculated values of tow Young's Modulus and strength, the effective laminate properties are estimated as

$$\tilde{E}_1 = V_t^{UD} \bar{E}_1 + (1 - V_t^{UD}) E_m \quad (31)$$

$$\tilde{G}_{12} = \frac{\bar{G}_{12} G_m}{V_t^{UD} G_m + (1 - V_t^{UD}) \bar{G}_{12}} \quad (32)$$

$$\tilde{X}^T = V_t^{UD} \bar{X}^T + (1 - V_t^{UD}) X_m \quad (33)$$

$$\tilde{X}^C = V_t^{UD} \bar{X}^C + (1 - V_t^{UD}) X_m \quad (34)$$

$$\tilde{J}_1^t = 0.5 \times \frac{l_e (\tilde{X}^T)^2}{\tilde{E}_1} \times 1.2 \quad (35)$$

$$\tilde{J}_1^c = 0.5 \times \frac{l_e (\tilde{X}^C)^2}{\tilde{E}_1} \times 1.2 \quad (36)$$

$$\rho^{UD} = V_t^{UD} \rho^{tow} + (1 - V_t^{UD}) \rho_m \quad (37)$$

with E_m as the Young's modulus of cured epoxy resin. The modified material properties employed for the equivalent UD-laminate are presented in Table 1. A sketch of the top surface of the Equivalent UD-laminate material is presented in Figure 4(c).

5 Results and discussion

5.1 Transient deflection of beams

Soft impact experiments and FE modelling were conducted on the Full and Half TTT 3D woven composite panels orientated along the x-direction (warp) and y-direction (weft). Due to the lower fibre volume fraction in the warp direction, in comparison to the weft, the warp direction is shown to be unfavourable for resisting the loading. Figure 5 presents the measured and FE predicted normalised back-face deflections $\hat{\delta}$ of Full TTT composite beams orientated along the y-direction (weft) as a function of normalised time after moment of impact \hat{t} for impulsive loading of (a) $I_0 = 2.48 \text{ kPa s}$, (b) $I_0 = 2.64 \text{ kPa s}$, (c) $I_0 = 3.33 \text{ kPa s}$, and (d) $I_0 = 4.03 \text{ kPa s}$. Also presented are FE predictions of the response of Full TTT material, No TTT material and Equivalent UD-laminate material. In order to characterise the response of the composite beams during impact, the time parameter normalised against the crush time of the projectile is used, i.e. $\hat{t} \equiv t v_0 / l_p$ with t as time after contact between projectile and beam, v_0 as projectile velocity, and l_p as length of projectile. In order

to remain dimensionless, a normalised deflection term $\hat{\delta} \equiv \delta/l_0$ is also used with δ as the back-face deflection of the beam at centre-span and $l_0 = 170$ mm as the free length of the beam sample. The peak back-face deflection experienced by the beam during the impact event occurs at a normalised time of approximately between $1.0 \leq \hat{t} \leq 1.5$, with $\hat{t} = 1$ corresponding to the time at which projectile densification has completed. This indicates that the transient deformation of the beam is governed primarily by the crush time of the projectile.

FE predictions over the entire range of experimentally tested impulses show excellent fidelity in regards to the peak back-face deflection exhibited by the beam during the test. The FE model also predicts the time at which the peak deflection occurs during the test. The restitution of the beam occurs later than the prediction, due to oscillations within the clamp during the experiment increasing the time taken for reflection of the bending wave. However, the peak deflection of the beams occurred before the oscillations within the clamp, and therefore had no influence from them. Figure 6(a) and (b) present the experimentally recorded and predicted montages of the deformation of a Full TTT 3D woven beam orientated along the y-direction (weft) undergoing an impact event of impulse $I_0 = 2.64$ kPa s, respectively. The corresponding locations A-E match with the positions highlighted in Figure 5(b). The FE prediction is shown to model accurately the deformed configuration of the beam, and the crushing of the metal foam material.

The FE predicted back-face deflection against time response during a soft impact event for beams orientated along the y-direction (weft) of the 3D woven composite material is compared to an equivalent UD-laminate material in Figure 5. The Equivalent UD-laminate material exhibits the same predicted back-face deflection during the soft impact event as the Full TTT material and the No TTT-reinforcement material. This result may indicate that neither the TTT reinforcement nor the beam in-plane fibre architecture have significant influence on the back-face deflection of composite beams undergoing soft-impact within the range of impulses tested in this study. The small-scale local increases in the back-face deflection demonstrated by the UD-laminate, shown in Figure 5, is attributed to delamination damage allowing relative displacement of the bottom layer due to inertia. The Equivalent UD-laminate material was also predicted to exhibit a similar amount of delamination damage as the No TTT reinforcement material.

Effect of TTT reinforcement density on back-face deflection

The Full TTT and Half TTT materials have a small variation in material areal density; 5.30 kg m^{-2} and 5.21 kg m^{-2} , respectively. Therefore, to make a comparison of the response of the samples during a soft impact event, the non-dimensional group suggested by Xue and Hutchinson [40] is used, which is defined as;

$$\bar{I}_0 = \frac{I_0}{cM} \quad (38)$$

where c is a characteristic wave speed, here taken to be the longitudinal wave speed of the composite material $c = 7060 \text{ ms}^{-1}$, and M is the areal mass of the sample. A non-dimensional peak deflection, $\bar{\delta}_{\max}$, is also used, and is defined as;

$$\bar{\delta}_{\max} = \frac{\delta_{\max}}{l_0} \quad (39)$$

where δ_{\max} is the maximum back-face deflection of the sample experienced during the experiment.

Normalised maximum back-face deflection captured by high speed photography during experimental tests of Full and Half TTT material as a function of imposed normalised impulse are plotted in Figure 7. It can be seen that in this case there is no significant difference in the maximum back-face deflection between the two materials tested. Also plotted is the normalised impulse at which small scale fibre fracture damage was recorded on the top surface of the beams.

Damage and failure of beams during soft impact

Experimental tests of Half TTT orthogonal 3D woven composite material beams orientated along the x-direction (warp), demonstrated the primary damage mechanism of beams undergoing a soft impact event to be longitudinal fibre fracture occurring at the clamped ends. FE simulations of beams orientated along the x-direction (warp) were also undertaken for two impulses, i.e. 2.95 kPa s, at which no catastrophic damage occurred, and 4.19 kPa s, at which the beam failed. The normalised experimentally recorded and predicted back-face deflection $\hat{\delta}$ against normalised time \hat{t} after impact of two velocities of projectile for beams orientated along the x-direction (warp) are presented in Figure 8. Excellent fidelity was achieved, with an accurate prediction of both the back-face deflection against time and the moment of catastrophic fibre fracture within the sample. To understand the failure mechanism at impulse $I_0 = 4.19 \text{ kPa s}$, Figure 9 (a) and (b) presents the experimentally recorded and numerically predicted deformation of the Half TTT 3D woven composite beam at selected time instants V-Z, respectively. The instants V-Z coincide with the positions highlighted in Figure 8. As shown in Figure 9(b), the onset of element damage at the gripped ends corresponds to the beginning of the reflection of the bending wave ($t = 264$). The sample was fully fractured at the clamped ends before the reflected wave reached back to the projectile. The photographic images of the fractured 3D woven composite beam after impact test and the corresponding FE numerical simulation are shown in Figure 10. Both experimental results and numerical simulation demonstrated that the fracture location was at the position with TTT reinforcement, which corresponds to the location with geometrical

variation in the sample. Clearly, it is the location with stress concentration. Examination of both the experimental and predicted fracture surfaces reveals no visible delamination.

In order to compare the failure modes between the 3D woven carbon composite beam and a similar UD carbon laminate beam, Figure 9(c) shows the montage of a similar UD-laminate beam under metal foam soft impact with impulse $I_0 = 2.90 \text{ kPa s}$, reported by Kandan et al. [10]. The UD laminate $[(0^\circ/90^\circ)_7 0^\circ]$ had density 5.21 kgm^{-3} , in-plane tensile Young's modulus $E_l = 85 \text{ GPa}$, tensile strength $\sigma'_l = 980 \text{ MPa}$, and compressive strength $\sigma'_c = 630 \text{ MPa}$, which are similar to those of the 3D woven composite material presented in this study. The UD-laminate beams had a thickness $t = 3.75 \text{ mm}$, width $w = 35 \text{ mm}$, and gauge length $l_0 = 200 \text{ mm}$, slightly different from the geometry of the 3D woven carbon composite beam. The UD laminate material exhibited both delamination across the entire length of the beam, and catastrophic longitudinal fibre fracture. An available experimental investigation [9] has also demonstrated that UD-laminate composites can experience delamination at impulses lower than catastrophic beam failure. Next, we will demonstrate that at impulses lower than those which caused catastrophic fibre fracture, the 3D woven material exhibited no significant delamination, and only minor surface fibre fracture.

Beams orientated along the y-direction (weft) had a higher volume fraction than those orientated along the x-direction (warp). Even the highest impulses tested within this study were not high enough to cause fibre fracture of beams orientated along the y-direction (weft). After soft impact of impulse greater than $I_0 \geq 3 \text{ kPa s}$, damage was observed on the front surface of the sample. Microscopic images showing the surface damage of a Half TTT beam orientated along the y-direction (weft) undergoing an impact event of impulse $I_0 = 3.33 \text{ kPa s}$ are presented in Figure 11(c). The damage consisted of small-scale fibre fractures within the longitudinal surface tows, and was almost entirely restricted to underneath the projectile impact location.

To investigate the difference in damage mechanisms between the Full and Half TTT materials, numerical predictions of Full and Half TTT material beams orientated along the y-direction (weft) impacted at an impulse of $I_0 = 3.33 \text{ kPa s}$ were conducted. Both beams resisted delamination equally well, and there was no significant difference in the tensile damage of fibres. However, there were differences in the extent of the compressive damage of the surface weft tows. Figure 11(a) and (b) present the predicted compressive fibre damage initiation on the top surface of beams $800 \mu\text{s}$ after projectile impact of impulse $I_0 = 3.33 \text{ kPa s}$. A value of 1 indicates the onset of damage. The localised in-plane compressive fibre damage at the centre of the beam corresponds well to the surface damage observed experimentally, and shown in Figure 11(c). This damage is more pronounced in the Full TTT material in comparison with the Half TTT material. It is

563 suggested that the more highly constrained in-plane fibres in the Full TTT material relative to the Half TTT
564 material cause the material to undergo greater damage during impact testing. The damage was observed to be
565 concentrated at the top surface of the beam, and reduced significantly towards the centre of the beam. Next,
566 we will investigate the influence of internal damage on the bending behaviour of the beam via post-impact
567 clamped-clamped beam bending experiments.

5.2 Post impact quasi-static bending response

Beams orientated along the y-direction (weft) exhibited only minor visible damage during the soft impact event, even up to the highest impulse of impact event. However, there still could be internal damage that could reduce the structural capacity of the beam. In order to investigate this, post impact, samples of both TTT reinforcement densities were tested in a quasi-static clamped-clamped beam bending test. Figure 12 presents a sketch of the experimental setup for the quasi-static beam bending test. Results of the experiment are compared to that of an un-impacted virgin sample. The beams were aligned along the y-direction (weft), as co-ordinate system defined in Figure 1. The beams were fixed at both ends in a custom-designed clamp of stainless steel, with the clamp subsequently fixed onto an I-beam. The spans of the beams between the clamped ends was $L_b = 180$ mm. This free span length was purposefully chosen to be longer than the original impact test beam length in order to capture damage sustained within the clamp position during soft impact testing. The beams were centrally loaded by a roller across their entire width, w . Width of clamped beam tested in this investigation was $w = 40$ mm, identical to the width of impact samples. A screw-driven Instron[®] 5581 test machine with a static 50 kN load cell provided a constant quasi-static displacement of the roller along the vertical axis (z-direction) of 5 mm/min. Roller displacement along the vertical axis, δ_b , and load imposed by the roller, P , were measured directly from the load cell of the test rig. The stiffness was calculated from between a vertical roller displacement of 2.5 mm and 7.5 mm, in order to avoid any contributions from initial movement within the clamp. Figure 13 shows the load imposed by the roller, P , against vertical roller displacement δ_b for the clamped beam test for the Full TTT material. Beams were shown to retain structural integrity even after undergoing relatively high-impulse impacts ($I_0 \geq 3.0$ kPa s). Beam response was linear elastic up until a displacement $\delta_b \approx 12$ mm, when brittle fracture of in-plane reinforcement tows occurred. Beam failure was attributed to fibre fracture at the centre of the samples, directly under the roller position. This position is also the projectile impact location, and location of small-scale fibre damage, presented in the previous section. The location of fibre fracture was the same for impacted and un-impacted beams, indicating that the surface damage at this location was not the root cause for failure at this position.

The peak load recorded during clamped beam test as a function of impact velocity is presented in Figure 14(a). It can be seen that there is no significant reduction in strength of beam for either the Full TTT or Half TTT material even after the highest velocity of impact. The variation shown here is typical as to what is expected due to stochastic flaws within the material.

Figure 14(b) presents the stiffness of post-impact clamped-clamped beam experiment as a function of impact velocity. There is a slight reduction in stiffness during post-impact testing, with stiffness reducing linearly

with increasing impact velocity. The reduction in stiffness is seen to be greater with the Full TTT binder material relative to the Half TTT binder material. It is suggested that this is due to more highly constrained in-plane fibres in the Full TTT material cause the material to have more damage during impact testing. FE simulations presented in Section 5.3 confirm that higher TTT reinforcement density can lead to increased damage in the material.

5.3 *The role of the TTT reinforcement*

As demonstrated in Figure 5, the presence of the binder has no contribution to the back-face deflection of the beams. However, we will now show that there is a remarkable difference in the delamination damage sustained within the composite material. To investigate this, numerical simulations of Full and No TTT material beams orientated along the y-direction (weft) under soft impact were conducted. Figure 15(a) and (b) show the predicted cohesive interaction damage contours within the beam at time $t = 700 \mu\text{s}$ after the moment of impact for the beams with and without the TTT reinforcement, respectively. The contours shown in Figure 15 represent the value of the cohesive interaction damage variable, \bar{h} , which at a value of 1 represents fully damaged interaction between layers. \bar{h} is defined in the Appendix to this paper. Without the presence of the TTT reinforcement, the delamination damage propagates along the entire length of the beam. Without the presence of the TTT reinforcement, the delamination damage propagates along the entire length of the beam. However, with the presence of the TTT reinforcement, the damage is notably reduced, being almost entirely restricted in location to directly under the projectile.

In order to further investigate the role of the through-the-thickness, simulations of soft impact events were undertaken with the cohesive interaction between layers removed, as shown in Figure 16. This removal of the cohesive interaction effectively simulates a fully pre-delaminated case. Inter-penetration between layers was now prevented via a penalty contact algorithm. Through this method, it is possible to simulate the material under severe conditions. It can be seen from Figure 16(a) that even with the cohesive interaction removed, the TTT reinforcement provides structural integrity to the beam, retaining its cross section throughout the test. This is juxtaposed by the predictions with both the TTT-reinforcement and cohesive interaction removed, shown in Figure 16(c), where extensive delamination is shown throughout the entire length of the beam. A transfer of momentum through the beam causes a large relative displacement of the top and bottom layers of the composite. Also presented are simulations for the case of Half TTT material (Figure 16(b)) and the equivalent UD-laminate material (Figure 16(d)). The Half TTT material exhibits a response identical to that of the Full TTT material, indicating that, in regards to the material in this study, halving the TTT reinforcement density provides no reduction in structural integrity. The Equivalent UD-laminate material behaves identically to that of the No TTT material; indicating again that in-plane reinforcement topology provides negligible influence on beam structural integrity during impulsive loading. The results presented in Figure 16 gives

indications of the superior performance of the 3D woven beams undergoing multi-hit soft impact. For example, a UD-laminate beam which had previously been delaminated by a soft impact event would perform far less favourably in comparison with a 3D woven composite.

6 Concluding remarks

An experimental investigation was undertaken in conjunction with numerical modelling in order to investigate the dynamic soft impact response of two orthogonal 3D woven composite materials varying only by density of through-the-thickness (TTT) reinforcement. The transient-deflection responses of the composite beams were shown to be primarily governed by the projectile crush time. 3D woven composites demonstrated remarkably reduced delamination damage during soft impact events in comparison with a similar UD-laminate material. The failure mechanism of 3D woven composite beams was longitudinal fibre fracture at the clamped ends. At impulses lower than those which caused catastrophic fibre fracture, only minor, localised fibre fracture on the surface of beams was recorded. The two different densities of through-thickness reinforcement experimentally tested within the study had no difference in the back-face deflection experienced during soft impact. This was confirmed with the use of a finite element modelling strategy which explicitly models the geometry of the through-the-thickness reinforcement. FE modelling also showed that an equivalent UD laminate material will have the same maximum back-face deflection as a 3D woven material during a soft impact event, indicating that the in-plane architecture has no influence on the transient deflection of beams. However, modelling of an equivalent UD-laminate material did reveal greatly increased delamination damage sustained than that of the 3D woven material.

The 3D woven composite beams were shown to retain structural integrity even during high impulse soft impact tests, with no delamination up to final fibre fracture. In order to investigate potential internal damage within the beam clamped beam bending tests were conducted post-impact. These tests reveal negligible variations in strength and only minor reductions in beam stiffness after soft impact for 3D woven material. This indicates the potential for 3D woven composites to perform well during resistance of multiple soft impacts. The stiffness reduction post-impact was seen to be greater with the composite containing a higher density of through-thickness reinforcement. Finite element simulations of soft impact on 3D woven composites of two different reinforcement densities indicated varying compressive fibre damage on the front surface of the beams; demonstrating the potential for increased damage with higher densities of TTT-reinforcement. Finite element predictions of pre-delaminated beams undergoing soft impact demonstrated significant structural enhancement provided by the TTT-reinforcement.

The deterrence of delamination due to the presence of through-the-thickness reinforcement in reality has been attributed to limited frictional forces between through-the-thickness reinforcement and in-plane fibre

665 architecture, which may not be able to prevent delamination, especially mode I dominant delamination
 666 effectively [39]. The representation of this effect via the element tie methodology is a simplification utilised in
 667 order to reduce the numerical difficulties which would arise from the explicit modelling of interactions
 668 between the through-the-thickness reinforcement and the in-plane fibre architecture. Further studies will be
 669 conducted in order to precisely classify the efficacy of the element tie methodology in regards to modelling
 670 the suppression of delamination.

671 The contribution provided by this research is the detailed investigation into the response of an orthogonal 3D
 672 woven carbon reinforced epoxy composite material undergoing high speed soft impact loading, and the
 673 demonstration of the efficacy of a full-scale finite element modelling strategy utilising an established
 674 continuum damage mechanics framework for the simulation of the deflection and damage modes exhibited
 675 during soft impact.

676 *Acknowledgements*

677 3D woven fabrics were provided by Sigmatech UK. The authors acknowledge support from the Engineering
 678 and Physical Sciences Research Council, UK (EPSRC EP/P505658/1 and EP/K503101/1) and Early Career
 679 Research and Knowledge Transfer Awards from the University of Nottingham. They also acknowledge the
 680 use of the High Performance Computing facility at the University of Nottingham for finite element
 681 calculations. The authors are grateful for the constructive comments from the reviewer and associate editor.

682 **Appendix A. Cohesive interaction constitutive law**

683 *Cohesive law for interface between layers*

684 As shown in Figure 4, there are 17 layers in the composite material. These layers are joined to neighbouring
 685 layers via a cohesive contact law. This law is used to model the traction-separation behaviour within the
 686 interface between layers, and allows the FE model to simulate inter-laminar delamination. It was at these
 687 locations that delamination damage was observed for a UD laminate composite material undergoing soft
 688 impact [10]. The undamaged elastic behaviour across the interface is governed by the following traction-
 689 separation law;

$$690 \quad \begin{Bmatrix} t_n \\ t_s \\ t_t \end{Bmatrix} = \begin{Bmatrix} k_n & 0 & 0 \\ 0 & k_s & 0 \\ 0 & 0 & k_t \end{Bmatrix} \begin{Bmatrix} \delta_n \\ \delta_s \\ \delta_t \end{Bmatrix} \quad (40)$$

691 where t_n , δ_n and k_n denote the normal traction, separations and stiffness, respectively; $\{t_s, t_t\}$, $\{\delta_s, \delta_t\}$ and
 692 $\{k_s, k_t\}$ the two shear tractions, separations and coefficients of stiffness, respectively. The behaviour is
 693 uncoupled i.e. pure normal separation does not induce cohesive forces in any of the shear directions, and pure
 694 shear displacement does not induce any normal forces.

695 As with the material model for the tows and matrix, the cohesive contact consists of both a damage initiation
 696 criterion and a law for the evolution of damage. If the traction stress state exists within the following surface,
 697 no damage will develop;

$$698 \left[\frac{\langle t_n \rangle}{(1-\hbar)T_n} \right]^2 + \left[\frac{\langle t_s \rangle}{(1-\hbar)T_s} \right]^2 + \left[\frac{\langle t_t \rangle}{(1-\hbar)T_s} \right]^2 \leq 1 \quad (41)$$

699 Where T_n and T_s are the maximum stress states that exist in the normal and shear directions before damage
 700 initiation, respectively; \hbar ($0 \leq \hbar \leq 1$) denotes the damage variable for cohesive contact with $\hbar = 0$ prior to
 701 damage initiation and $\hbar = 1$ at the maximum state of damage. The damage variable is defined as a function of
 702 the fracture energy, J_G , following;

$$703 \hbar = \frac{\frac{2J_G}{t_e^0}(\delta_e^{\max} - \delta_e^0)}{\delta_e^{\max} \left(\frac{2J_G}{t_e^0} - \delta_e^0 \right)} \leq 1 \quad (42)$$

704 where δ_e^{\max} denotes the maximum value of effective separation occurring during loading; t_e^0 and δ_e^0 are the
 705 effective traction and separation at the point of damage initiation, respectively. The effective traction and
 706 separation follow;

$$707 \delta_e \equiv \sqrt{\langle \delta_n \rangle^2 + \delta_s^2 + \delta_t^2} \quad (43)$$

$$708 t_e \equiv \sqrt{\langle t_n \rangle^2 + t_s^2 + t_t^2} \quad (44)$$

709 At any moment, the linear softening damage evolution law has the form;

$$t_n = \begin{cases} (1-\hbar)k_n\delta_n & \text{when } \delta_n > 0 \\ k_n\delta_n & \text{otherwise} \end{cases} \quad (45)$$

$$t_s = (1-\hbar)k_s\delta_s \quad (46)$$

$$t_t = (1-\hbar)k_t\delta_t \quad (47)$$

When the cohesive contact is undergoing compression, i.e. when $\delta_n \leq 0$, the interaction between layers governed only by a penalty contact algorithm. The “general contact” algorithm within ABAQUS was utilised, with a tangential friction coefficient of 0.3.

An initial interface thickness of 0.1 mm was assumed. The normal and shear stiffness, k_n and k_s , respectively, were estimated from manufacturer’s data regarding the epoxy matrix material. The maximum normal traction, t_n , was estimated from the yield stress obtained from tensile composite material tests with fibres aligned at $\pm 45^\circ$ to the loading axis, i.e. 80 MPa from Figure 2(a). The maximum shear traction, t_s , was estimated as half of the maximum normal traction. The fracture energy for the cohesive interaction was estimated from the area under the stress-strain curve for the $\pm 45^\circ$ composite tensile test, i.e. $J_G = 650 \text{ J m}^{-2}$. This value is similar to that used within other published work, for example Shi et al. [41]. The parameters used for the cohesive interaction are presented in Table 2.

References

- [1] LeBlanc, J., Shukla, A., Rousseau, C., and Bogdanovich, A., 2007, "Shock loading of three-dimensional woven composite materials," *Composite Structures*, 79(3), pp. 344-355.
- [2] Tekalur, S. A., Bogdanovich, A. E., and Shukla, A., 2009, "Shock loading response of sandwich panels with 3-D woven E-glass composite skins and stitched foam core," *Composites Science and Technology*, 69(6), pp. 736-753.
- [3] Radford, D., Deshpande, V., and Fleck, N., 2005, "The use of metal foam projectiles to simulate shock loading on a structure," *International Journal of Impact Engineering*, 31(9), pp. 1152-1171.
- [4] Smith, P. D., and Hetherington, J. G., 1994, *Blast and ballistic loading of structures*, Digital Press.
- [5] Liu, T., Fleck, N., Wadley, H., and Deshpande, V., 2013, "The impact of sand slugs against beams and plates: Coupled discrete particle/finite element simulations," *Journal of the Mechanics and Physics of Solids*, 61(8), pp. 1798-1821.

- 737 [6] Radford, D., Fleck, N., and Deshpande, V., 2006, "The response of clamped sandwich beams
738 subjected to shock loading," International Journal of Impact Engineering, 32(6), pp. 968-987.
- 739 [7] Radford, D., McShane, G., Deshpande, V., and Fleck, N., 2006, "The response of clamped
740 sandwich plates with metallic foam cores to simulated blast loading," International Journal of solids
741 and structures, 43(7), pp. 2243-2259.
- 742 [8] McShane, G., Radford, D., Deshpande, V., and Fleck, N., 2006, "The response of clamped
743 sandwich plates with lattice cores subjected to shock loading," European Journal of Mechanics-
744 A/Solids, 25(2), pp. 215-229.
- 745 [9] Russell, B., Liu, T., Fleck, N., and Deshpande, V., 2012, "The soft impact of composite sandwich
746 beams with a square-honeycomb core," International Journal of Impact Engineering, 48, pp. 65-81.
- 747 [10] Kandan, K., Russell, B. P., Fleck, N. A., O'Masta, M., Wadley, H. N. G., and Deshpande, V. S.,
748 2013, "The soft impact response of composite laminate beams," International Journal of Impact
749 Engineering, 60(0), pp. 24-36.
- 750 [11] Shyr, T.-W., and Pan, Y.-H., 2003, "Impact resistance and damage characteristics of composite
751 laminates," Composite Structures, 62(2), pp. 193-203.
- 752 [12] Cantwell, W., and Morton, J., 1991, "The impact resistance of composite materials—a review,"
753 composites, 22(5), pp. 347-362.
- 754 [13] Wisnom, M., 2012, "The role of delamination in failure of fibre-reinforced composites,"
755 Philosophical Transactions of the Royal Society of London A: Mathematical, Physical and
756 Engineering Sciences, 370(1965), pp. 1850-1870.
- 757 [14] Tong, L., Mouritz, A. P., and Bannister, M., 2002, 3D fibre reinforced polymer composites,
758 Elsevier.
- 759 [15] Mouritz, A., 2001, "Ballistic impact and explosive blast resistance of stitched composites,"
760 Composites Part B: Engineering, 32(5), pp. 431-439.
- 761 [16] Mouritz, A., 2007, "Review of z-pinned composite laminates," Composites Part A: applied
762 science and manufacturing, 38(12), pp. 2383-2397.
- 763 [17] Kalwak, G., and Jevons, M., 2012, "Experimental assessment and design of through thickness
764 reinforcement in thick composite laminates subjected to bird strike loading," Proceedings of ECCM
765 15 Conference, 2012.
- 766 [18] Kalwak, G., Read, S., Jevons, M., and Petrinic, N., 2014, "Investigation of the delamination
767 characteristics of composite specimens with through thickness reinforcement using an inertia
768 constrained soft body beam bend test specimens," ECC16 conference proceedings.
- 769 [19] Mohamed, G., Kalwak, G., Hallett, S. R., and Jevons, M., 2014, "Modelling soft body impact of
770 through-thickness reinforcement composites," ECCM16.

- 771 [20] Steeves, C. A., and Fleck, N. A., 2006, "In-plane properties of composite laminates with
772 through-thickness pin reinforcement," *International Journal of solids and structures*, 43(10), pp.
773 3197-3212.
- 774 [21] Bogdanovich, A., and Mohamed, M., 2009, "Three-dimensional reinforcements for
775 composites," *SAMPE journal*, 45(6), pp. 8-28.
- 776 [22] Barrett, D. J., 1996, "The mechanics of z-fiber reinforcement," *Composite Structures*, 36(1), pp.
777 23-32.
- 778 [23] Grassi, M., and Zhang, X., 2003, "Finite element analyses of mode I interlaminar delamination
779 in z-fibre reinforced composite laminates," *Composites Science and Technology*, 63(12), pp. 1815-
780 1832.
- 781 [24] Bahei-El-Din, Y. A., and Zikry, M. A., 2003, "Impact-induced deformation fields in 2D and 3D
782 woven composites," *Composites Science and Technology*, 63(7), pp. 923-942.
- 783 [25] Grogan, J., Tekalur, S. A., Shukla, A., Bogdanovich, A., and Coffelt, R. A., 2007, "Ballistic
784 resistance of 2D and 3D woven sandwich composites," *Journal of Sandwich Structures and*
785 *Materials*, 9(3), pp. 283-302.
- 786 [26] Yu, Y., Wang, X., and Lim, C., 2009, "Ballistic impact of 3D orthogonal woven composite by a
787 spherical bullet: experimental study and numerical simulation," *International Journal of Engineering*
788 *and Applied Sciences*, 1, pp. 11-18.
- 789 [27] Li, Z., Sun, B., and Gu, B., 2010, "FEM simulation of 3D angle-interlock woven composite
790 under ballistic impact from unit cell approach," *Computational Materials Science*, 49(1), pp. 171-
791 183.
- 792 [28] Ghosh, R., and De, S., 2014, "Z-fiber influence on high speed penetration of 3D orthogonal
793 woven fiber composites," *Mechanics of materials*, 68, pp. 147-163.
- 794 [29] Jia, X., Sun, B., and Gu, B., 2011, "A numerical simulation on ballistic penetration damage of
795 3D orthogonal woven fabric at microstructure level," *International Journal of Damage Mechanics*, p.
796 1056789510397078.
- 797 [30] Hashin, Z., 1980, "Failure criteria for unidirectional fiber composites," *Journal of applied*
798 *mechanics*, 47(2), pp. 329-334.
- 799 [31] Matzenmiller, A., Lubliner, J., and Taylor, R., 1995, "A constitutive model for anisotropic
800 damage in fiber-composites," *Mechanics of materials*, 20(2), pp. 125-152.
- 801 [32] Russell, B., Malcom, A., Wadley, H., and Deshpande, V., 2010, "Dynamic compressive
802 response of composite corrugated cores," *Journal of mechanics of materials and structures*, 5(3), pp.
803 477-493.
- 804 [33] Gerlach, R., Siviour, C. R., Wiegand, J., and Petrinic, N., 2012, "In-plane and through-thickness
805 properties, failure modes, damage and delamination in 3D woven carbon fibre composites subjected
806 to impact loading," *Composites Science and Technology*, 72(3), pp. 397-411.

807 [34] Pankow, M., Salvi, A., Waas, A., Yen, C., and Ghiorse, S., 2011, "Split Hopkinson pressure bar
808 testing of 3D woven composites," *Composites Science and Technology*, 71(9), pp. 1196-1208.

809 [35] Duvaunt, G., and Lions, J., 1976, *Inequalities in Mechanics and Physics*, Springer.

810 [36] Deshpande, V., and Fleck, N., 2000, "High strain rate compressive behaviour of aluminium
811 alloy foams," *International Journal of Impact Engineering*, 24(3), pp. 277-298.

812 [37] Cox, B., Dadkhah, M., Inman, R., Morris, W., and Zupon, J., 1992, "Mechanisms of
813 compressive failure in 3D composites," *Acta Metallurgica et Materialia*, 40(12), pp. 3285-3298.

814 [38] Turner, P., Liu, T., and Zeng, X., 2015, "Collapse of 3D orthogonal woven carbon fibre
815 composites under in-plane tension, compression, and out-of-plane bending," (Under review).

816 [39] Mouritz, A., and Cox, B., 2010, "A mechanistic interpretation of the comparative in-plane
817 mechanical properties of 3D woven, stitched and pinned composites," *Composites Part A: applied
818 science and manufacturing*, 41(6), pp. 709-728.

819 [40] Xue, Z., and Hutchinson, J. W., 2004, "A comparative study of impulse-resistant metal
820 sandwich plates," *International Journal of Impact Engineering*, 30(10), pp. 1283-1305.

821 [41] Shi, Y., Swait, T., and Soutis, C., 2012, "Modelling damage evolution in composite laminates
822 subjected to low velocity impact," *Composite Structures*, 94(9), pp. 2902-2913.

823

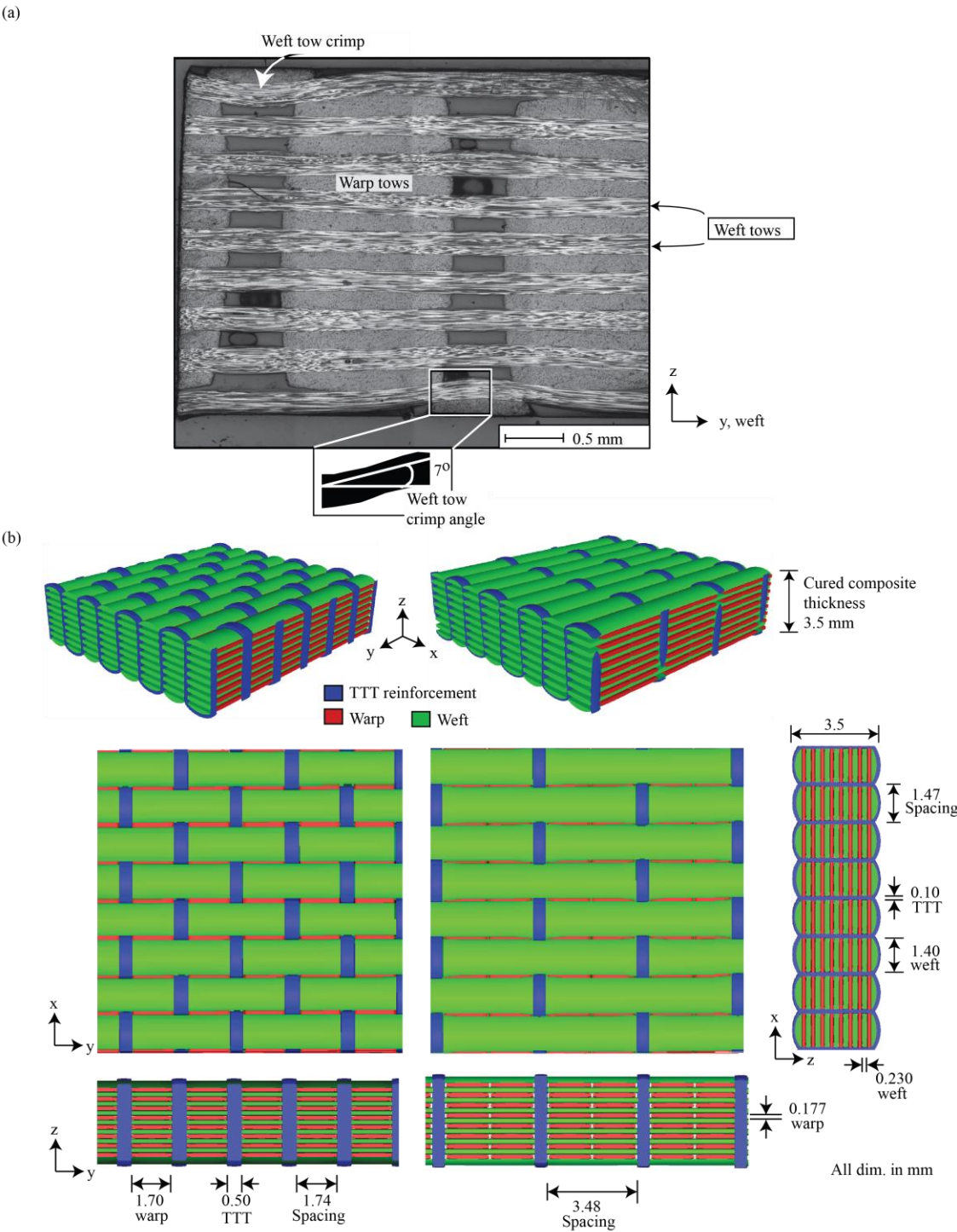
824 Table 1: Material properties for matrix, warp, weft, and TTT reinforcement tows used within the finite
825 element model

Material	Property	Value
Matrix	Density (kg m^{-3})	1144
	E_m (GPa)	3.5
	\hat{G}_{12} (GPa)	2.0
	$\hat{\nu}_{12}$	0.3
	σ_m (MPa)	80
	τ_m (MPa)	40
	J_m/l_e (MPa)	6.5
Warp Tow / TTT Reinforcement	Density (kg m^{-3})	1628
	\bar{E}_1 (GPa)	146.8
	\bar{E}_2 (GPa)	3.5
	$\bar{\nu}_{12}$	0.25
	$\bar{G}_{12}, \bar{G}_{13}, \bar{G}_{23}$ (GPa)	14.37
	\bar{X}^T (MPa)	2020
	\bar{X}^C (MPa)	1610

Weft Tow	\bar{Y} (MPa)	80
	\bar{X}^s, \bar{Y}^s (MPa)	40
	\bar{J}_1^t/l_e (MPa)	16.68
	\bar{J}_1^c/l_e (MPa)	10.60
	J_m/l_e (MPa)	6.5
	Density (kg m ⁻³)	1570
	\bar{E}_1 (GPa)	135.7
	\bar{E}_2 (GPa)	3.5
	$\bar{\nu}_{12}$	0.25
	$\bar{G}_{12}, \bar{G}_{13}, \bar{G}_{23}$ (GPa)	7.16
	\bar{X}^T (MPa)	1720
	\bar{X}^C (MPa)	1110
	\bar{Y} (MPa)	80
	\bar{X}^s, \bar{Y}^s (MPa)	40
	\bar{J}_1^t/l_e (MPa)	13.08
Equivalent UD-laminate Warp (Modified values)	\bar{J}_1^c/l_e (MPa)	5.45
	J_m/l_e (MPa)	6.5
	Density (kg m ⁻³)	1525
	\tilde{E}_1 (GPa)	122.2
	\tilde{G}_{12} (GPa)	5.78
	\tilde{X}^T (MPa)	1590
	\tilde{X}^C (MPa)	1280
	\tilde{J}_1^t (MPa)	12.41
	\tilde{J}_1^c (MPa)	8.04
Equivalent UD-laminate Weft (Modified values)	Density (kg m ⁻³)	1530
	\tilde{E}_1 (GPa)	126.4
	\tilde{G}_{12} (GPa)	4.93
	\tilde{X}^T (MPa)	1590
	\tilde{X}^C (MPa)	1040
	\tilde{J}_1^t (MPa)	12.00
	\tilde{J}_1^c (MPa)	5.13

827 Table 2: Material parameters for cohesive contact used to simulate delamination between layers of 3D woven
828 composite material

Property	Value
k_n	3.5 GPa mm ⁻¹
k_s, k_t	2.0 GPa mm ⁻¹
t_n	80 MPa
t_s, t_t	40 MPa
J_G	650 J m ⁻²



831 Figure 1.(a) Microscopic image of the composite cross-section along the weft direction, with crimping of the
832 weft tows due to the presence of the TTT reinforcement. (b) Sketch of 3D orthogonal woven carbon
833 composites showing Full through-the-thickness (TTT) reinforcement with the binder-to-warp-stack ratio of

834 1:1 on the left and Half TTT reinforcement with the binder-to-warp-stack ratio of 1:2 on the right, with the
835 dimensions as the average measurements of the cured composites. (For interpretation of the colour legend in
836 this figure, the reader is referred to the web version of this article.)

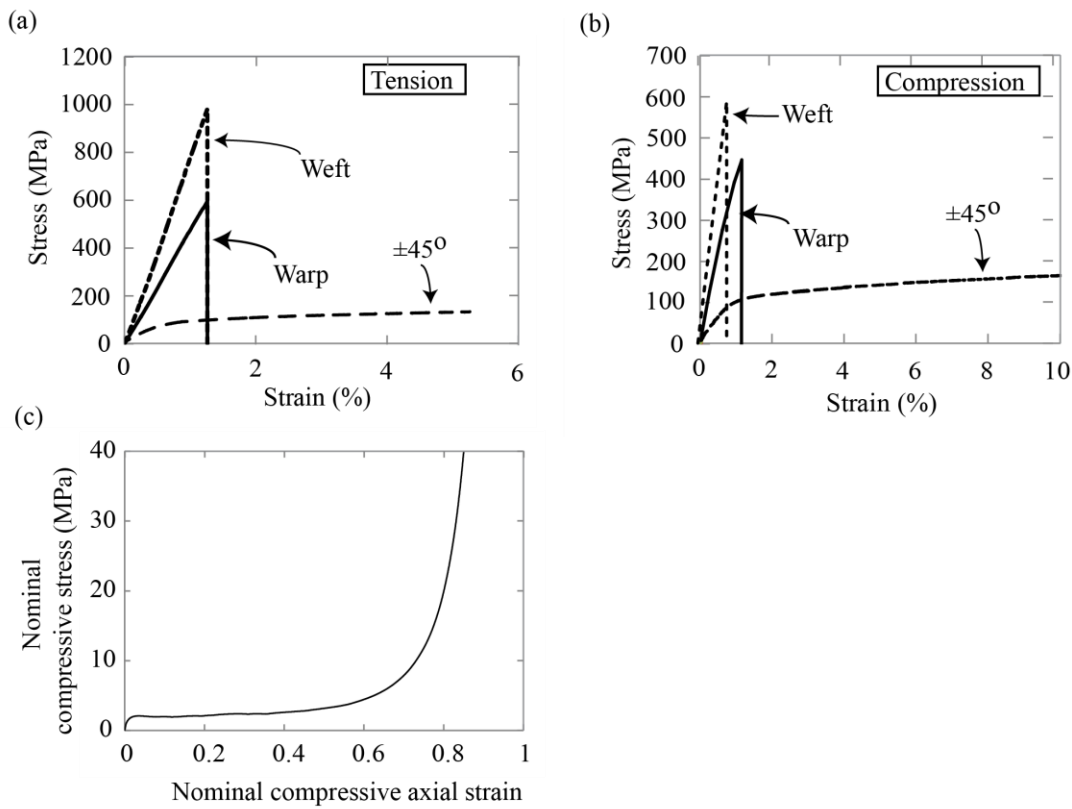
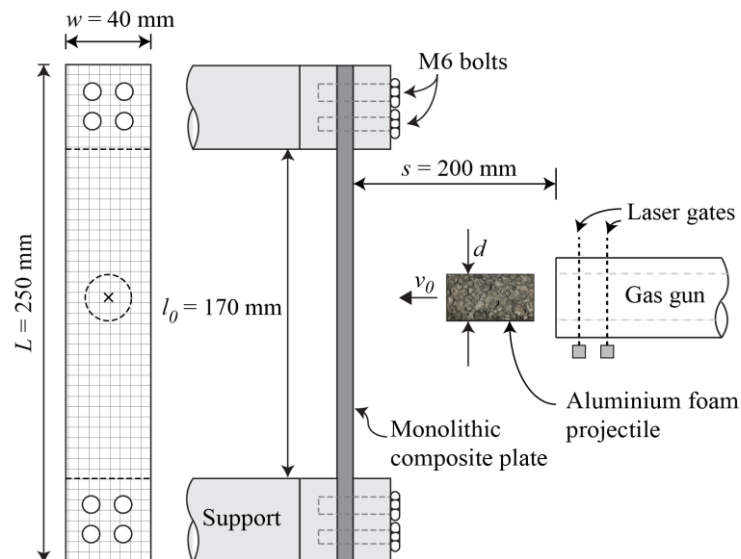
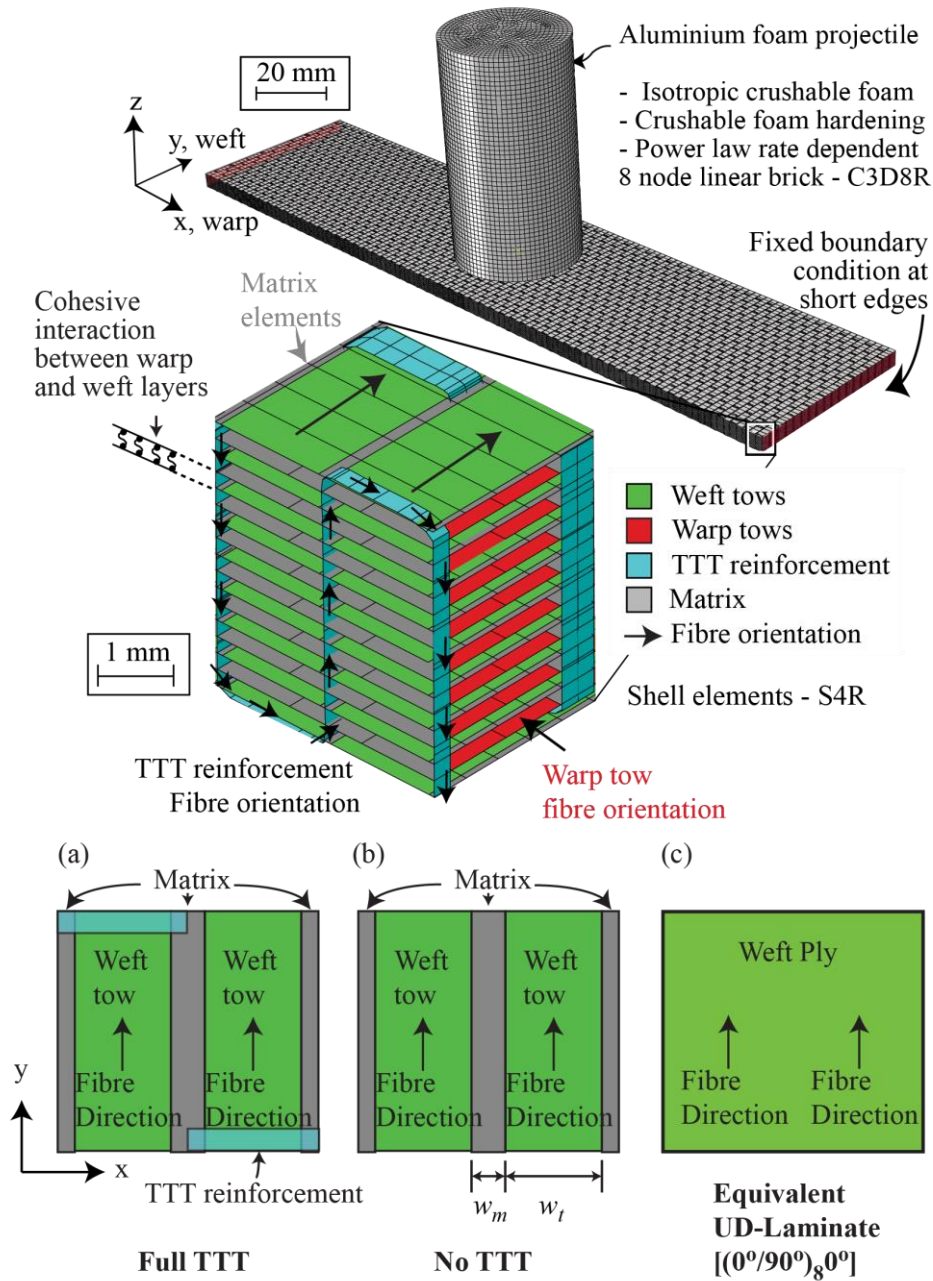


Figure 2. Quasi-static stress strain relationships for 3D woven carbon composite material for (a) tension and (b) compression. (c) Quasi-static uniaxial compression stress-strain curve for the Alporas aluminium foam projectile.

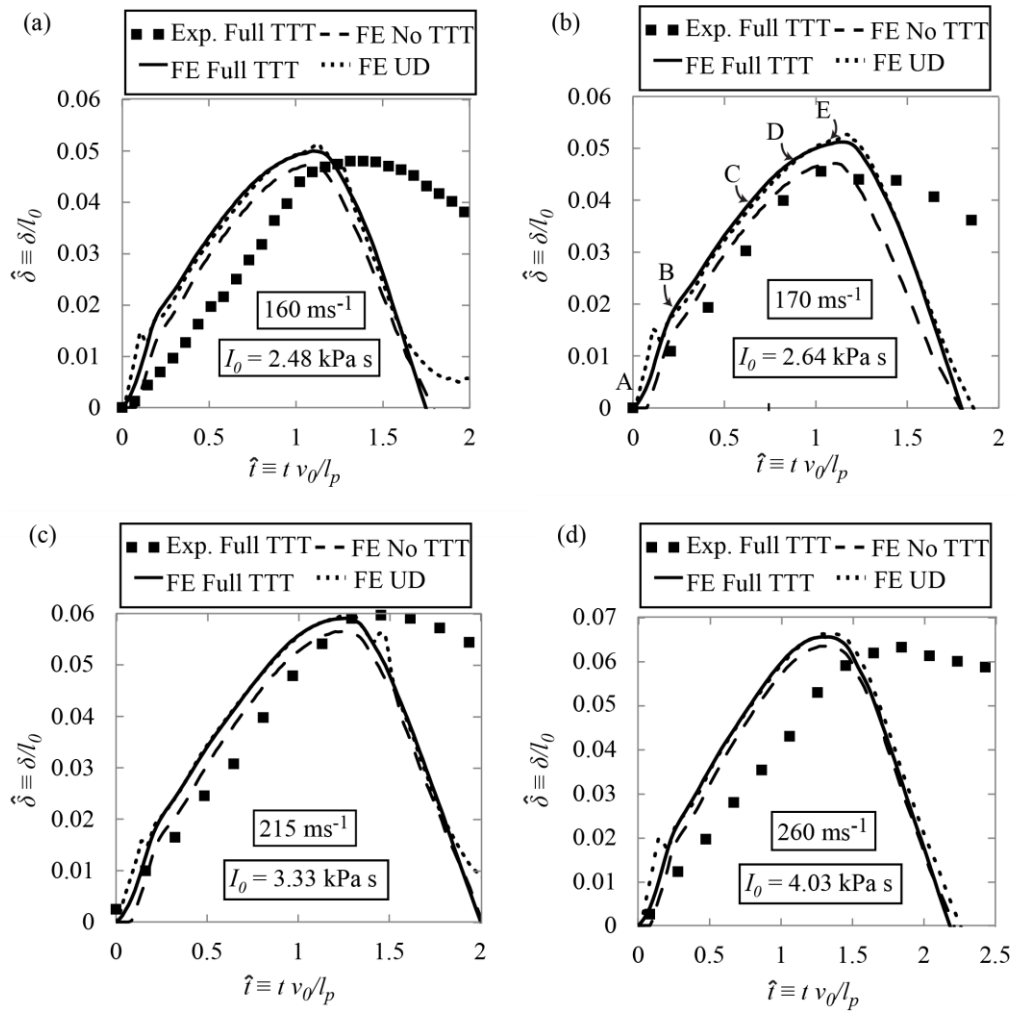


842 Figure 3 Sketch of experimental set up of dynamic soft impact tests on orthogonal 3D woven composite
 843 panels.



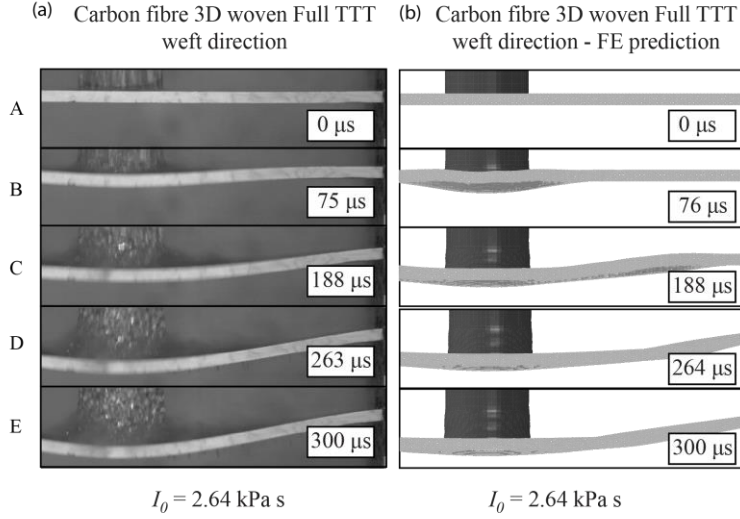
844

845 Figure 4. Finite element model for the simulation of orthogonal 3D woven carbon composite beam samples
 846 undergoing soft impact, with beam orientated along the x-direction (warp). Arrows indicate direction of fibre
 847 orientation. Sketches of top layers for (a) Full TTT (b) No TTT and (c) Equivalent UD-Laminate models are
 848 also shown. (For interpretation of the colour legend in this figure, the reader is referred to the web version of
 849 this article.)



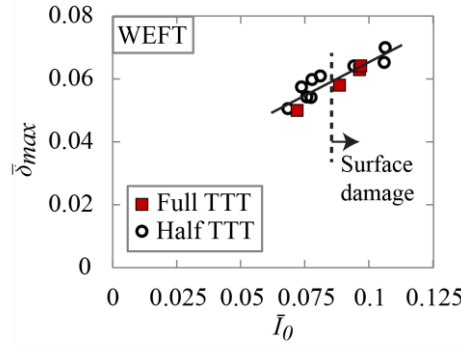
850

851 Figure 5. Comparison of experimental results for Full TTT material and FE prediction for normalised back-
852 face deflection $\hat{\delta} \equiv \delta/l_0$ as a function of normalised time $\hat{t} \equiv t v_0/l_p$. Full TTT beams orientated along the
853 y-direction (weft). Three different case studies for numerical modelling results are presented; Full TTT
854 reinforcement, No TTT, and an Equivalent UD-laminate material. Projectile impulses I_0 were (a) 2.5 kPa s,
855 (b) 2.6 kPa s, (c) 3.3 kPa s, and (d) 4.0 kPa s. Points A-E corresponds to the montage images presented in
856 Figure 6.



857

858 Figure 6. Deformation montage of 3D orthogonal woven carbon-fibre composites under soft impact of
859 impulse $I_0 = 2.64$ kPa s beams orientated along the y-direction (weft) (a) Experiment (b) Finite element
860 prediction. Points A-E refer to the corresponding positions on Figure 5(b).



861

862 Figure 7 Comparison of the normalised maximum back face deflection $\bar{\delta}_{max}$ during soft impact as a function
863 of normalised impact impulse \bar{I}_0 upon 3D woven carbon composites of two different TTT reinforcement
864 densities.

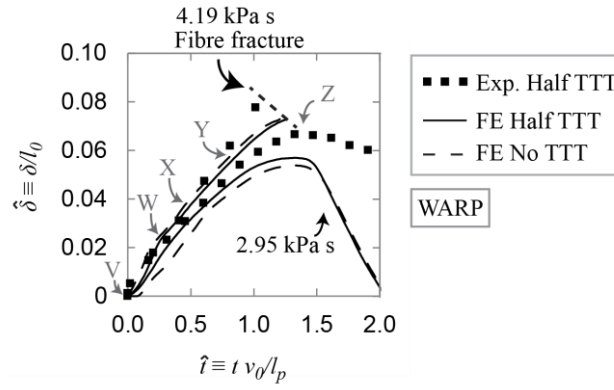


Figure 8. Maximum normalised back-face deflection $\hat{\delta} \equiv \delta / l_0$ against normalised time after impact $\hat{t} \equiv t v_0 / l_p$. FE simulation and experimental results for beams orientated along the x-direction (warp). Points V-Z correspond to the montage images presented in Figure 9.

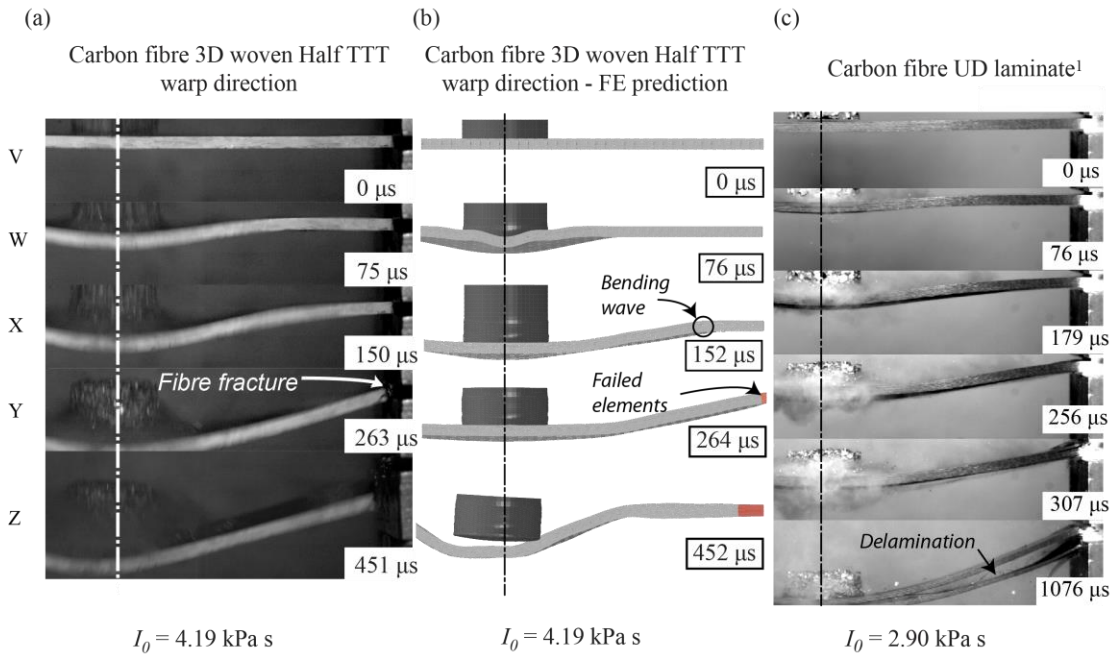
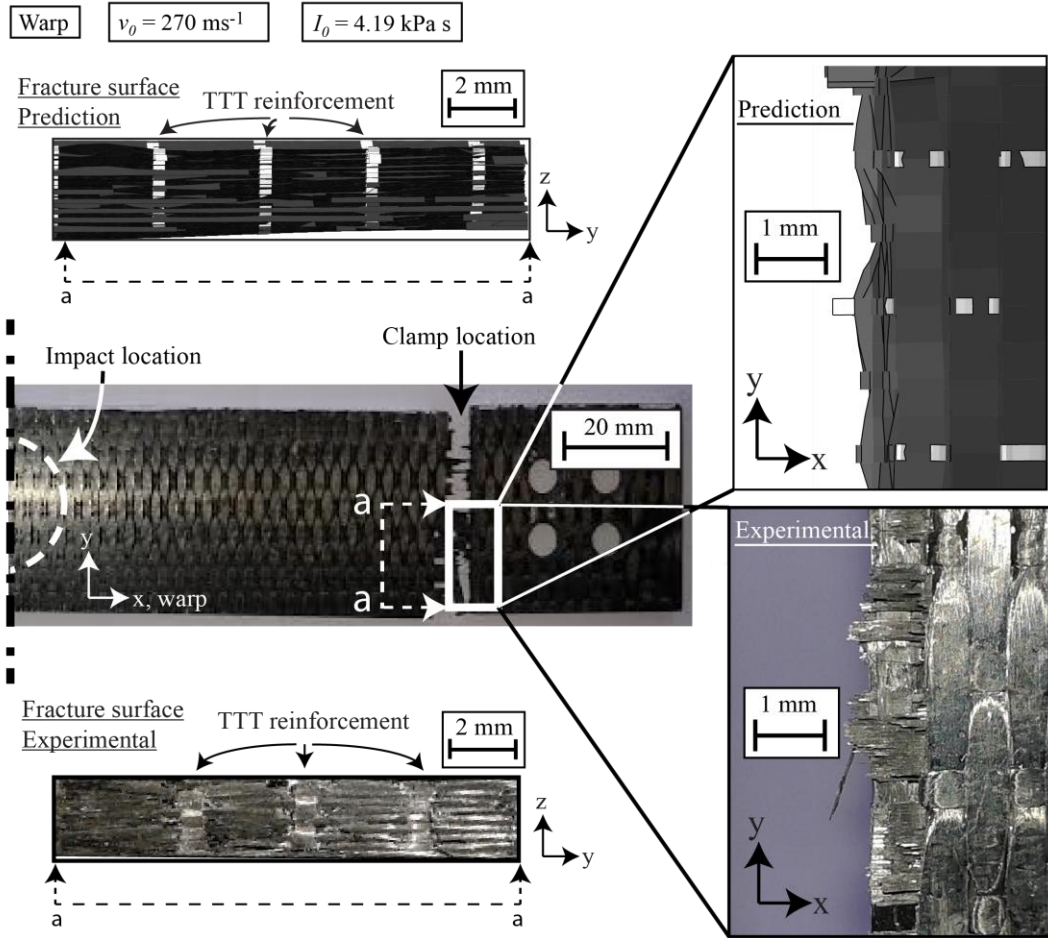


Figure 9. Deformation montage of carbon-fibre composites under soft impact testing showing (a) Half TTT 3D orthogonal woven composite beam orientated along the x-direction (warp) $I_0 = 4.19 \text{ kPa s}$, (b) Finite element prediction of Half TTT 3D orthogonal woven composite beam orientated along the x-direction (warp) $I_0 = 4.19 \text{ kPa s}$, and (c) UD-laminate material presented in Kandan et al. [10]¹ $I_0 = 2.90 \text{ kPa s}$. Points V-Z correspond to the locations noted in Figure 8.



875

876

877

878

Figure 10. Photographic images and FE predictions of damage modes exhibited by Half TTT 3D woven carbon composite undergoing soft impact, tested at $I_0 = 4.19 \text{ kPa s}$. Beam orientated along the x-direction (warp).

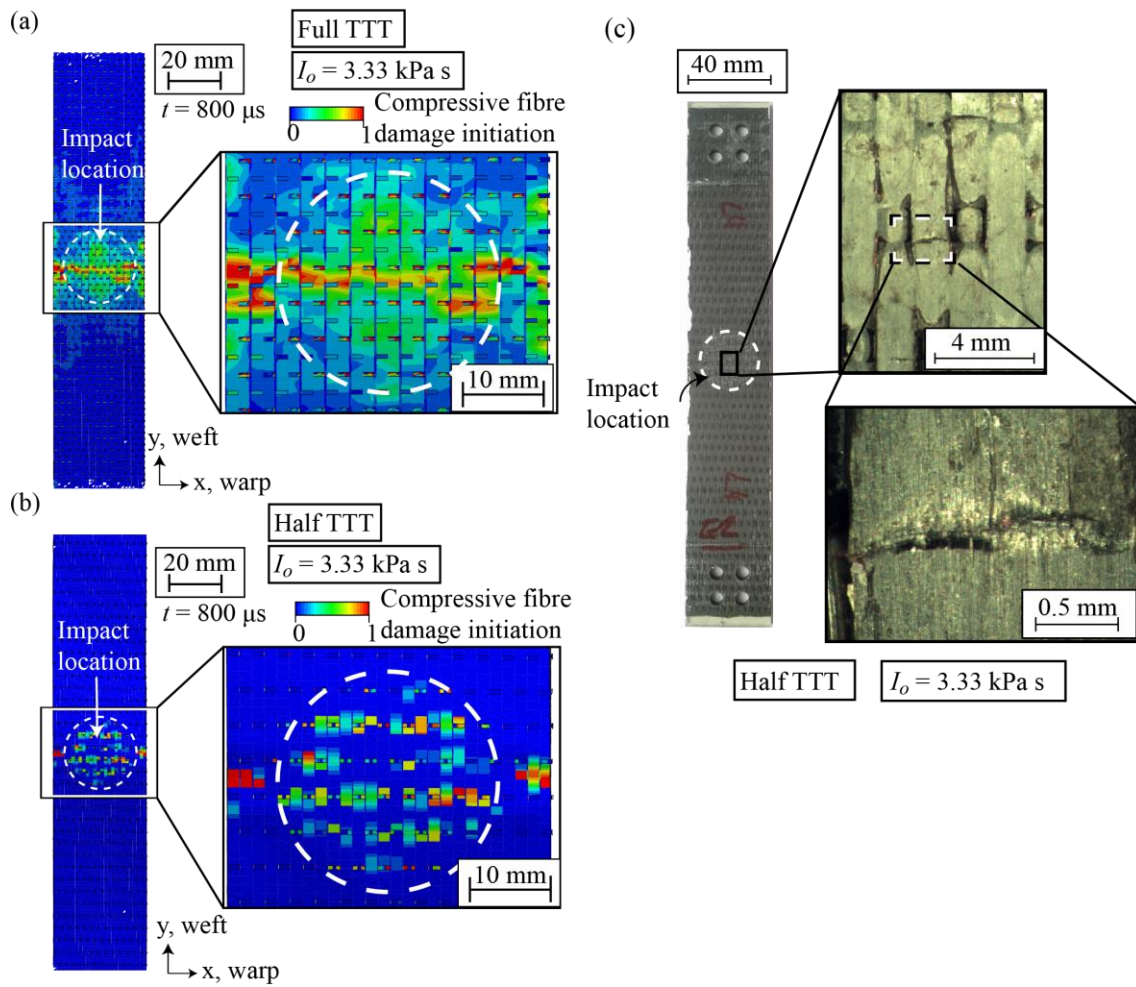


Figure 11. (a) and (b) Finite element simulations of the predicted compressive damage initiation on the front surface of orthogonal 3D woven composite beams undergoing a soft impact event $I_0 = 3.33 \text{ kPa s}$ for Full TTT and Half TTT material, respectively. Time t is the time after moment of projectile impact upon beam. A value of 1 corresponds to the onset of compressive fibre damage. (c) Optical microscopic images of fibre breakage on the front surface of impact tests of a Half TTT orthogonal 3D woven material after experimental impact of impulse $I_0 = 3.33 \text{ KPa s}$. Beams orientated along the y-direction (weft). (For interpretation of the colour legend in this figure, the reader is referred to the web version of this article.)

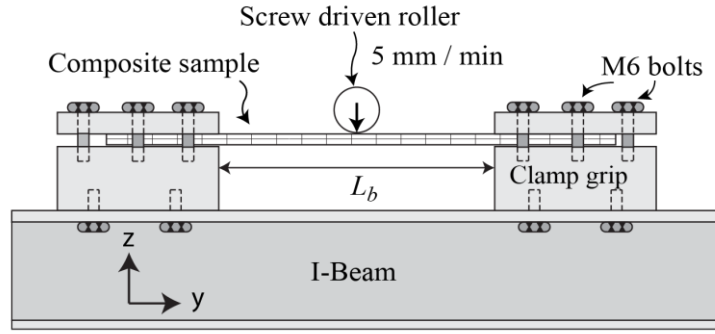


Figure 12 Sketch showing the experimental setup of the clamped beam quasi-static bending test.

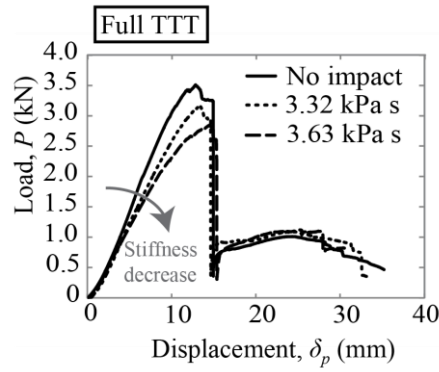


Figure 13 Load imposed by the roller P against roller vertical displacement δ_p for post-impact clamped-clamped beam tests for Full TTT material. Beams orientated along y-direction (weft).

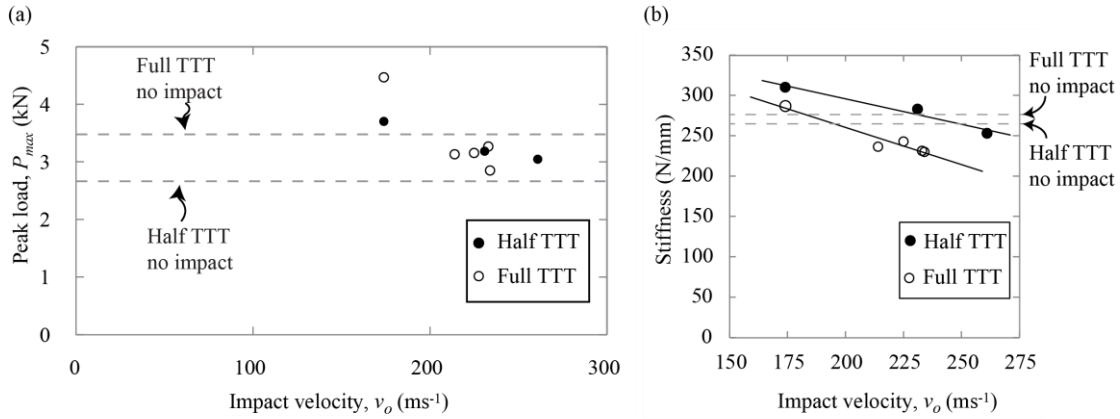


Figure 14 (a) Summary of the peak load during post-impact clamped beam testing versus the velocity of impact v_o . (b) Stiffness of post-impact clamped beam testing versus the velocity of impact, v_o .

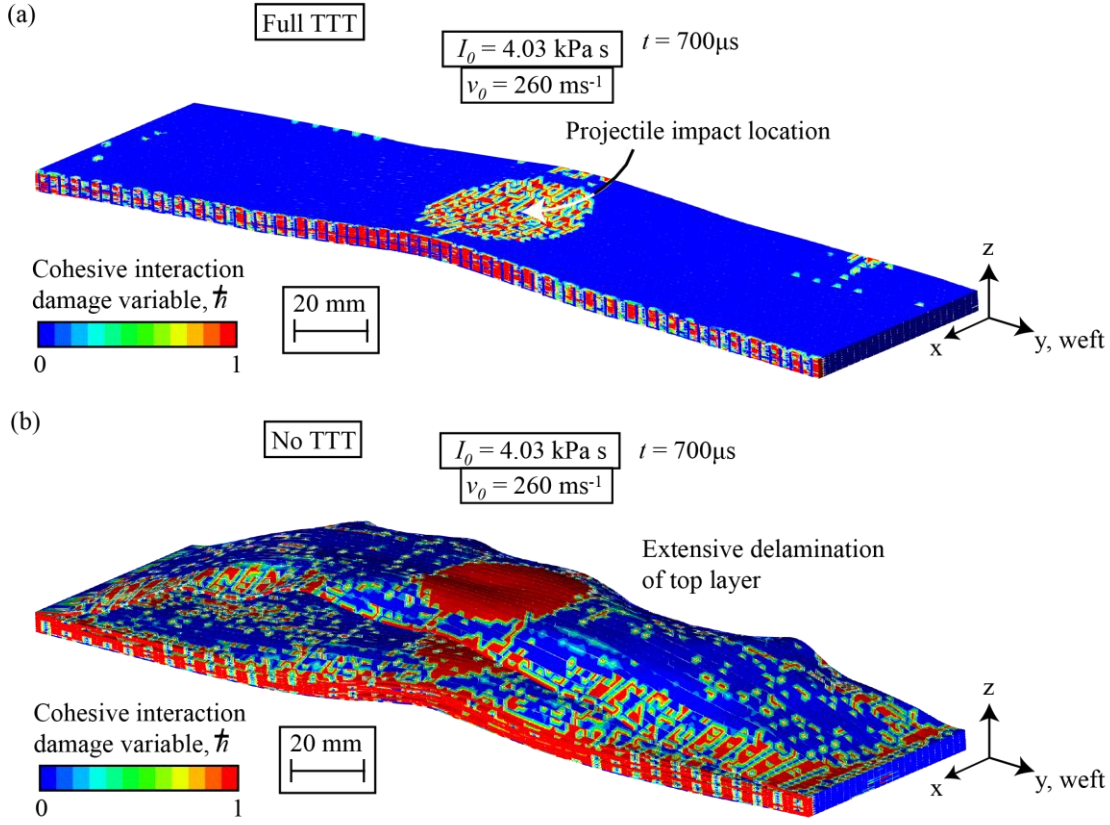
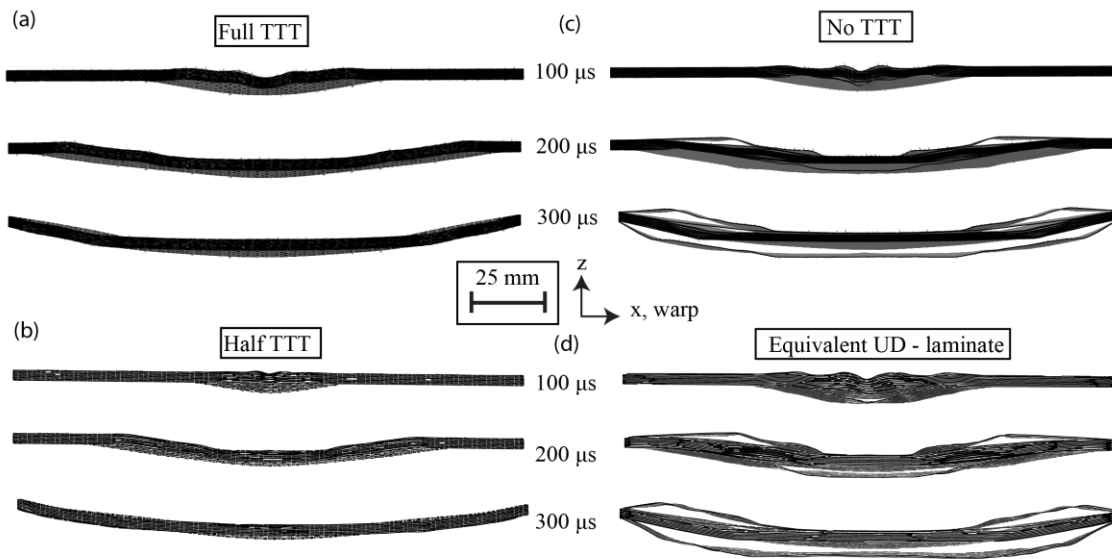


Figure 15. Finite element predicted deformation of an orthogonal 3D woven carbon composite undergoing a soft impact event $I_0 = 4.03 \text{ kPa s}$ showing (a) Full TTT and (b) No TTT model. Contour plot shows damage variable of cohesive interaction, \bar{h} , demonstrating locations of delamination within the beam. A value of $\bar{h} = 1$ indicates fully delaminated regions. $t = 0$ corresponds to the moment of projectile impact on the sample. Beams orientated along the y-direction (weft). (For interpretation of the colour legend in this figure, the reader is referred to the web version of this article.)



902

903 Figure 16. Montage of finite element simulations of a soft impact event of impulse $I_0 = 2.96 \text{ kPa s}$ with
 904 cohesive contact removed on (a) Full TTT orthogonal 3D woven composite (b) Half TTT orthogonal 3D
 905 woven composite (c) 3D woven composite with TTT-reinforcement removed, and (d) Equivalent UD-
 906 laminate material. $t = 0$ corresponds to the moment of projectile impact upon the beam. Beams orientated
 907 along the x-direction (warp).